

The South Etobicoke News

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Buy local. Live local.

Groups call for Shelter plans to be canned

By TOM GODFREY

Anxious New Toronto residents are hoping plans for a proposed homeless shelter at 2950 and 2970 Lake Shore Blvd. W., will be scrapped after public pressure forced the City to vacate two Midtown shelters.

The City says two temporary Broadway Ave. shelters, which served 150 people, would be vacated in early September. There had been a number of demonstrations by residents over their safety since the shelters moved in.

New Toronto residents say there has been no date set for residents to voice their concerns.

Community leaders say Councillor Mark Grimes has been silent on the issue and his office slow to return calls about the controversial shelter.

There has been no mention of the shelter, planned for Lake Shore Blvd. W., at Eighth St., in any of Grimes' weekly newsletters.



NEW TORONTO RESIDENTS ARE AWAITING public hearings into a proposed homeless shelter (centre) being opened in their area. Protests have led to the City vacating two temporary Midtown shelters. The matter goes back before City Council on September 30. Courtesy photos.

The public consultations is slated to take place this month likely as a conference call, due to the pandemic. The matter will then return to City Council on September 30 for a possible vote. A number of councillors have said they will vote yes for the New Toronto shelter. In the meantime, two websites have popped up for

residents to vote 'yes' or 'no' to the planned 100-bed shelter

The issue has touched many and as of August 31 there were about 1,000 votes for the shelter and about 1,200 against.

The Lakeshore Village BIA, and New Toronto Ratepayers Association, are against the location of the shelter claiming the area already houses 14 social service programs and it will negatively impact community safety and way of life due to the close proximity

to eight schools and daycare centres.

"We are not against the need for a shelter, we oppose the proposed shelter location in our community," warns Vashti King, a member of the Association.

"This battle with the City is not over," vows Lakeshore Village BIA Board Chair Chris Korwin Kuczynski.

Those for the shelter say it is better than having "tent cities" for the homeless in Etobicoke and want it supported by social service agencies.

Little Ryan laid to rest thanks to community

Boy's funeral due to kind, sharing residents

Young Ryan may be in a better place now.

A grateful newcomer family is thanking the community for their support and GoFundMe help to pay for the funeral of young Ryan Bhatrai, who was hit by a vehicle while crossing a busy street.

More than \$40,000 has been raised by area residents to help with the funeral of the 'happy' three-year-old, who was killed on August 11 while crossing The East Mall, just north of Burnhamthorpe Rd., with his sister and dad.

Both the father, 37, and Ryan's seven-year-old sister, were hospitalized but are expected to recover.



FAMILY SAYS THANKS TO A GENEROUS COMMUNITY that donated to a GoFundME page which helped with the burial of three-year-old Ryan Bhatrai, (above) who with his sister and dad, were hit by a motorist in the Burnhamthorpe Rd. and East Mall area. Courtesy photos.

A woman in her 80s, who was driving the car that hit the family, was also hospitalized. No charges have been laid.

A family friend said in the GoFundMe post that the family had only been in Canada for four years. It is believed they moved here from India.

"We are seeking assistance on behalf of this unfortunate family who just started

life four years ago in Canada with no high expectation but a happy family life and was not prepared for this tragedy," says organizer Sarad Ghimire.

"The most unfortunate father who lost his son was holding his hand at the time and is still in a traumatic condition," she wrote. "His mother is not able to convince herself that she no longer has her

baby and did not get a chance to say goodbye to her lovely son and is in the same traumatic condition as a father." She recalls Ryan always had "a smiling face and had just learnt how to speak and walk. His little feet have not travelled any long distance and has now come to a full stop."

"It was so heartbreaking ... I was shocked knowing the baby and the family is from our fraternity," sobbed donors Punya Sagar and Monika Marahatta. "May your budding soul rest in heaven, have a good rest with all angels around buddy. Good bye Ryan!"

"Rest in peace lovely shining star; our whole family's thought and prays goes to the bereaved family," grieved Jaya Ram Simkhada. "Stay strong, we all are with you."

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BRUNCH LUNCH DINNER DRINKS



Police honour WWII Veteran .. Page 3



Avro Lancaster may return to CNE .. Page 9

Police move on new body cams and anti-racism strategies for equity on the force

The first body cameras for Toronto Police were issued to officers in Rexdale and soon cops around the city will be wearing them.

