

# The South Etobicoke News

Web: [www.torontonewswire.com](http://www.torontonewswire.com) Email: [thesouthetobicokenews@gmail.com](mailto:thesouthetobicokenews@gmail.com) Number 18

Buy local. Live local.

## Time to help support our local businesses

By TOM GODFREY

Now is the time for all of us to step up to the plate and support our local businesses by shopping locally.

Many small businesses owners in the community are breathing easier today that they can reopen their doors and offer for sale their goods or services. The Ontario government on June 9 will determine if we can fully reopen; or again dine in restaurants, visit our dentists, salons and hair stylists. Many mom-and-pop businesses in Mimico, New Toronto, Long Branch, Alderwood, The Kingsway, Eatonville, Islington - City Centre West and Queensway Humber Bay are starting to see the light again after being shut for weeks, or in some cases longer, to reduce the spread of COVID-19. Thousands of workers for the first time are returning to work as the Ontario government



**OPEN! DELIVERY, PICK-UP OR IN-STORE orders as we are all encouraged to support our local mom & pop stores and restaurants, many which are reopening and need our business to survive. We also wish everyone in the community a joyful and Happy Canada Day!**

slowly reopens the economy and try to put the pandemic behind us.

Members of the many BIAs' are encouraging their residents to visit local stores and support their nearby restaurants.

"We all have to support our local merchants, many who have been here for decades," says Chris Korwin-Kuc-

**Etobicoke treated slave Glover with dignity**

guidelines.

And more enjoyable are the 500 plus Ontario parks and conservation areas which are open for hiking, cycling and some camping.

The Ontario government said their ban on social gatherings of more than five people will remain in place until early June. It is not known when the province will reinstate full dine-in service in restaurants and bars, which have been hardest hit.

zynski, Chair of the Lakeshore Village BIA. "We don't want to see them fail and we want a return to our vibrant community." All retail stores with a street entrance now have curbside pickup and delivery, in addition to the reopening of garden centres, hardware and safety supply stores.

Some residential construction projects have been given the green light to continue while observing health

## Memorial for runaway slave Joshua Glover on hold

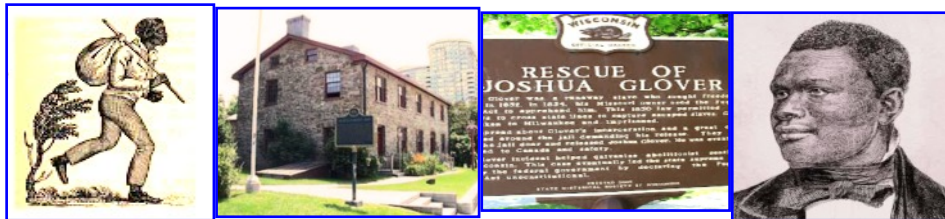
Runaway U.S. slave Joshua Glover has put on a lot of miles and will soon have a permanent home in Etobicoke.

A competition for a permanent public art memorial for Glover, a runaway slave who settled in Etobicoke 166-years-ago, has been put on hold due to COVID-19.

The City of Toronto this year approved more than \$50,000 for a memorial to be located at a new Joshua Glover Park, at 4208 Dundas St. W., close to where he lived.

Proposals for the memorial are being sought from members of the community to come up with a design, which like Glover, can stand the test of time.

The proposals sought by City's Arts and Culture Services, working with the Etobicoke Historical Society (EHS), had a



**A MEMORIAL IN ETOBICOKE FOR FORMER RUNAWAY slave Joshua Glover has been placed on hold due to COVID-19, which has many people working from at home. Glover worked for the owner of Montgomery's Inn (above) for many years. Courtesy photos.**

deadline of April 30, which has been put on hold due to the pandemic.

Area Councillor Stephen Holyday has visited the site and expects work on the memorial will continue after the City gives a green light.

Glover, who escaped from his owner in St. Louis, Mo., in 1852, arrived in Canada in 1854 via the Underground Railroad

after travelling 400-miles by night, dodging slave and bounty hunters.

Before making it across the border, he was released from a jail in Milwaukee by up to 5,000 irate citizens after his owner tracked him down in Racine, Wisconsin, according to reports.

Anti-slavery citizens in both Racine and Milwaukee assembled outside the court-

house and battered down the jail house door and rescued Glover, an event that highlighted the concern of many people about the injustice of slavery at that time. Glover was guided along the Underground Railroad, a series of safe houses around Wisconsin, until he was able to board a ship to Canada.

He landed in either Owen Sound or Collingwood, and made his way to Etobicoke where he found work with Thomas Montgomery, owner of Montgomery's Inn. Glover became one of 39 Blacks living in Etobicoke, which at the time had a population of 2,900.

He survived two wives, who were both Irish, and spent his last days at the York County Home for the Aged in Newmarket, where he died in 1888 at the age of 74.

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# Recognizing our brave canine officers and their handlers who put themselves in harm's way daily



**TORONTO POLICE SERVICE DOGS** Taurus (left) Aleksa and Reilly (right) are successful crime-fighters. Photos courtesy of Toronto Police.

A salute to Toronto Police Canine Officers who with their handlers place themselves on the line every day. Toronto Police Service dog Aleksa is being credited with tracking down and leading to the arrest of an armed robbery suspect. Aleksa, with her handler and members of the Emergency Task Force, were investigating a robbery in north Etobicoke last month when the alleged robber took off. The man was tracked down by the canine and held at bay until officers arrived. "This is a great example of teamwork and a job well done," police said on Twitter.

Another service dog Reilly was saluted by police for helping to find a loaded gun, police say. Police say Reilly was searching for a car that was involved in a crime. Inside, officers found a loaded firearm concealed in a hidden compartment. That find may have saved the life of an officer, or citizen, according to police. And congratulations to newly-badged canine officer Taurus, who with handler Const. Russ Keveza have successfully completed their certification and are now operational. The Toronto Police Dog Services was formed in 1989. The unit consists of 21 handlers and several dozen dogs. Most Teams are comprised of one handler and one general purpose police dog. The unit has been responsible for hundreds of arrests and the laying of hundreds of criminal charges. They have also located thousands of dollars of property and pieces of crucial evidence including a range of drugs, numerous firearms and other dangerous weapons.



