

Number 11 Buy local. Live local. thesouthetobicokenews@gmail.com **Residents warned of T.O. Hydro scam**

Area residents including seniors and merchants are being warned of a scam in which telemarketers posing as Toronto Hydro workers are allegedly defrauding small businesses by claiming their accounts are overdue and they had to pay up or their service will be cut off. A number of merchants in Long Branch have been allegedly defrauded of thousands of dollars in the last



few months in a scheme, in which they were told they had to immediately pay in bitcoin or their Hydro service will be terminated in 30-minutes or less. John, owner of Cloudheads.ca, remains mystified how the caller ob-

tained his name, account number and other private information. "I am very outraged that I was scammed and I want my money back," he insists. "People have to be alert and any payment in bitcoins should be a red flag."



AREA RESIDENTS WARNED TO BEWARE of telemarketers posing as Toronto Hydro workers to allegedly defraud some Long Branch businesses. South Etobicoke News photos.

John alleges he paid a \$1,000 security deposit and the caller demanded that he pay an overdue account but he refused.

Luigi C., owner of Blue Line Auto Centre, says he was scammed of \$800 for what the caller claimed was an overdue bill.

The caller wanted more money but Luigi was busy with customers and refused to pay.

"The caller demanded that if I did not pay the money right now my power would be cut in half-hour," he recalls. "It was busy and I was dealing with a customer and had others waiting."

Both men were sent to nearby bitcoin dispensing machines to make payments.

"His name (caller) was Kevin and he was very professional," Luigi warns. "I had never dealt with bitcoin before and it was my son who told me it was a scam." Adriano Stolaj, owner of Adriano's Pizza and Pasta, was also called by the scammers but refused to pay. "They (scammers) told me my account was overdue which I know was not true," Stolaj recalls. "I pay my bill every month and I was paid up."

Police and Toronto Hydro have since issued a fraud alert warning in that they are "seeing an increase in fraudulent calls targeting small business customers." Hydro officials say they do not accept bitcoin and "never threaten to disconnect power immediately."

Prayer and aid as Bahamas recover from Dorian

Hundreds of concerned residents flocked to an Alderwood church to pray for Bahamians who were injured, killed or still missing a month after Hurricane Dorian



leveled the islands of Grand Bahama and Abaco. A large white tent erected outside the Bethel Seventh-day Adventist Church,

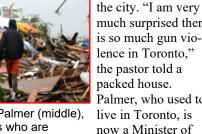
at 511 Horner Ave., was busy with attendees last month celebrating a Life of Victory Evangelistic Series.

Many people travelled from across the GTA to listen to International Evangelist Pastor Omar A. Palmer, whose Florida home was briefly in Dorian's path; host Pastor Samuel McKenzie and Singing Evangelist Norwill Simmonds.



PRAYING FOR BAHAMAS are Pastors Omar Palmer (middle), Pastor Samuel McKenzie (right) and friends who are encouraged to pray and donate to help those in the Bahamas still affected by Hurricane Dorian.

"We are saying special prayers for the people of Bahamas and elsewhere who were impacted by Hurricane Dorian," Palmer says. "We are praying for all the victims and their families.' He says the congregation is praying for the Toronto victims and families who are affected by the ongoing gun violence in



much surprised there is so much gun violence in Toronto," the pastor told a packed house. Palmer, who used to live in Toronto, is now a Minister of Religion at Florida Conference of Seventh-day Adventists.

He also serves as a Volunteer Chaplin for the Palm Beach County Sheriff's Office, and was a former Chaplin with the Washoe County Sheriff.

McKenzie says the church has been at the same location for about 38-years and regularly performs outreach in the community.

Residents are urged to donate funds to help ailing victims of the Category 5 hurricane, which was the second most powerful to hit the Atlantic. The death toll is hovering around 50, with some 1,000 islanders missing and at least 70,000 left homeless. UNICEF and other aid groups have shipped tonnes of supplies that will help provide access to safe water for over 9,500 children and families. Workers estimate about 130,000 homes were destroyed leaving 18,000 children and their families in need of help. Donations can be made to Canadian charities including Global Medic, Ca-

nadian Red Cross or UNICEF. A list of charities helping Bahamas recover is at canadahelps.org



More community neighbourhood officers to hit the streets



More Toronto Police community officers will be taking to the streets to patrol and build trust with residents of more than 30 of Toronto's neighbourhoods.

Chief Mark Saunders says the force is expanding a pilot Neighbourhood Community Officer Program (NCOP) from 44 officers to almost 130. Saunders said the program, which was tested in Etobicoke's 22 and 11 Divisions and 42 and 43 in Scarborough, was a success and will be rolled out to 35 neighbourhoods in the city.

"The program puts community at the heart of our

work," the Chief says. "We know success here is about trust. It's about building and keeping trust in our day-to-day policing."

The expanded program will have 127 officers, who will have to work for four years in each community. Saunders says a four-year posting will enable officers to get to know the community better. They will be provided with mobile devices so they can be contacted by residents and not have to return to the station after each call.

Police said the NCOP's will focus on building partnerships in the community and working towards long-term solutions to public safety and disorder issues; community training specific to their role and will be identified as a NCO on their uniform and vehicle.

Some South Etobicoke residents are calling for a return of a community police sub- station on Lake Shore Blvd. W., as existed many years ago.