Cameras will arrive in South Etobicoke for 22 and 11 Divisions beginning around October. A full rollout to all frontline officers is expected over the next year.

Toronto Police say officers will "turn on the body-worn camera prior to arriving at a call for service; when they start investigating an individual; or when they are asking a person questions for the purpose of collecting their information."

A police officer will turn off the body-worn camera when the call for service or investigation is complete or when the officer determines that continuous recording is no longer serving its intended purpose. The Toronto Police Services Board at its meeting on August 18 voted to move ahead with the camera technology, which will cost more than \$30 million.

"Body-worn cameras will be used to create trust and legitimacy between officers

and the public as we continue to modernize policing services," said Interim Chief James Ramer. "This technology provides an independent, bias-free account of our interactions."

The Board also approved a comprehensive policing reform package to address systemic racism and improve trust with communities.

The force plans to develop an alternative community safety response for new and existing models of community safety response, including mobile mental health and addiction crisis intervention.

They plan to expand the Mobile Crisis Intervention Program with existing community-based crisis services, including peer support and to meet current demands for mental health-related service calls.

The Board approved recommendations regarding the selection process for the new Chief of Police, mechanisms to make disciplinary proceedings under the Police Services Act more transparent and accessible.



POLICE IN SEADOOS PATROL THE HUMBER BAY area after complaints of people who are using their noisy Seadoos or jet skis to race and splash around, creating noise, scaring others and damaging the precious marine ecosphere of the area. Police are also targeting those setting off fireworks and starting bonfires along the lakefront where they say many people gather to drink alcohol and do not wear masks. **Photo by Rajesh Kutty.**

Police tips to keep your property safe

Toronto Police have issued some safety tips for area residents to reinforce their property to avoid thefts or break-ins if they are planning to travel.

Officers from 11 Division say residents may want to include more exterior lighting, consider updating their locks, optimizing their alarm system or video monitoring and reinforced entry points.

More people these days are also using online security devices from which they can view their home and possessions on their smart phone. These also have downfalls.

"You may want to remove overgrown bush or other structures to allow proper sight lines," police say.

Ensure someone can pick up your old newspapers, mail or flyers from your mailbox if you will not be at home.

If going away, police advise that you place a hold on your mail delivery and install timed lights for inside and out. Toronto police is at 416-808-2222 or file an online report at www.torontopolice.on.ca

TPS Human Rights Unit

Toronto Police say they are moving towards racial equality on the force in response to a second interim report by the Ontario Human Rights Commission (OHRC) released last month.

The Toronto Police Service and its Board say they have undertaken initial steps towards reform and is creating an Equity, Inclusion and Human Rights Unit staffed by 'subject-matter experts' for the implementation of best practices in human rights and supports training to officers. "It strives for the delivery of bias-free service

and offers guidance to service members to learn and practice diversity and inclusion," says an August 10 Toronto Police and Board response to the OHRC report.

Police say the Unit and staff funding were approved in May 2019.

The force also approved a Race-based Data Collection Policy Strategy for the promoting of equity, fairness and non-discriminatory police service delivery.

"The Service began collecting and analyzing race-based data with a focus on data related to use of force force," police say.



BUSY MEMBERS OF TORONTO POLICE MARINE UNIT take a break after making another rescue from Lake Ontario, this time a woman in crisis in the water. It was their 141st rescue this year. They patrol 460 square miles of water and has sub-stations at Bluffers Park, Center Island and Humber River. **Photo by KEVIN MASTERMAN.**



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Former Reeve Bev Lewis served as MPP from 1955 to 1967

Bowler Bev Lewis was former Reeve and MPP for our area



THEN COUNCILLOR BEV LEWIS (right) with Metro Chairman Fred Gardiner, whom the Expressway was named after. **File photo**

By TOM GODFREY

William Beverly 'Bev' Lewis loved bowling so much that at one time he owned a successful bowling alley.

The well-liked Lewis was a former MPP and Reeve of Etobicoke, who went from local politics to representing the area on Metro council. Lewis in his early life owned a popular bowling alley in New Toronto, around First St. His was one of the early alleys in the area. His daughter Beryl was well-loved in the community as she grew up to become one of Etobicoke's top swimmers. Lewis, who was born in Yorkshire, England, was elected Alderman in Etobicoke Township in 1951. He served as Reeve of the Township from 1953 to 1956. He was one of the last Reeves of the Township and went on to be one of the founding members of the then Metro Council from 1953 to 1956. Always a politician, Lewis retired to Orillia where he was elected reeve. He died in 1986 at the age of 80.