**POLISH CONSUL GENERAL KRZYSZTOF GRZELCZYK AND CHRIS KORWIN-KUCZYNSKI**, of the Royal Canadian Legion Branch 344 and Chair of the Lakeshore Village BIA, lay wreaths at a monument at Vimy Ridge Parkette, at 2546 Lake Shore Blvd. W., to mark Victory in Europe (VE Day). The joyful day celebrates the formal acceptance by the Allies of World War 11 of Nazi Germany's unconditional surrender of its Armed Forces on May 8, 1945, which marks the 75<sup>th</sup> anniversary of our freedom. More than one million Canadians and Newfoundlanders served in WW11 with 55,000 being wounded and more than 45,000 paying the ultimate price. Canadian soldiers participated with the Allied Forces in all of the major European theatres. The invasion of Poland on September 1, 1939, started the war in Europe, and the United Kingdom and France declared war on Germany two days later. Countries which made up the Allied Forces included: U.S., Britain, France, USSR, Australia, Belgium, Brazil, Canada, China, Denmark, Greece, Netherlands, New Zealand, Norway, Poland, South Africa and Yugoslavia. Photo by Tom Godfrey

## COVID-19 Scammer Alert

Police are warning seniors of the latest text message scam that is making the rounds to take advantage of COVID-19. U.S. police warn that an alert is being sent to people in a text message that should not be opened. The message says the person need to self-isolate because they came in contact with someone who tested positive or has shown symptoms of the virus. The alert tells them to get tested. "If you receive such a text message do not click the link!" police say of the phishing scam to obtain your personal information. Officers say scammers pose as health officials telling them they need to take a mandatory online COVID-19 test to receive a government stimulus payment. If you receive the message call police at 22 Division at 416-808-2200.



**CANADIAN OFFICERS CELEBRATING NATIONAL POLICE WEEK** from May 10 to 16, which coincides with Peace Officers Memorial Day on May 15, with the theme this year being "Leading the Way to Safer Communities." Courtesy photo.



**TORONTO POLICE WEAR GREEN** epaulettes in a show of support by the force for mental health programs and initiatives. May was Mental Health Awareness Month and police partnered with Toronto Beyond the Blue charity to wear green epaulettes to support each other. The month is used to fight mental health stigma, provide support, educate the public and support people with mental illness and their families. Courtesy photo.



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*Donald Russell served as Mayor of New Toronto from 1954-1967*

# Pharmacist Russell was two-time Mayor of New Toronto



MEMBERS OF THE 1962 METROPOLITAN TORONTO Council with Donald Russell and colleagues. City of Toronto Archives.

By TOM GODFREY

The Donald Russell name has been well-known and respected in the New Toronto area for some 87-years and counting.

Russell's pharmacy with its blue sign has been part of the community since 1933 at the same Lake Shore Blvd. W., and Sixth Street location.

Russell, a native of Norval, Ont., graduated from the University of Toronto and started his landmark store soon afterwards. He always loved politics and was Mayor of New Toronto for two terms from 1954 to 1967.

The local resident was doing well and by 1950 had three booming pharmacies in Etobicoke to his name.

Energetic and well-known in the community, he gave his time and belonged to a range of organizations; including the Lakeshore Lions, Kingsway Shriners, the Lakeshore Paraplegic Society, the Red Cross and the New Toronto Library Board.

The pharmacist knew many of the area's politicians at the time and politics was always close to his heart. Russell entered the fray by winning a one-year term on



DON RUSSELL Memorial Park.

stayed for two terms. He was making quite a name for himself and ran and won the Mayor's chair, where he sat for 13-years.

By all accounts Russell was a fairly popular politician, who could be approached and generally cared about the well-being of the community.

As Mayor he and other Etobicoke politicians on Metro Council were against the construction in 1954 of a subway at the time and demanded that fares remain the same in all parts of the city, since Etobicoke was viewed as the outskirts of Toronto. He then served on Metro Council and was elected to the new Board of Con-

the Etobicoke School Board in 1948. He gained confidence and soon won a spot on Etobicoke City Council, where he

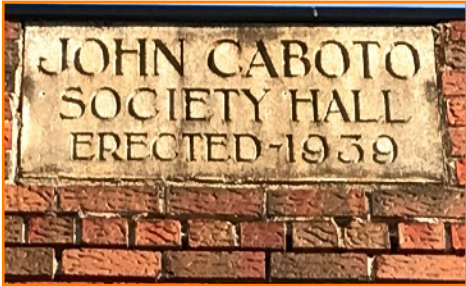
trol when Toronto amalgamated with Etobicoke in 1998.

The pharmacist-turned-politician was married to Dorothy Reynolds since 1935 and they had two children, Beverly and Robert, who also became a pharmacist and joined his father's practice after graduation, according to local historian Denise Harris. Russell passed away from a heart attack in December 1971 and a park at Humber College, on Birmingham St., was re-named Don Russell Memorial Park. Bob carried on the family business until retiring. Today 'Don Russell Drugs' still thrives despite the long political history behind the store, which has new owners.



DON RUSSELL pharmacy at the same spot for almost 90-years.

## The John Caboto Hall for years kept Italian newcomers together on arriving in Canada so far away from home



The mystifying 'John Caboto Society Hall Erected 1939' is engraved on a plaque on top of a roof facing the corner of Portland and Milton Sts., just east of Royal York Rd.

Local resident Ian Robertson says there are no other signs on the building about the social hall, and a side door is boarded up and beside a locked door with 'Shipping Only' sign.