Prof. Doug Thomson, of Humber College's Faculty of Community and Social Services, is conducting a report on community and police perspectives about the program, which will be ready next year.

Thomson said early results show community members see NCOs as important members of their communities and feel comfortable approaching them.

Supt. Kuck will be missed by force



Well-respected Toronto Police Superintendent Heinz Kuck, who has raised thousands of dollars for charity, has packed in his badge after spending most of his career working in the city's west-end. A retirement luncheon was

held last month by col-

leagues for Kuck, who

HAPPY RETIREMENT Supt. Heinz Kuck

worked for years at Etobicoke's 11 and 22 Divisions. Kuck is best remembered for raising more than \$100,000 for Victim Services Toronto's (VST) Trauma Dog Program by scaling three Adirondack mountains in three days for a total of 15,000 feet of elevation in a climb dubbed 'The Climb for VST.'

Never one to pass on an adventure, he has run, paddled, dogsled and pushed weighted sledges through the city to raise funds for the independent non-profit agency that helps victims through tough times. The 11 and 22 Divisions Unit Commander in other fundraisers has paddled across Lake Ontario twice with a crew, mushed dog sleds 420 kilometres through Algonquin Park and rode an elliptical bike from Toronto to the Quebec border in three days.

He was honoured for his fundraising and presented with a Leadership Excellence Award at an appreciation dinner by the VST last year.

He gained recognition and respect last year for pushing a 11-pound sled from 11 Division, on Davenport Rd., to end with 400 lbs in front of the Dovercourt Boys & Girls Club on Westmoreland Ave.

"Push for Literacy" was a fundraising event hosted by Dovercourt Boys and Girls Club in partnership with the Toronto Police, with funds going to refurbish the club's book collection and literacy program.

"Victims and first-responders come to know and share a common sorrow," Kuck said at a VST event. "One of the ways that the Toronto Police Service has helped ease that sorrow has been through our affiliation with Victim Services Toronto and the work they do."

He was instrumental in helping the VST get their first trauma dog, a two-year-old yellow Lab named Dandy.





LONG BRANCH RESIDENTS (top) take a look at retired yellow Toronto Police cruisers at the Tree Fest at Marie Curtis park.

THIS 22 DIVISION OFFICER is having fun with two McDonald's workers during a successful National Chocolate Chip Cookie Day fundraiser for the muchneeded McDonalds House charities that does so much good in the community.



MPP 'Lenny' is still well-loved in Etobicoke area

Ontario's first Black MPP, the late Leonard Braithwaite proudly represented Etobicoke for 12-years and was so well-loved for his unselfish service that he is still talked about by residents today.



A DAPPER Leonard Braithwaite as a young lawyer (top) and Etobicoke MPP (middle)

Braithwaite, or Lenny as he was affectionately called, represented the riding of Etobicoke while serving as a Liberal member of the Ontario legislature from 1963 to 1975. He was reelected in 1967 and 1971 and served as a Liberal critic for labour and welfare. The popular lawyer and Air Force veteran died in his beloved Etobicoke on March

2012. He was 88. He captured a seat on his first run in 1963 by just 443 votes prompting a headline in the *Toronto Daily Star* that read: "Wins Etobicoke: Braithwaite Ontario's First Negro MPP."

Braithwaite is best known for his 1964 maiden speech to the Legislature in which he spoke passionately about the racial segregation that was taking place in some On-



tario schools. It seems incredible now, but Ontario in 1964 still had a law on its books mandating so-called "black schools," which segregated students by colour.

Braithwaite would rarely back down in his many fights for the rights of visible minorities and gender equality. Lenny was a graduate from the University of Toronto, where he earned a Bachelor of Commerce degree. He earned a Master of Business Administration from the Harvard Business School, graduating in 1952, and graduated from Osgoode Hall Law School in 1958. He was the first Black lawyer elected as a member of

the Governing Council of the Law Society of Upper Canada.

The veteran would never forget about the racism that he faced at the time, during which he was armed with a

and spotless war record but could not find a job. It was back in the days when your photo had to be attached to a resume. He was finally given a job working on the night shift at a chocolate factory after the plant's foremen decided he could not turn away a war veteran. Through the years he established a small law practice

first-rate education



BRAITHWAITE in the Canadian Air Force

that he operated for many years.

Following his defeat in 1975, he returned to municipal politics, winning a spot on Etobicoke's Board of Control.

Lenny managed to gain local fame by helping to erect the first sound barriers to absorb traffic noise between homes and highways in the Etobicoke area.

Lush Cosmetics hiring 500 part-timers



Gobal beauty giant Lush Cosmetics is hiring 500 full-time seasonal workers and applicants have until the end of the month to try and cop a position.

The jobs, which start at \$14 hourly plus \$1 an hour premiums for afternoon shifts, must be filled before the end of October, Lush officials said.

Applicants must appear in person at the sprawling 35 Jutland Rd., plant with their resumes and be prepared to spend about 90-minutes in the application process. The company is holding on-the-spot registration and job interviews on Mondays from 4:30 p.m. to 5:30 p.m., Wednesdays 9

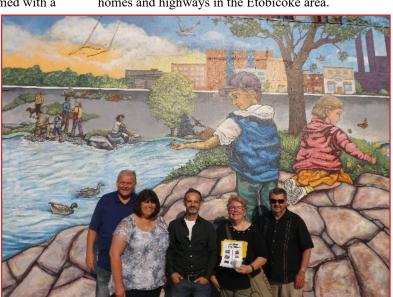
FAULKNER'S APPLIANCE CENTRE

body products and environmental activism. It has been ranked by Forbes as one of the country's best employers.