Lewis in his heyday in 1955 won the nomination as the provincial Progressive Conservatives candidate for the newly-created riding of Humber. At that time, it was possible to serve in more than one political office in Ontario. He was re-elected to the Legislature in 1959 and then again 1963. Lewis served as a backbencher in the Tory governments led by Premiers Leslie Frost and John Robarts. He was never made a minister of a portfolio. In his 12-years in the legislature he participated in various parliamentary committees dealing with energy and the environment. His daughter, swimmer Beryl Lewis Bevan, represented the University of Toronto for three years, during which time she was a member of the 1952 and 1953 championship teams. She was also an individual champion in 1953 and 1954.



CHAMPIONSHIP SWIMMER BERYL LEWIS BEVAN with husband George at swim club they started in Brampton.

Beryl had set a number of provincial, national and international records throughout the late 1940s and early 1950s. She held four provincial records, three Ontario and one Quebec; three Canadian records, including the 200-yard backstroke set in 1950; and four international records, including two state records set at the Michigan State Championships in 1949.

Vet honoured for marching 61 years in CNE Parade

It was a Warriors' Day Parade that Second World War Veteran Ed Stafford will never forget.



VET. Ed Stafford

This year would have marked Stafford's 61st-year of marching in the Annual August 21 CNE Warriors' Day Parade, which has been taking place for almost 100 years at the lakefront park. The parade was cancelled this year due to COVID-19. Next year will mark its 100th year anniversary at Exhibition Place.

Stafford was joined by friends, neighbours and officers from 22 Division, who made his day by taking him for a ride in a 1944 Ford Lynx 11 scout car, courtesy of the Ontario Military Vehicle Association. He served through the war and was later proudly with the Governor General's Horse Guards. "We congratulate Ed and wish him many more years of proudly marching in Warriors' Day parade," police wrote on social media. "We were honoured to be part of today's parade to honour Ed." This year there was a virtual Warriors' Day Parade for Vets and those serving to remember those who gave all.

The CNE says they look forward to celebrating the 100th Anniversary of the Warriors' Day Parade on August 21, 2021.

It is the longest-running veterans' parade in the free world and has been a part of the CNE since 1921.

There is also a petition online to encourage Canada Post and The Royal Canadian Mint to issue a commemorative stamp and coin to mark 100-years of the CNE honouring our veterans.



STAFFORD HAS MARCHED for six decades to remember those who lost their lives in battle. Below with Toronto Police officers.



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Goodyear was part of community for 70-years



IT WAS A SAD DAY IN NEW TORONTO in 1987 when the smokestack at Goodyear was brought down, signalling an end of an era for the families and community. Right is main Goodyear office.

It was 33 years ago last May when many of us gathered somberly to watch as the iconic Goodyear Tire and Rubber Plant chimney came crashing to the ground after 70-years as part of the New Toronto skyline. Dozens of residents and onlookers of all ages 'oohed' and 'aahed' as the solid brick structure fell to the ground with a thud within seconds of explosives being lit at its base.

The Goodyear plant was built in 1917 on a 23-acre site north of Lake Shore Blvd., between Ninth and Fourteenth Sts. A number of condos, apartment

buildings and townhouses now occupy the spot.

New Toronto Council at the time lured Goodyear to the site by promising an unlimited water supply.

The plant for many years made tires for cars, trucks, logging, farm vehicles and industrial uses.

By 1927, the U.S.-based company was manufacturing 50% of all the auto tires in Canada. For more than 60-years the firm was a leader in the tire industry.

It all changed in the 1980s after Goodyear ran into financial difficulty as part of a threatened



hostile takeover. Its U.S. executives as a result decided to close the New Toronto site because it had the lowest productivity level of all their plants.'

The local community and hundreds of workers were devastated when the plant closed on May 31, 1987 and was subsequently demolished.

Goodyear in its prime had three shifts and 1,300 employees, which increased to 2,800 during the Second World War.