THE JOHN CABOTO SOCIETY HALL has helped many Italian newcomers resettle in Canada. Photo by Ian Robertson.

It turns out, the fading sign is from a bygone era more than 80-years ago.

The club, like the Statue of Liberty in the U.S., served as a welcoming and social outlet for Italian newcomers resettling here in the 1920s.

The club was named the Giovanni or John Caboto Club, in honour of the famed Italian sailor and explorer John Cabot. It became, and still is, an impor-



RYAN AND JULES, OWNERS OF FIT ORGANIX, at 732 Brown's Line, have fed more than 20 nurses with their delicious Gluten-free meals through a COVID-19 campaign in which customers can buy a pre-packaged cookie dough from which you can make nice cookies or have a meal donated to an area nurse or frontline worker. Visit fitorganix.com Photo by Tom Godfrey

tant part of the local Italian community, providing a place for community gatherings, support for new immigrants and through fundraising activities, support for the larger community.

There are still strong branches of the club in existence in Windsor and parts of the U.S.



ITALIAN IMMIGRANTS ARRIVING in the U.S. In the 1920s and being greeted by the Statue of Liberty. File photo.

### What's Inside

- Snowbird laid to rest .. Page 5
- New Alderwood author ... Page 6
- Hot meals for frontline ... Page 7
- Top Tasty take-out food ... Page 8
- Things to do & keep busy .. Page 10
- Iconic Mimico mansion... Page 11



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# Phillip Barker served the community for decades

By TOM GODFREY



PHILLIP BARKER

Members of the Long Branch community are stunned by the

passing of life-long area resident Phillip Barker, who loved children and spent a small fortune on equipping schools in the Philippines.

Barker, the owner of Lakeshore Accounting, passed away on the evening of May 5. He was 72. The accountant was a friend and acquaintance of many Long Branch residents having served the community at his 3421 Lakeshore Blvd. W. office for about 40-years. He was also the long-time Treasurer for the Long Branch Business Improvement Association.

Barker was born and raised in Mimico, where he attended

Mimico High School and then Humber College to study accounting.

“His sometimes tough exterior masked a warm, charitable heart who loved helping people,” recalls Wayne Gibson, a friend for more than 30-years. “He helped many people and will be missed by the community.”

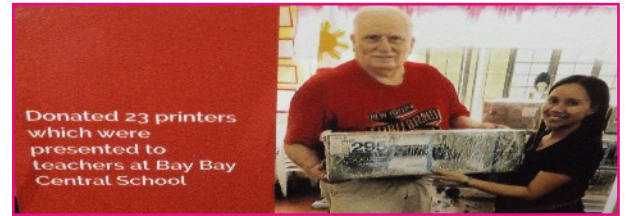
Gibson says Barker had many loyal clients from his many years of business and always perked up when it came to helping children in the Philippines develop their potential.

He was a founder and director of the Lakeshore Charitable Foundation, which sponsored two schools in the southern

Philippines. He visited that country about a dozen times and was responsible of collecting and shipping dozens of containers filled with books, clothes, food, computers, printers and other gear to help the children. The foundation had sponsored the BayBay Central School for more than 12-years, and he was in the process of travelling there for an awards celebration before

COVID-19 halted the trip. He will be sadly missed by hundreds of children at the schools and the families there who loved him.

“The children over there have very little or nothing,” Barker would always say. He is survived by his daughter Katy.



**BARKER RECEIVES A GIFT** after one of his many trips to visit two schools which were twinned by high schools in south Etobicoke.

# Dr. Bud Ridley is well-known and loved in Alderwood



DR. BUD RIDLEY

Many residents are mourning the death Dr. Charles Maynard (Bud) Ridley who treated hundreds of people in the community during his 40-year practice in Alderwood. Dr. Ridley passed away last May 12 at the age of 95.

Family members say Dr. Ridley grew up in New Toronto and was proud of his city and jumped at any opportunity to share with his family places like the Royal Ontario Museum, High Park and the CNE.

He graduated from University of Toronto School of Medicine in 1951 and opened his general practice on Browns Line where he cared for the Alderwood community for over 40 years.

“He was always proud to be one of the founding doctors of Queensway General Hospital and after he closed his office he continued working on the surgical team there until he was 86, practicing medicine for 60-years,” according to his obituary.

The physician was well-known and loved in the community. The years spent in Bala with the Muskoka Rest family, the Twin

Lakes Hunt Camp in Noelville, or on family trips exploring Canada were the happiest for all of us, his family says.

“He had an abundance of energy whether it was trekking through the sugar bush with a butterfly net or chopping and stacking wood for hours on end,” they say, adding his patience knew no bounds whether it was spending time with his daughters and grandchildren in the

boat fishing or being their chauffeur.

His joy and zest for life and his compassion for others earned him the trust and respect of everyone who knew and loved him, according to the obituary. Online condolences can be left on the Ridley Funeral Home site. Donations in Bud’s memory can be made to the Nature Conservancy of Canada.

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The South Etobicoke News is a free, independent hometown monthly newspaper that serves Humber Bay Shores, Mimico, Lake Shore Village, Long Branch and Alderwood areas.

We live in the community and cover local news, amateur sports, business and civic life while honouring those who gave so much of themselves so we can have the lives we enjoy today.

Please feel free to drop us a line if you would like to advertise your business or leave any comments, tips or news of upcoming events.

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# Ridley help Armed Forces



BRAD JONES

Local funeral home owner Brad Jones says it was a repatriation service he will never forget. Jones, of Ridley Funeral Home, at 3080 Lake Shore Blvd. W., was among a number of funeral home operators recently used by the Canadian military to transport the body of Sub-Lt. Abigail Cowbrough and honour five of her colleagues who died in a helicopter crash off the coast of Greece. A Cyclone helicopter carrying six Armed Forces members crashed into the Ionian Sea on April 29. Defence officials have said it was returning to HMCS Fredericton at the end of a NATO training mission. The remains of Cowbrough were recovered while the other five service members on board are missing and presumed dead. The remains of one other person have been recovered but not yet identified.