It boasts benefits including performance bonuses, 50% off retail products, 50% off transit passes, \$100 reimbursement for safety boots, gender-neutral restrooms and changing rooms, and potential for extended contracts.

The company is a favourite for its beauty products, skin and hair care, personalized customer service, and a fun store atmosphere.

Lush, in its information, says it is dedicated to the practices of fair trade sourcing.

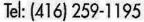


LAKESHORE VILLAGE BIA **OFFICIAL LAUNCH** of mural at Calabrese Pizza, 3019 Lake Shore Blvd. W. From left Lakeshore Village BIA chair Chris Korwin-Kuczynski, with BIA board member Laura Baughman, mural artist Don Short, BIA coordinator Carol Ledden-Cusson and BIA member Bob Cusson. **South Etobicoke News** Photo.

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'Pops' Zuraw Remembering Lakeshore in new CD



REMEMBERING THE LAKESHORE (right) is a new CD by long-time area resident Roger 'Pops' Zuraw (above), who brings the area to life in songs. Photo by Tom Godfrey.

his '17 or 18^{th'} CD entitled "*Remembering the Lakeshore*," which he is promoting to music lovers and selling online. "All the tunes are about the Lakeshore or written on the Lakeshore about people here," he says. "I love this community and all the people." The affable musician, who calls himself a "crotchety old coot," loves talking about music almost as much as the people and characters he's known in the area. He is well-known by many in the community from his years of playing music or busking in the area. The retired office worker, realtor and debt collector ended up in Lakeshore Village in 1960 after arriving here from his native Poland as a teen. He taught himself English, worked for the government, while all the time developing his musical and songwriting skills.

The CD, which cost \$25 or songs can be streamed individually for less than \$2 each, was produced by musician Alex Radeff, at his Donkey Studios. It contains 18 tunes including gems as; *Remembrance Day (from the Lakeshore)*, the bluesy *Mimico Jail* and *Where Pigeons Fly*.

The tune Remembrance Day received an Honourable Mention in an international "Song Of The Year Contest" for its dirge-like composition.

And Billboard Magazine, the Bible of the music industry, once called Zuraw's composition "*The Prayer*"



structurally well-crafted" and that he "has a unique and honest musical delivery."

Both tunes were written for musicals by Heather Dick of Mimico's Sirius Theatrical Company, which has been active in the community

for 30-years. Zuraw, who describes his style as 'bluesy, rock and folk,' has performed at many of the nightclubs, bars and Legion Halls in the area. He is still playing gigs several times weekly, and can often be found busking outside area beer or liquor stores.

"Lakeshore is my home in Canada and it is the area I made friends since public school," he says placing his hand over his heart. "It is here I learned to speak English and learned about Canada."

He will be performing at the farmers' market at Montgomery's Inn on October 16 and at a Remembrance Day event at the Inn on November 10.

His songs can be downloaded from CD Baby or by emailing rogerzurawsong@yahoo.ca

Community having fun and making sales

Budding entrepreneurs Shelly Ann McLeod and friend Amber Jackson Joseph are busy working on building their brand of peppers, spices and body care products.

Trailblazing

Roger 'Pops'

Lakeshore is in

his heart and he

loves writing

ing about the

colourful resi-

Zuraw, 71, last

month released

area and its

dents.

tunes and sing-

Zuraw says

troubadour

McLeod started Kams Seasoning and Hot Sauce from her Sixth St. apartment kitchen two years ago and sales have been spicy hot since.



LONG-TIME FRIENDS SHELLY AND AMBER selling their peppers, spices and body care products at the busy Franklin Horner Community Fun Day event. Photo by Tom Godfrey.

Her line of Caribbeanstyle seasonings and hot sauce are fruit flavoured and inspired from her mom's recipe back in her native Trinidad and Tobago and Haiti.

"I have customers who regularly come back for my seasonings and hot sauce," McLeod says. "I

surf the web for events and I register for them to sell my products." The pair were last month selling their goods at a booth at the Franklin Horner Community Centre Fun Day event that attracted hundreds of residents.

The flavourful sauces come in a range of fresh fruits; which includes papaya, cherry berry, pineapple and mango. It sells for less than \$10 a bottle. She says sales of her goods have been encouraging and already she is involved in other enterprises.

McLeod with Joseph operate Shhhhh Design and Body Bar, which sells a line of organic soaps, shampoos, bath soaks, body oils and other bath products.

"All our products are natural or organic," Joseph vows. "We have some new products that we are still testing on our friends." Both women are dancers who perform for the Collective of Black Artists (COBA). For more information or to buy their products contact McLeod at 416-738-9295.



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The South Etobicoke News is a free, independent hometown monthly newspaper that serves Humber Bay Shores, Mimico, Lake Shore Village, Long Branch and Alderwood areas.

We live in the community and cover local news, amateur sports, business and civic life while honouring those who gave so much of themselves so we can have the lives we enjoy today.

Please feel free to drop us a line if you would like to advertise your business or leave any comments, tips or news of upcoming events and we will tell the community.