FAMED FEMALES SNOWBIRDS' (bottom) CAPT. JENNIFER CASEY (left) and Sub-Lt. Abigail Cowbrough (right). Courtesy Armed Forces photos.

Cowbrough's casket, which was draped in the Canadian flag, was slowly carried out of a CC-177 Globemaster at CFB Trenton by fellow military members while the mournful sound of bagpipes



played. Her family then gathered next to a hearse after the casket was placed inside. "It was quite an experience for us," Jones recalls "It was very somber seeing the many people lining up on bridges and overpasses along the Highway of Heroes as we made our way downtown." Jones, whose home is celebrating 100-years this year, says the crowds were very respectful and

"people braved the virus to be out on the bridges and along the highway to catch a glimpse of our heroes." The Canadian Armed Forces in a statement said "despite the challenges presented by the current COVID-19 environment ... we are committed to a dignified and respectful repatriation for our fallen aviators and sailors." The other fallen members are: Capt. Brenden Ian MacDonald, from New Glasgow, N.S.; Sub-Lt. Matthew Pyke, from Truro, N.S.; Capt. Kevin Hagen, of Nanaimo, B.C.; Capt. Maxime Miron-Morin, from Quebec; and Master Cpl. Matthew Cousins, from Guelph, Ont. Cowbrough is the second female Canadian military officer to have lost her life in a month. Capt. Jennifer Casey, from Halifax, was killed after on the Snowbirds famed Tutor jets crashed shortly after takeoff in Kamloops, B.C.

# Gen went from costumes to making in demand masks

Designs By Gen is a small upholstery shop in New Toronto that has switched over to making masks during these challenging times. Enterprising Owner and Master Seamstress Genevieve Louwe says she's busy these days selling her masks to residents, non-profit agencies and taking part in some giveaways.



DESIGNER GEN (right) WITH COUSIN and some of her popular masks (below).

Louwe prior to COVID-19 used to work with costumes and as a result uses 'fun fabrics,' which are a 'little edgy.'

"I like to be honest when I promote sewing masks," she says. "I am doing this to help people and save the business."



Her masks are well-designed, colourful and are popular. She has quite an assortment of masks available. Louwe can be reached at 647-765-4828 or you can order from [www.bespokeoriginal.com](http://www.bespokeoriginal.com) or [www.facebook.com/bespokeoriginaldesign](https://www.facebook.com/bespokeoriginaldesign)



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# Alderwood author Babcock launches first novel set in Pre-Code Hollywood with big stars and dreams

Author Heather Babcock grew up in Alderwood and got hooked on words at the local library where her mom once left her as a child during 'story time' as she ran an errand.



HEATHER BABCOCK and new book *Filthy Sugar* (right).

"When my mom came back to pick me up, the librarian told her that I had been 'absolutely mesmerized' by the story-telling," Heather explains. "She can come back anytime," she told my mom."

She spent all her spare time at the Alderwood Library studying novels by Lucy Maud Montgomery, Betty

Smith, Toni Morrison and Hubert Selby Jr.

Now her debut novel *Filthy Sugar* is being launched by Inanna Publications in two "virtual Speakeasy" sessions in Toronto on June 4 and 18.

"I am very excited and proud of my debut novel *Filthy Sugar*," says the author. "It took a lot of hard work and I totally loved the writing process." Set in the mid-1930s, *Filthy Sugar* tells the story of Wanda Whittle, a 19-year-old dreamer who models fur coats in a department store, but lives in a rooming house with her family in the "slums" behind the city's marketplace. "Bored with the daily grind, Wanda finds inspiration in the celluloid fantasies of the Busby Berkeley musicals, Greta Garbo and Jean Harlow movies," she says, adding the

work was inspired by women of the Pre-Code era of Hollywood film. "Wanda is thrust into a world of glitter and grit, where the guys talk tough and the dames are tough."



The book is described as a tantalizing and tumultuous tale," by Valentino Assenza, the co-host-producer of HOWL and CIUT 89.5 FM.

Copies of *Filthy Sugar* are available at Inanna Publications at [www.inanna.ca](http://www.inanna.ca) and other book sellers.

Those interested can RSVP at <https://mailchi.mp/248144d4ab21/speakeasy>. The book will officially launch via live-streaming on June 18.

# Sustain the Line pitching in to help feed frontline staff

Long Branch cake guru Monja Chiara was searching for ways to help in these trying times when she came across an initiative called



MONJA CHIARA

Sustain the Line, which helps feed frontline workers battling COVID-19.

The owner of Cake Star, at 3431 Lake Shore Blvd. W., is one of a number of Etobicoke businesses which have volunteered for the program that fed more than 1,200 meals to hard-working medical and emergency workers in their first two weeks.

"This is a great program," Chiara says. "We have fed many frontline workers and they truly appreciate the meals."

A fixture on a number of TV baking shows, she says many restaurants want to help feed health-care workers, but don't have the support they need to do so.

Their purpose, according to the group's website, is to connect local food businesses able and willing to deliver meals to frontline healthcare workers to supporters willing to fund these meals. Anyone who wants to donate funds or deliver meals can get in touch using a Sustain the Line website. The donor pays the food provider a lump sum to make the meals, and then the provider gets in touch with local healthcare workers. The concept started with Toronto's Mission Watch Company and Old Road BBQ in Nova Scotia committing to feed frontline workers for a month in Nova Scotia. The non-profit organization aims to connect more small food businesses to those who want to fund meals.

To donate or volunteer visit [www.sustaintheline.com](http://www.sustaintheline.com)

# Rent Bank for tenants facing eviction

If you are being evicted from your home due to rent arrears from COVID-19 or other reasons. Then help is now available.