Publisher: Tom Godfrey

Community Journalists: Wayne Gibson, Bob Summers Circulation: Carl Godfrey Thank you to our network of volunteers

Reach us by email at: thesouthetobicokenews@gmail.com

Copies of the South Etobicoke News available at: Tim Hortons, Beer Stores, -Ducky's Roti, 3296 Lake Shore Blvd. W. -Browns Line Donuts, 744 Browns Line -Lakeside Pharmasave, 2438 Lake Shore Blvd. W., Our Walk In Closet, 625 The Queensway.



WIN A BEAUTIFUL 'Love The Shore' Large T-shirt that was co-designed by singer Roger Zuraw. Be the third person to send us an email at southetobicokenews.com and we will send you the shirt for free. Zuraw still has a few of the \$20 shirts for sale at the above email address.

(1,1)

Bella the happiest on stage



SOPRANO Mary Bella

Popular Canadian soprano Mary Bella loves singing and is the happiest on stage.

The Mimico resident has returned to singing with the Canadian Opera Company's (COC) professional chorus after a four-year hiatus, during which she helped to develop choirs in the communitv.

Bella performed with Leigh Graham last month at the Mimicoby-the-Lake Friday night summer concert series at Mimico Square.

"I am really excited to get back to the stage and camaraderie of the opera," she says. "My focus in recent years has been building community through choirs." Bella sang professionally with the COC for 15-years before taking a break in 2015. "The evenings and weekend

schedules completely conflicted with family life," she recalls. "It's getting a bigger part of my life again now that my kids are getting more independent." Originally from Edmonton, she says it was easy to resettle in

Mimico. Her husband, Michael Colvin, who travels the world as an operatic tenor, grew up in central Etobicoke and still has family here. The two met at the University of Toronto opera program.

"Etobicoke was an obvious choice for us because it is close to the arts and culture of Toronto, but still a great place to raise a family," Bella says. "We especially love living near the lake. I walk there every day and would find it so hard to move away." She founded the Etobicoke School of the Arts Community Choir and now runs a corporate team-building choir program called 'With One Voice." Bella performed with the COC

Queen, Papagena and the First

the Second Lady in The Magic Flute for the Manitoba Opera. With COC chorus, she performed in over 25 mainstage productions; including Turandot, La Boheme, Peter Grimes, Le Nozze di Figaro and many more.

Bella is featured on A Classical Kids Christmas CD, which was met with acclaim and has been broadcast repeatedly on radio stations. When not singing, she runs a web design business called Maestra Web Design, and can be reached at

maestrawebdesign.com



October 2019

DOG LOVERS TAKING PART IN Leashes By The Lake pet-fest walkathon school tour program, singing The to raise funds and awareness for the Etobicoke Humane Society at Amos Waites park. The event raised more than \$21,000 to help the Lady in The Magic Flute and was EHS, which also needs volunteers. Courtesy of Terry J. Photography.



HUNDREDS ATTENDED THE FUNERAL services of Pastor Dr Audley James, Bishop and Senior Pastor of Revivaltime Tabernacle Worldwide Ministries who died July 20 at the age of 81. A church on The Queensway was packed as residents showed their respect.

Habib among new 'doctor without walls'

DR. Habib

Proud Mimico resident Dr. Navaz Habib is among a new set of medical specialists who treat patients in person or on the Internet in a rising trend of doctors without walls.

Habib, who keeps an office in the Bloor St. and Islington Ave. area, has been practising functional medicine for the last four years. He completed a Bachelor's Degree in Medical Science at the University of Western Ontario and a Chiropractic degree at the Canadian Memorial Chiropractic College in 2010.

Today he helps patients from here and around the world.

"I have patients in the Calgary, Vancouver, the U.S., Dubai and other countries," Habib says. "Functional medicine is a tool used by health practitioners worldwide to help patients determine the root cause of their health issues."

He vows the form of medicine works since it has helped him overcome a weight problem, sleep apnea, high blood pressure, borderline diabetes and lack of energy.

"I have personally benefitted from the principles of functional medicine," he insists, adding doctors wanted him to manage his issues with medication

Telephone 416-251-3303

Dr. Robert Berlin

Dental Surgeon

but "I wanted to dig deeper and find out exactly what was causing my issues."

He says more physicians these days are conducting medical assessment and analysis online for patients who live abroad. Required tests are

conducted by accredited clinics who send him the results.

"I have helped hundreds of patients determine and overcome the root causes of their health conditions," he says proudly. "By working with patients one-on-one, we can find the root cause and help them live optimally and with

His treatments focus on improved lifestyle by improving cellular function, energy production, nutrition status, stress, environment and blind spots. He says functional medicine is great for helping clients dealing with auto-immune disease, metabolic conditions and low energy.

Habib has been living in Etobicoke for about eight years and is connected to the community and concerned about issues facing the area.

He has lived in other areas and chose Mimico to raise his family due to the many green space and parks.

He can be reached at 416-900-1263 or you can book at appointment at drhabib.ca.

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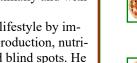
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vitality and energy."







Cutting edge florist blooming along The Queensway

Talented Queensway florist and designer Maryam K. is on the cutting edge of Toronto's blooming flower industry. Maryam is the owner of Royal Flower, at 623B The Queensway,

which is the only store in To-



MARYAM OF ROYAL FLOWER outside her cutting-edge store on The Queensway. South Etobicoke News photos.