RENT BANK

The Toronto Rent Bank provides limited, interest free, repayable loans to seniors, individuals and low income families facing imminent eviction. The bank provides a maximum loan of two months' rent. They also provide rental deposit loans to those who re-

quire first or last month rent to move to more affordable housing.

"Our Rent Bank program has been designed to help end the cycle of increasing poverty," says Gladys Wong, executive director of Neighbourhood Information Post, a group that started the Rent Bank last year. "We see clients in desperate situations and the idea is to prevent homelessness and keep families in housing."

Rent Bank officials say applicants should demonstrate that they have exhausted all other means of financial assistance available to them before

applying for a loan. All loans are to be paid back in monthly instalments to help others.

The goal of the bank is to help residents preserve stable housing, which is free from rental arrears or risk of eviction and to improve their skills and confidence in managing their own finances. To qualify they must live in Toronto, have legal status in Canada and a steady source of income. Those who require help are asked to call 416-924-2543 or send an email to [torontorentbank@nipost.org](mailto:torontorentbank@nipost.org) or visit [www.nipost.org](http://www.nipost.org)



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# Hot meals for frontline workers



MEMBERS OF THE TIBETAN CANADIAN Cultural Centre, with Norling Tibetan and Hakka Cuisine, take food to seniors at Eatonville Care Centre. Courtesy photos.

A belly-full of love in a hot meal. Frontline workers at the Eatonville Care Centre, which has seen a number of COVID-19 deaths, were shown love by some community members in the form of hot meals.

Members of the Tibetan Canadian Cultural Centre (TCCC), in partnership with Norling Tibetan and Hakka Cuisine, at 1512 Queen St. W., last week took 150 steaming meals, to feed workers on all shifts, at 420 The East Mall Centre.

This is the latest in a number of ongoing hot-food donations made by the Tibetan community to frontline workers.

Two new COVID-19 deaths were reported at Eatonville last month. The nursing home, which is located near Burnhamthorpe Rd., and

The East Mall, is one of the hardest hit by the virus, with more than 40 coronavirus-related fatalities.

“The staff at Eatonville went through some challenging times and we want to let them know that we care,” says Tsering Wangyal, president of the TCCC. “This is a small way by our community to thank our frontline Healthcare Heroes for their commitment and hardwork during these unprecedented times.” The group thanked the frontline staff and were appreciative of the work they do to help the community.

The 247-bed home has 43 active cases among residents, while 98 residents have recovered from the virus. More than 20 staffers are still



FEEDING OUR healthcare heroes.

battling the virus while 77 have recovered. It is among six long-term care facilities in Toronto that have 40 or more reported COVID-19 deaths.

Members of the TCCC also delivered 275 meals to residents of Kensington Gardens, a non-profit, long-term care home in the heart of Kensington Market, which offers 24-hour care, programs and services for the 350 residents and their families.

They are raising funds to make more food, dozens of masks and headgear, which are available at their 40 Titan Rd. centre. Donations can also be made online at tcccgc.org.

# Volunteers take orders to deliver food and supplies for virus bound seniors

Some Etobicoke volunteers have stepped up to the plate to offer a free grocery delivery service for high-risk seniors who are unable to leave their homes due to COVID-19.

FreeGroceryDeliveries.com is a service for seniors and disabled, who face risks or other health issues and aren't able to leave their homes to get groceries for fears of the pandemic. The volunteers pick up additional grocery order requests while shopping online for their own groceries, according to their website. “They then proceed to deliver the groceries without charging a delivery fee,” the group says. “The goal is to encourage our volunteers to help their neighbours who may be considered high-risk during the COVID-19 crisis.”

They say the orders are made and paid for online and picked up from the stores by the volunteers, who then delivers the food to the homes of the seniors, with the appropriate bills. The volunteers are then repaid by cash, e-transfers or cheque.

The volunteers wear mask, gloves and take other health precautions. The service has been getting good reviews. Orders can be placed by email to [freegrocerydeliveries@gmail.com](mailto:freegrocerydeliveries@gmail.com) or by calling 647 -946-6670.



# Some area drivers help ailing restaurants deliver their food for free in community



Volunteers have sprung up to help deliver take-out food to show their support and appreciation for small mom-or-pop, or family run restaurants in the area hurting due to the pandemic.

An online Volunteer Driver Take-out Delivery initiative took place from April 10 to April 25 in which volunteer drivers, for a non-perishable food item donation, successfully delivered meals from a number of local eateries to homes utilizing ‘100% contactless delivery.’

The food is placed in a sealed package in the trunk by a restaurant worker and retrieved by the person who placed the order on arrival. Payments are processed over the phone and the volunteers are not in contact with anyone. The program is looking at expanding delivery service to more restaurants following an assessment. For more visit [i rover.com](http://i rover.com)

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# Top tasty take-out spots in our community



Reviews by **Wayne Gibson**

As we approach at least a ‘semblance of normality’ in these pandemic times, many of our favourite restaurants are continuing to deliver and serve takeout, while awaiting a grand opening. Our hope is that our community can

continue to support these establishments who deliver great food under these more difficult conditions.

Patronizing these restaurants with takeout and deliver will help them survive so they can better prosper by doing what they are known for: serving excellent meals with great service and at fair prices.

South Etobicoke is blessed with a number of very good Indian restaurants and this cuisine tends to lend itself to takeout, as it travels and reheats well without any loss of flavour or texture.

Here are some Top Tasty Community Favourite Take-outs which won’t disappoint:

## Mooring Eats, 2481 Lake Shore Blvd. W., 416-253-7171



From the Mediterranean Shore of Syria to Mimico, Mooring Eats has rapidly made a name for itself with its superb Middle Eastern dishes. Try their homemade Baba Ghanoush as an appetizer and their Shish Tawook Plate with two sides and a main.



Good take out service, delicious food and

a hit on social media. See their ad on Page 5. Many residents love the food, which they describe as honest without cutting corners. Its no wonder why they have gained a loyal following.