MARYAM's ROSES LAST LONG and are better for the environment. Some of her beautiful rose boxes (above) and pink roses for special occasions (top right)



ronto to carry the unique rose boxes. Her flowers are specially-treated to last for one year and longer. The technology to make the

flowers last longer started in Japan. They have the same texture, feel and bright colours as fresh-cut flowers, she shows proudly.

"More and more people are buying our roses," Maryam says. "This is better for the environment because fresh flowers die in five days and have to be thrown in the garbage."

The bright and airy store has been in business for about five years and carries 40-colours of roses stemming from 20 collections.

"Many people love the flowers for sentimental reasons because it reminds them of a precious event or memory for many years," she smiles. "They are able to keep their nice experiences with them for a long time." The Iranian-born designer was a former computer engineer in the IT industry, which she blended with her skills as an event planner and love of

flowers to create the business after much research into the changing habits of flower lovers.

"I envisioned a place where the rose would be treated with the respect it deserves," she stresses.

The roses are sold in a beautiful case of

one, or in clear boxes of six or 12, which are nicely packaged and can be purchased on their website and sent with 'same day' courier service all over Canada or the U.S. The company delivers to a radius of 80kms of the GTA.

She says her "Eternity Roses" employ new technology used in the floral industry to preserve the roses and design them inside their boxes. The flowers are almost double the price of fresh ones but they last long and are better for the environment.

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www.royalflower.ca





Mimico resident



LONG-TIME MIMICO **RESIDENT** Nancy Ditchfield is a proud winner of Remembering the Dead, the latest mystery novel by fellow Mimico author Elizabeth J. Duncan, who has written 10thrillers featuring amateur sleuth Penny Brannigan set in North Wales. Ditchfield, a member of the Mimico Library reading club, cannot wait to dig into the so-called 'comfy mystery." We would like to thank the more than two dozen readers who entered the contest. A T-shirt is being offered to a reader this issue.

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'The area has galvanized over the years," observes Zufelt.

"People now are more interested in the area and what's tak-

booths and exhibits ranging from Toronto Police, LAMP,

artists, environmental and other area groups and agencies.

Judy Gibson, chair of the Tree Canopy Preservation and En-

OFFICIALS OF THE LONG BRANCH

Neighbourhood Association with

a large and beautiful cake to

mark Long Branch's 135

This Is For Toronto doc

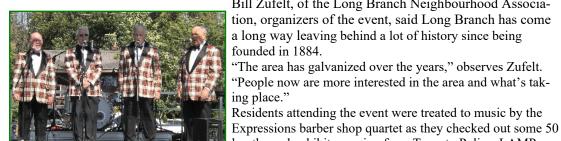
ready for online streaming

Long Branch celebrates its 135

Hundreds of residents turned out to celebrate the 135th birthday of Long Branch and the first Tree Fest that was held at Marie Curtis park. Bill Zufelt, of the Long Branch Neighbourhood Associa-

hancement Committee,

says Long Branch is the



THE EXPRESSIONS BARBERSHOP QUARTET, who have more than 140 years of singing experience between them, at the Tree Fest at Marie Curtis Park. South Etobicoke News photos

home of three Heritage Trees which are aged from 130 to 275-years-old.

Gibson said the tree canopy of the area has been declining over the years and a study is underway to measure and study the loss.

"Our community has changed a lot since its inception 135-yearsago, but we still enjoy a fabulous tree canopy," she notes, adding the trees helped to save lives by preventing homes from washing into Lake Ontario when Hurricane Hazel struck in October 1954, killing 81 people including seven from Long Branch. Former Alderman and MPP Ruth Grier, who once gave tours of

the area, has been living in the area

for 50-years and has seen many

changes. "Long Branch has gone from a summer holiday area for the wealthy to a neighbourhood of houses within the reach of workers in the factories."

"Our extensive tree cover and proximity to Lake Ontario keep Long Branch a cool refuge in the summer," Grier says. "Newcomers are welcomed and soon become members of local organizations which makes Long Branch a community of neighbours."

Barry Gilbert, president of the Eagle Spirits of the Great Waters, says his group is selling key chains to raise funds to build a cultural centre and Indigenous village near to where the Lakeview Generating Station once stood in Mississauga.

"The wigwams and buildings in our village will help to keep our culture alive for school children and the community," Gilbert explains. "We are in the process of speaking with the government and laying the groundwork."



LOCAL DOCUMENTARY MAKERS (left to right) Shawn Harris, Sheldon Shaw and Johnwoo Richardson have released their latest This Is For Toronto online. Courtesy photo.

industry.

Potential Films is a production and marketing company founded in 2012 by Sheldon Shaw, Shawn Harris and Johnwoo Richards. Their first documentary This Is For Toronto is now available for free online streaming so music fans and lovers of this city can take a look

behind the entertainment scene. "We had to go to the U.S. to get a distribution deal," says film producer Shaw. "It's like we had to be validated first in the U.S. before we are accepted here."

The documentary is well-photographed, well-done and the team managed to snag some top stars for candid interviews. The partners conducted 70 interviews over a 60-month period for the film.

"It was a very difficult film to produce when you have a small budget," he notes. "We have a lot of talented people in this country who are being overlooked."

Their next film is about the Toronto dominant basketball scene. This Is For Toronto can be seen on their website at www.potentialfilmsinc.com or YouTube at https://youtu.be/Al07Dw0ugr4

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7

Three friends and area residents hope to be rocking Toronto with their longawaited documentary on the city's red hot entertainment scene. An Etobicoke company called Potential Films Inc., has released online a muchanticipated documentary that took five years to make and examines Toronto's

thriving entertainment



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While some sushi

in its offerings.

restaurants do serve some of the more popular Korean

dishes, such as Bulgogi, or shredded beef; it is

heartening to come across a place in South Etobicoke

that is distinctively Korean

Chaban has been open for a

few years now and has

serving up traditional

Korean dishes at a

reasonable price.

gained a solid reputation

Some mouth-watering places to eat in the area

By Wayne Gibson

8



Chaban Korean Cuisine, 872 The Queensway, 416-255-8222



THE POPULAR CHABAN Restaurant on The Queensway. South Etobicoke News photos.

A selection worth trying here is one of the five varieties of Bibimbap on the menu; this dish literally translates as 'mixed rice.' Served in a hot stone bowl, the rice is topped with vegetables, and your choice of protein, along with an optional gochujang, which is a Korean red chili pepper paste, if you can't 'take the heat.' All of this is topped with a fried egg. You have many choices in what you 'mix and match;' this is truly a full meal in a bowl.

The service is friendly and efficient:; along with your main course, you get free, four small cold appetizers, my favorite being kimchi, which is a Napa cabbage fermented in a hot paste and garlic. Since we finished the kimchi quickly, the waitress brought us more - a nice gesture indeed.

Chaban serves wine and beer. I tried the Max Beer, which is a Korean brew, having never had it before or seen it for sale in the LCBO. It is a malty beer and it paired well with the strong flavours characteristic of Korean cuisine.

Financial advisor de Goey helps others get rich in new bestseller

Mimico financial advisor, broadcaster and author John de Goey is a passionate advocate for investor rights and putting clients first.

The well-respected full-time portfolio manager with Wellington-Altus Private Wealth Inc., has released his latest book called *STANDUP to the Financial Services Industry*, which is on sale at all major stores. "Canadian investors are at risk and they don't even know it," de Goey writes. "Their well-intended advisors often give poor advice based on traditional approaches that are demonstrably wrong."

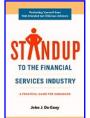
He notes the "fundamental problem is advisor bias, and no one talks about it because virtually everyone is oblivious to it, including advisors themselves."

"STANDUP empowers Canadian investors to demand accountability from an industry that has refused to acknowledge its own shortcomings and helps them invest wisely and successfully," according to the best-selling author.



De GOEY is giving a free copy of his book to readers attending his Oct. 30 talk with a copy of this article

De Goey released his first 2003



book, *The Professional Financial Advisor*, which was later updated and re-released in 2006, 2012 and 2016.

The wealth advisor loves the community and settled here more than 20years ago after moving from his native Point Pelee, near Learnington. "I moved to Toronto to find work and I bought my first home here and have stayed since," he says. "I like the lake and people in the community."

He has been twice named one of Canada's Top 50 advisors and in 2017 was presented with the Donald J. Johnston Award from the Financial Planning Standards Council for his lifetime dedication to the advancement of the profession.

De Goey is known for being an authority on professional, transparent and evidence-based financial advice. He frequently appears on TV and has written for *Advisor's Edge Report, Canadian MoneySaver, MoneySense, The Globe and Mail* and *The National Post.* He will be speaking about his book on October 30 at 6:30 p.m. at the Humber Bay Library, at 200 Park Lawn Ave. Please note that those who bring a copy of this story from the *South Etobicoke News* will receive a free copy of his book, *STANDUP to the Financial Services Industry*.

He can be reached at 416-369-1502 or by email at John.DeGoey@wprivate.ca

Cafe Tutti, 420 Horner Ave. 416-259-7111



LONG-TIME FRIENDS Nick and Ralph in front of their popular Cafe Tutti, on Horner Ave.

Italian home-styled cuisine on Horner: Café Tutti.

Nick Costa and Ralph Iantria are celebrating the first anniversary of their pleasant café and eatery on Horner Ave., in which they were required to hit the ground running.

A great place to stop for a fresh, and I do mean fresh, coffee or espresso, they also offer a large variety of hot meals, sandwiches and pizza. A good veal sandwich, accompanied by a Brio,

is my go-to quick Italian lunch, and they make a very good one indeed. Many places offer a veal that is somewhat tough to chew, but here the meat is both tender and tasty and features great toppings. Other sandwich offerings include chicken and Italian sausage.

Various pastas and salads are available for a fuller lunch or dinner. A different feature is offered each day of the week, including Jerk Chicken on Thursdays, demonstrating Nick's and Ralph's desire to expand their culinary horizons. Excellent Italian desserts, some imported from the 'homeland,' are also 'show-cased and are hard to resist.

Catering services are available, whether for home or office, with the same quality of meal and service. There are a number of businesses/warehouses on the south side of Horner, making this location on the north side of the street ideal.

Horner Ave. is often seen merely as a thoroughfare connecting Mimico to Alderwood, but it will be worth your while to stop at Café Tutti and give it a try.



Changes

Thousands lined up to see A.W.'s pet zoo in Mimico

Our community has always been brimming with colourful residents including millionaire undertaker Arthur William Miles, who operated a full-fledge public zoo on the grounds of his Mimico estate. Miles, or A.W. as he was called, founded the A.W.