## Kothur, 2356 Lake Shore Blvd. W., 416-253-5047

Serving the Mimico Community for many years, Kothur has earned a reputation for serving quality Indian dishes at reasonable prices. Try their Shrimp Biryani—shrimp in a tasty basmati rice matrix with subtle spicing—or their Dal Makani—dark lentils perfectly spiced. Open for both lunch and dinner.



## Feast of Dilli, 378 Brown’s Line, 647-348-4567

Further West, in the heart of Alderwood, is Feast of Dilli, serving reasonably priced Indian dishes. For a milder dish, try their butter chicken and for those liking the heat, the lamb vindaloo is highly recommended. Again, Cheetah Beer can be taken out from this Brown’s Line favourite.

Two excellent fine dining establishments, both on Bloor, deserve your attention for an excellent dinner with a fine bottle of wine:



## Merlot, 2994 Bloor Street W., 416-236-0081



Classic French bistro-style cuisine here; for a different dish, try their confit of duck with your choice of wine, followed by a chocolate mousse dessert. Well-liked and has a loyal following. Open now for takeout and delivery.

## Black Angus, 3250 Bloor St., W., 416-233-7406

This establishment has been serving the community fine steaks for 50 years, now with plenty more menu options. Takeout or curbside delivery, or if you wish to wait for full opening, buy some gift cards now to be ready to enjoy a full dining room experience later. Half-price wine.



## Souvlaki Hut Greek Taverna, 3080 Bloor St. W. 416-233-2090

Classic Greek cuisine that is well-prepared with quality ingredients: chicken souvlaki, either in a pita or as a main course, is excellent. Another Greek favourite, Moussaka, also makes for a tasty takeout dinner and a vegetarian option is also available. Tasty take-outs that won’t fail.




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## Health and Wellness

By ADRIANNE SZABO-PAYNE

As the world slowly starts to reopen, and we are given tidbits of permission to get back out there, it is evident that what once was, may never be again. So, it's within ourselves to establish our new "normal" and resume our lives in a way that will enrich our health; mind, body and spirit. I will be the first to admit that COVID-19 lock-down has been a doozy. As a small business owner of a boutique health club, we are standing at a light that is still very much red and the countdown counter is still in the high double digits. But are we going to let worry of wonder get the best of us? Not a chance! So, what can we do while we wait for the light to turn green? One thing we can be thankful for is that this pandemic descended upon us as winter was turning to spring. The promise of warm weather on the horizon means that we can be outside and maintain the required physical distancing to reduce the spread while still enjoying the world. If you're missing your workouts at the gym, there are plenty of substitutes outside that can both keep your fitness level up, help to clean out the mental fog and reduce the spread by maintain distance. There is the obvious – walking, jogging, riding your bike, or roller-blading. There is also a ton of free and paid workouts on the Internet. Many instructors are trying to keep busy and build a following by offering live virtual classes through Facebook and Instagram live.

If these are not for you, consider starting a garden at your home, or joining a community garden in your neighbourhood. As the daughter of an avid gardener, my green thumb was initially brown, much to my mother's chagrin. However, over time I found the therapeutic and physical benefits of gardening. Planting something, nurturing it, and watching it turn into something beautiful or nourishing provides incredible reward for the soul. It creates a sense of pride and accomplishment. And if you decide to build a vegetable garden, which can even be done in a small space with creative vertical containers, it's an opportunity to not only grow food for your family, but the abundance can be shared with neighbours and friends, which builds great community. However you establish your new "normal", do it with the intention to bring about a positive change.

**Adrienne Szabo-Payne can be found at Monkey Tree Fitness & Wellness located at 800 Islington Ave. As a certified holistic nutrition and wellness practitioner, her passion for helping others find their path to wellness drives her to bring unique tools and methods for healing to her community. Connect with us @monkeytreefitness on Facebook or #monkeytreefitnesswellness on Instagram, or on our website at www.monkeytreewellness.com**



## Money Matters

By RATTAN GANDHI

In my experience doing business consulting, one piece of advice I stress to my business clients is "plan your business and work your plan." Now during these unprecedented times my advice to the readers at large is "plan for the worst and hope for the best." The challenges ahead are significant ranging from the complications of the COVID-19 crisis, trade wars, inflationary pressures and increasing household debt. I would strongly encourage my readers to adopt a frugal living lifestyle going forward. If one was to Google "frugal living" there is a vast array of information which one can avail and adopt to their own situation. If you are a renter, making a change to down-size should be relatively easy, it will not be so easy for the homeowner. The homeowner may want to consider using their home as a location for creating income, possibly in the form of renting and, or starting a small business depending upon the skills one has. Be creative at the same time do not go overboard in laying out big money, start small and work your way up. One of the ways to manage one's spending is to record all your expenses manually or download a software package. This will give you a hard look at where your money is being spent,

you can use this data to develop a budget by month and record the actual spending. Now you can look at ways to reduce or realign your spending. There is an old saying "penny saved is penny earned" in today's world this saying could be upgraded to "dollar saved is dollar earned". Use this dollar saved to reduce your debt level or mortgage or build up your retirement nest egg. Debt is a big-killer, governments can print money and, or borrow but these options are not always readily available to the tax payer. This virus has forced lots of individuals to work from home, use this opportunity to create a tax deduction for 2020 and ongoing by asking your employer to provide you with a Declaration of Employment Form T2200. This will allow you to claim home expenses in relation to the square footage used for work, including utilities, property taxes and mortgage interest.