Miles Company, Undertakers, in 1900, and earned his fortune after introducing the country's first motorized hearse and funeral home chapel. He also had the city's first

ambulance. He was the Undertaker of many of

A. W. Miles

Canada's top politicians and citizens including Prime Minister Mackenzie King, Sir William Muluck, Sir Joseph Flavelle, Sir

Henry Pellatt and Sir William Hearst. He also arranged the 1914 mass funeral of 109 Torontonians on the Empress of Ireland that sank in the St. Lawrence River, in what is considered Canada's worst maritime disaster, which took the lives of an entire Salvation Army Band.

A.W., an animal lover, is better known though for his "Miles Park" three-acre summer estate that was home of a busy zoo that took up most of Miles Rd., in Mimico.

He travelled the world collecting animals for his collection that contained a beloved elephant named "Tootsie," two camels, two giraffes, about 40 donkeys, several monkeys, ostriches, and other exotic birds.

His workers erected a large wooden pier in Lake Ontario which held a number of swans ..

The waterfront property also contained a dancing pa-

IT'S TIME FOR

TO GET AHEAD

CONSERVATIVE



MIMICO MILLIONAIRE UNDERTAKER A. W. Miles (right) with his beloved pet elephant Tootsie. File photos.



vilion, picnic area, snack kiosk and baseball diamond, which was opened free to the public and popular with church and other groups.

A.W. also provided free lunches, ice cream, and transportation for Sunday school classes. By 1930, A.W.'s zoo had be-

come fairly large and widely known with thousands of people travelling to admire the colours of the peacock, ride the pet mules, play on the slides and swings and hold picnics.

Miles Park within years was circled by homes and neighbours began to complain of the foul odour from the zoo that led to Mimico Council passing a by-law prohibiting

the keeping of animals in the township. Despite appeals, A.W. in 1936 reluctantly moved all his animals to a

200-acre farm in Township then named Miles Rd.

The popular undertaker passed away in June 1956 and his son,

A. W. ON HIS PET CAMEL, which along with other exotic pets, drew people from across the city to Mimico in the 1930s

Erindale. The after him.



A. W. BECAME RICH by introducing the first motorized hearst used in Toronto and Canada

A.W. Miles Jr., became president of A.W.Miles Funeral Directors, which was purchased in 1981 by Humphrey Funeral Home.

VOTE Barry **O'BRIEŇ** ETOBICOKE-LAKESHORE 🚱 CONSERVATIVE

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Fall things to keep busy in our community



THE BARREL BOYS HAD THEM ROCKIN' at the 5 Annual Great Lakes Brewery Pig Roast that attracted hundreds of craft beer lovers from around the community. South Etobicoke News photo.

EVERY FRIDAY MORNING the Long Branch Baptist Church, at 3381 Lake Shore Blvd. W., offers a free clothing outlet from 9:30 a.m. to 11 a.m. for those in need of clothing for themselves or their families. You can also donate gently used clothes that others can use. Contact 416-251-1525. **OCTOBER 3 GATEHOUSE ANNUAL HEALING THE** VOICE WITHIN fundraiser from 7 p.m. to 10 p.m., at Liberty Grand, 25 British Columbia Rd. Great speakers, entertainment and auction. Funds go to the Gatehouse and its work in giving voice and healing to childhood sexual abuse survivors. Tickets at www.thegatehouse.org.

OCTOBER 4 OPENING MARTINO MANOR HAUNTED HOUSE at 7 McIntosh Ave. Get scared and scream your way through a haunted house and get caught in a maze. Tickets required. For more info call 647-802-5045.

STARTING OCTOBER 4 FRIENDLY FOOD GROUP COOKING classes for seniors and young adults with autism to prepare and enjoy meals together.

Classes take place from 10 a.m. to 12 p.m. every Friday for eight weeks including; October 18, 25 and November 1, 8, 15, 22, 29: at Franklin Horner Community Centre, 432 Horner Ave. Call 647 226 1926 to register.

OCTOBER 5 BLESSING OF THE ANIMALS in honour of St. Francis of Assisi and his love for all animals at 11 a.m. at St. Ambrose Catholic Church, at 782 Brown's Line. For more info call 416-251-8282. **OCTOBER 5 OKTOBERFEST AT ST. MARGARET's** Anglican Church, 156 Sixth St., with live music by the Beer Barrel Polka Band. Oktoberfest food plate. Tickets required. In support of St. Margaret's programs. Call 416-259-2659.

OCTOBER 5 SUMACH ROOTS AT MONTGOMERY'S INN feature eight musical vignettes by Juno Award winner Jason Wilson about the migrant experience in Toronto from the 1790s to present. It features traditional British sounds to hip hop to reggae. Tickets required. Call 416-394-8113. OCTOBER 6 HUMBER BAY PARK CLEANUP family fun from 10 a.m. to 1 p.m. Meet at the Mimico Creek pedestrian bridge and gloves, bags and pick-upsticks will be provided. Sponsored by Friends of Humber Bay Park and Toronto and Region Conservation Authority.

OCTOBER 10 INFORMATION SESSION ON OLD AGE **SECURITY** & Canada Pension Plan taking place from 10 a.m. to 12 p.m. and 2 p.m. to 4 p.m. in the Community Room of Queensway Employment & Social Services, 779 The Queensway. A Service Canada rep will be there to answer questions. Call 416-397-9539. OCTOBER 16 & 30 HEARING SCREENINGS by the Canadian Hearing Society will take place at LAMP, 185 Fifth St., from 10 a.m. to 1 p.m. to support residents with hearing loss. Services include screening for hearing loss and check for ear wax. Call 416-252-6471 for an appointment.