**Rattan Gandhi is owner of Quick Refund Tax, 133 Sixth St. His opinions stem from 15 years of experience in helping clients in the tax area. If you have questions, he can be reached at 905-616-5253 or rattangandhi@gmail.com.**

# Lakeshore Village BIA

**We regret to inform you that our Annual Grilled Cheese Challenge which was to take place on June 13 has been postponed due to COVID-19.**



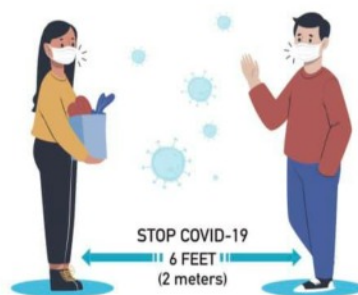
Proudly display your Canadian flags in honour of our frontline heroes on July 1. Happy Canada Day!



**The Board of the Lakeshore Village BIA is working hard on your behalf in these trying times. We urge residents to check up on their neighbours, wear a mask where necessary, wash their hands, keep their distance and follow other City COVID-19 health guidelines.**

**BE SAFE**  
KEEP PHYSICAL DISTANCING

Stay at least 6 feet (2 meters) from other people.



**WE SUPPORT OUR FRONTLINE HEROES**

Put up a Canadian flag or a drawing of our flag in your window in support of our frontline workers fighting COVID-19.

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E-mail: publichealth@toronto.ca

Telehealth Ontario  
Telephone: 1-866-797-0000  
Visit: Ontario.ca

Public Health Agency of Canada  
Telephone: 1-833-784-4397  
phac.covid19.aspc@canada.ca



# Looking after yourself and others in the community

**JEAN AUGUSTINE CENTRE FOR YOUNG WOMEN EMPOWERMENT** is operating virtual programs in June and July. Contact 416-253-9797 or email [info@jeanaugustinecentre.ca](mailto:info@jeanaugustinecentre.ca)

**LAMP COMMUNITY HEALTH CENTRE** remains closed until further notice. LAMP is offering some virtual programs like Mindfulness and Wellness workshops



**GLOBAL MEDIC'S RAHUL KHAN** and **MPP CHRISTINE HOGARTH** stop by LAMP to help with COVID-19 emergency response, taking 20 boxes of dry staples, including lentils, peas, barley, rice and kidney beans Global Medic earlier donated 174 hygiene kits. Courtesy photos.

on Zoom. A four week online mindfulness workshop series helps people to manage and control their mental health. It takes place June 9, 16, 23 and 30 at 3 p.m. The takeaway meal program has been expanded to 9:30 a.m. to 11:30 Monday through Saturday where people can pick up a

free takeaway meal at the Birmingham entrance. The EarlyON services at LAMP will distribute new and used books free to families in June. For more information call EarlyON at 416-252-8293. Online wellness workshops focusing on nurturing your spirit during COVID-19 takes place June 17 at 2 p.m. and June 24 at 2 p.m. LAMP is hiring young people for eight summer job positions thanks to federal funding. To register call or

email [jasmind@lampchc.org](mailto:jasmind@lampchc.org) 416 252 6471 ext. 308. **HAVEN ON THE QUEENSWAY HAS SHUT MOST** of its programs and services due to COVID 19 but will continue to serve its food bank users by appointment and pick-up at their 1533 The Queensway office. Call 416-640-2005 to make

arrangements to access the Haven food bank, First Care or other services still open.

**ARE YOU CONCERNED ABOUT SOMEONE'S DRINKING,** Al-Anon is a mutual support group for those whose lives are affected by someone's drinking. Meetings are free and anonymous. Long Branch Al-Anon Group meets every Monday at 7 p.m. at LAMP, 185 Fifth St. Also Kingsway Al-Anon Group meets every Monday at 8 p.m. at St. Georges on the Hill Church, 4600 Dundas St. W.

**MOST PROGRAMS AT STOREFRONT HUMBER,** at 2445 Lake Shore Blvd. W., are cancelled with only essential services, like personal care, support or respite provided. For more call 416-257-4207 or visit [sfh@storefronthumber.ca](mailto:sfh@storefronthumber.ca)

**THE LAKESHORE ENVIRONMENTAL GARDENING SOCIETY (LEGS)** is holding its Plant Exchange that runs from May 15 to June 15. Plants can be picked up or dropped off at a number of local locations. Just look for the green Plant Library & Exchange Sign. They also have a food forest garden with permaculture and organic principles at the Daily Bread Food Bank, at 191 New Toronto St. You can pick up for drop off plants at: Mimico Baptist Church, 80 Hillside Ave., on Monday to Friday from 10 a.m. to 4 p.m.; The Healing Muse Apothecary, 2859 Lake Shore Blvd. W., Tuesday to Saturday from 11 a.m. to 5 p.m.; Primrose Ave. and Lake Shore Blvd. W., Monday to Friday from 11 a.m. to 4 p.m. Also at the north-east corner of Park Blvd., and Long Branch Ave., on June 6, June 7, June 13 and 14 from 11 a.m. to 5 p.m.; and Lake Promenade and 23<sup>rd</sup> Street on June 4. LEGS can be reached at 416-347-5449 or: [info@legsetobicoke.ca](mailto:info@legsetobicoke.ca)

**DONATE TO WOMEN'S HABITAT OF ETOBICOKE** Emergency Fund to help purchase the specific needs of women and children as food, diapers, baby formula and program supplies for children and youth. Contact **Lina Almanzan** at 416-252-7949 ext. 232 or by email [lalmanzan@womens-habitat.ca](mailto:lalmanzan@womens-habitat.ca) **FREE ONLINE WELLNESS KIT TO KEEP YOU** calm so you can carry on featuring a workout video focused



**STUART ROBERTS, PRESIDENT** of the Kiwanis Club of Kingsway Humber, donates \$400 to LAMP's Jasmin Dooch from their COVID-19 relief fund for the purchase of protective gear.

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**HUMBER COLLEGE DISPUTE RESOLUTION CLINIC** is offering a free online service delivery to support community members with access to; conflict coaching, tips and strategies on conflict de-escalation techniques and facilitated mediations. Trained alternative dispute resolution (ADR) student advisors and mediators from the community are available by appointment to help by emailing [northdrc@ignitestudentlife.com](mailto:northdrc@ignitestudentlife.com)

**TIMOTHY'S PUB HAS LAUNCHED A** fundraiser to help the Salvation Army food bank. Owner **Tim Brem** says \$1 from the sale of their customer fave chippers goes directly to the Salvation Army, at 5 Thirtieth St. The pub, at 344 Brown's Line, has helped raise funds for many area non-profits including the Royal Canadian Legion #101 Long Branch. They are open from 4 p.m. to 9 p.m. and you can call 416-201-9515 for takeout or delivery.

**THE DEMAND FOR FOOD IS SO HIGH DUE TO COVID-19** that a new warehouse has been opened up by the Daily Bread Food Bank and partners to help feed the needy. The new space, at 40 Butterick Rd., will help serve as a distribution hub for more than 60,000 food boxes, or 1,000 pallets for those experiencing hunger. To donate visit [dailybread.ca](http://dailybread.ca)



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# Mimico's largest mansion Sports fields slowly reopen as many teams sit waiting to compete again

By TOM GODFREY

If some of the rooms in a mansion on Lake Shore Blvd. W. could talk, we would probably be amazed by some of the tales they could tell. The Consulate of the Republic of Poland for 44-

including six marble bathrooms, four fireplaces, a panelled library, two solariums and formal gardens extending to the lake. It has been the scene of many events in Polish history including the Solidarity movement and many elections in Warsaw.

The home was built in 1927 by Lawrence J. McGuinness, the well-known booze baron and distiller, who started a wholesale liquor business in Toronto in 1905. McGuinness, according to local historian Michael Harrison, made his money as a 'bootlegger and rum runner' who exported liquor into the U.S. during Prohibition from a home next door, at 2619 Lake Shore Blvd. W. "McGuinness was well-known in Toronto and was a personal friend of Ontario Premier Mitch Hepburn," wrote Harrison. "In 1938, he built a distillery and bottling plant in Mimico." He wrote that at the height of Prohibition, McGuinness



MIMICO'S LARGEST mansion.

and his partner Harry Hatch, controlled all traffic in liquor along the west-end of Lake Ontario. They became wealthy and McGuinness used some his profits to purchase property and build the huge mansion, now Consulate, at 2603 Lake Shore Blvd. W. McGuinness passed away in 1951, and the liquor company was taken over by his son Larry Jr., who ran the business until it was sold to Standard Brands in the 1970s, then Corby's in 1987 before being shut. Larry Jr., made a name for himself by competing on the Canadian Olympic equestrian team in the 1952 and 1956 Games. In 1973 he sold the distillery, then the mansion to the Polish Government in 1976.



SOME OF THE WHISKIES DISTILLED BY McGuinness to help fund his waterfront home.

years has occupied what is described as the 'largest home built on the Mimico waterfront' that sits behind a tall ornate iron fence that stops at Number 2603. The limestone 'English Tudor style' home was designed by leading architect John Wilson Siddall and originally had 21 rooms

By REJEAN CANTLON

The City of Toronto has reopened some sports amenities in its parks including sports fields, basketball, tennis courts and BMX or skate parks, but says team sports are still off limits and physical distancing must be maintained. In the last few weeks some 300 soccer fields, 600 tennis courts and 300 baseball diamonds and various picnic shelters have been allowed to reopen.

"Individuals are not permitted to play team sports, such as soccer or baseball, even on fields intended for this purpose unless they are members of the same household," City officials warn. Toronto Mayor John Tory said it is crucial people using the parks continue to distance themselves and be responsible. "We are relying on people to be personally responsible and to continue to keep their distance from others even in the parks," Tory admits.

All playgrounds, splash pads, greenhouses, nurseries, pools and all outdoor exercise equipment will remain closed until further notice.

Many area parks and pitches remain empty awaiting the activity of amateur sports teams. Lawn bowling lanes and bocce courts in some areas of the City will reopen soon. City officials will reassess the



YOUNGSTERS are missing their favourite sport at this time of the year.

situation on June 9 to see if and when sports will continue.

Many parents are thinking about what is going to happen next with respect to amateur sports as summer is here. Most organizations, including Baseball Ontario and Ontario Soccer pulled the plug on sporting activities in Mid-March with the arrival of the pandemic.

"Our plan is to try and run during July and August, all pending when the provincial authorities deem it is safe to do so," says Luca Torresan, President of the Etobicoke Minor Ball Hockey League (EMBHL). With most amateur sports being shuttered over the past few months, Torresan says "our priority is to make sure we can get back to playing when it is safe."

Many long-time amateur soccer, lacrosse and baseball teams say they're ready to go and awaiting for the parks to open.

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**JAN** Snow & Safety Check

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

● House Plant Appreciation Day

**FEB** Snow, Ice & Safety Check

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	

● Groundhog Day

**MAR** Clean Gutters & Windows

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

● International Women's Day

**APR** Spring Yard Cleanup

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

● April Fools Day

**MAY** Lawn & Power Wash House

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

● Mother's Day

**JUN** Lawn & Home Maintenance

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

● Father's Day

**JUL** Lawn, Weeds & Hedge

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

● Canada Day

**AUG** Lawn, Weeds & Hedge

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

● Left Handers Day

**SEP** Lawn & Home Maintenance

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

● Grandparent's Day

**OCT** Fall & Winter Prep

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

● International Day for the Elderly

**NOV** Yard Cleanup & Gutters

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

● Caregiver Appreciation Day

**DEC** Snow & Winter Maintenance

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

● National Fruitcake Day



Free lightbulbs & batteries with all seasonal plans.\*

\*1. You must be 60 yrs or older 2. \$19 a week plans include bi-weekly lawn maintenance for under 2,000 sq/ft lawn and unlimited snow removal for 2-car driveway. 3. 4-LED Bulbs and 4-AA Batteries are supplied as needed through the season.

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