LI HA

OCTOBER 16 ALL CANDIDATES MEETING for Etobicoke-Lakeshore riding from 7 p.m. to 9 p.m. at the Daily Bread Food Bank, 191 New Toronto St. The topic is Making Life More Affordable and is also sponsored by LAMP, Mimico Lakeshore Community Network and New Toronto Lakeshore Village Resident s Association. For more call 416-203-0500 ext. 233.

OCTOBER 18 FREE ST. MARGARET's COMMUNITY DINNER starts 5 p.m. at the 156 Sixth St. church. A hot meal with salad and dessert will be served and patrons are entertained by a band from Humber College. For more call 416-259-2659. **OCTOBER 21 THE ETOBICOKE PHILHARMONIC ORCHESTRA** first concert of the season at 8 p.m. at Martingrove Collegiate, 50, Winterton Dr., is uplifting and exciting! Cellist Joseph Johnson performs Tchaikovsky's Roccoco Variations with some Stravinsky's Firebird. The evening of great music also presents In Autumn by Grieg, In the Steppes of Central Asia (Borodin) and Peter Hatch's Long Beach. Tickets required. Contact 416-239-5665 or www.eporchestra.ca **OCTOBER 26 ENJOY A FREE HAVEN LAKESIDE** DINNER at 4:30 p.m. at The Branch Church, 85

Thirty First St. Everyone is welcome. For more information call 416-640-2005. OCTOBER 26-27 ANNUAL FALL BAZAAR at St.

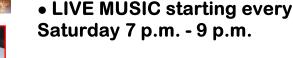
Ambrose Catholic Church, 782 Brown's Line, to raise funds to help the church. Saturday bazaar hours are from 9:30 a.m. to 3 p.m. and from 10 a.m. to 1 p.m. on Sunday. For more info call 415-251-8282.

OCTOBER 31 HALLOWEEN TRICK OR TREAT CORNER from 5 p.m. to 8 p.m. hosted by Lakeshore Village BIA. There will be games, treats and pick up a safety glow stick at the free family fun event which takes place at the corner of Islington Ave. & Lake Shore Blvd., outside Job Start.





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Bell a high-level coach and bodybuilder Midget Jr. cops top hockey spot

Local bodybuilder Alicia Bell is a certified personal trainer and high-level coach who spends a lot of time in area gyms working out.



A busy Bell fell in love with South Etobicoke and moved here about three years ago from her native Plaster Rock, New Brunswick. "I chose Etobi-

Alicia Bell

love how beautiful the area is," Bell says. "One of my favourite gyms is here and I love how close it is to the city."

The former track and field athlete and online coach is an International Federation of Bodybuilding and Fitness (IF-BB) Figure Pro, which means she has earned a Pro Card from winning a regional contest weight class. She is an accredited kinesiologist and works as a strength coach, fitness model and competitive figure athlete,

sport," her biography explains. "She is a well-known Canadian health and fitness Influencer and blogger." coke because I

and field.

Bell writes for numerous fitness websites and publications and has been featured in three commercials; which includes endorsing

BELL SHOWING off her products for body at show. Courtesy New Balance Canada and

who coaches sprint, hurdles and track

"Alicia has devoted her life to helping

people reach their goals in fitness and

Fuel Foods.

photos.

"I always tell young people never give up on their dreams," she stresses. "You never know which lap will be your victory lap so keep going.

The athlete is a recognized track and field coach, who is well-known for coaching Team Canada at the Maccabi games in Israel in July of 2013. She led

the team to 13 medals. Now a head Track and Field Coach at Ryerson

Univer-BFI I sity, she motorcvcle also runs

her own firm, Train It Right, a personal training and track and field club. She is also a content creator for Fitness Republic and Corus Entertainment. She can be reached at her website www.trainitright.com

BIKE TRAIL OPEN

The last of the Humber Bay Shores Trail Improvements have been given the thumbs up and the cycle and running trail is now open for business.

There is still some additional signage that needs to be installed and Trail Etiquette signage is being installed.

The improvements made will enhance safety for all residents and visitors to the area, officials say.



PLAYERS AND COACHES OF Faustina Fury Midget Jr. Select Hockey team celebrate after their big win.

The Faustina Fury Midget Jr. Select Hockey Team began their 2019-2020 season with a championship banner raising at the Ford Performance Centre.

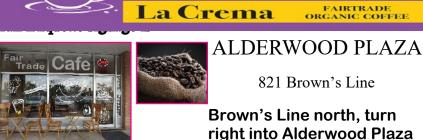
The team won the NYHL (North York Hockey League) Division 2 Championship last year (Minor Midget Select).

Players, coaches, families and friends were in attendance to celebrate a fantastic season where they finished with an impressive 34-6-4-1 record. For over 80 years the Faustina Hockey Club has provided local South Etobicoke children an opportunity to learn and love the game of hockey in a competitive and fun environment. Since 1935, over 25,000 hockey players have been proud to call Faustina their hockey home.



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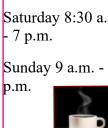
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Sunday 9 a.m. - 5





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- Jane Barber Custodia Customer

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