The company was a good corporate citizen and had its own cafeteria, bowling alleys, police force, internal newspaper and baseball team.

Many New Toronto residents still have fond memories of the plant, which had its own musical band.

"My grandfather worked on the Goodyear Police force for over 20-years until he retired in the early 1960s," wrote Kate Latham on social media.

Great Lakes ale raising funds to empower Jean's girls

A well-known craft brewery has joined forces to help raise funds to empower young girls.

Great Lakes Brewery (GLB) in late August launched a new brew, Empowered, a 4.6% New England style Pale Ale, to help raise funds for the Jean Augustine Centre for Young Women's Empowerment (J.A.C.), on Portland St.

"The COVID pandemic dealt a devastating blow to community businesses, associations and charitable groups, of all shapes and stripes, and now is the time to support one another," says Peter Bulut,

the Owner and President of Great Lakes Brewery.

"It brings me great pleasure to share the details of our latest community-conscious beer - Empowered - with my dear friend, Jean Augustine and her terrific Centre." He says \$1 from each can purchased will be donated to J.A.C., which is committed to 'building the self-esteem and self-worth of young women and girls by positively influencing their outlook on life, broadening their horizon and helping them to empower themselves through programs, camps, workshops and events.'

"Jean has done so much for the South Etobicoke community, for so many years, helping improve the lives of Etobicoans through programs and policy, notes Bulut, adding when he found out the Centre was impacted "we immediately wanted to help out."

Emma Asiedu-Akrofi, Executive Director of J.A.C., says "proceeds from the sale of



Empowered will go to provide programs and services that foster the healthy development of girls and young women."

Empowered will be available for a limited time at the GLB online shop for free local home delivery, or curbside pickup. The 473-ml cans retail for \$3 each, 8 packs for \$24, 24 case for \$60. GLB is located at 30 Queen Elizabeth Blvd. It can be reached by email at info@greatlakesbeer.com or visit www.greatlakesbeer.com



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We live in the community and cover local news, amateur sports, business and civic life while honouring those who gave so much of themselves so we can have the lives we enjoy today.

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Local artist selected to create memorial sculpture to honour former slave Glover

Bell Box Mural artist Naz making beautiful street art

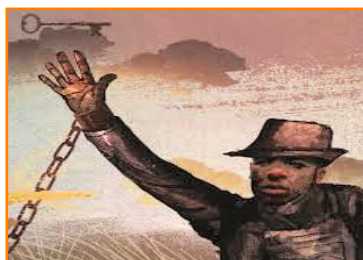


REXDALE ARTIST QUENTIN VerCETTY with photo of sculpture he will be creating to honour former slave Joshua Glover. **Courtesy of Global News.** Right: image of Glover as depicted by an artist.

Award-winning artist and educator Quentin VerCetty has been selected to design a memorial sculpture of escaped U.S. slave Joshua Glover, who fell in love with Etobicoke and was adopted by residents. VerCetty, who is originally from Rexdale, was introduced by Mayor John Tory following a selection process at Montgomery's Inn on August 13. "His (Glover's) story, both here and in the United States, helped to propel the abolitionist movement," Tory said. Glover escaped slavery in St. Louis, Missouri, in 1852, and eventually ended up in Racine, Wisconsin. In 1854, he was recaptured and taken to a Milwaukee

jail. Thousands of residents protested at the jail, releasing Glover. Through the Underground Railroad, he made his way to a boat that brought him to Ontario. He eventually settled in the Lambton Mills area of Etobicoke, working for Thomas Montgomery, the owner of Montgomery's Inn. VerCetty said he is pleased to be selected for the meaningful and high-profile project. "I was once told that a successful art piece is an art piece that contains a bit of the artist's soul in it," he said. "People thought I made that story up and it was interesting because they always asked me, 'Where's the proof? Where are these stories in our history books?'"

His bust shows the top half of Glover's body with a cyborg-like right arm with shackles and on Glover's left side he can be seen wearing a suit and holding books close to his chest. VerCetty is a multidisciplinary visual storyteller and arts educator who is currently working on his Masters Degree in Art Education at Concordia University with a focus on teaching Afrofuturism in underserved communities. His art has been featured in numer-



ous media outlets and publications in Japan, Haiti, Peru, Ghana, Australia, United Arab Emirates and France. "Most of my work is done off research. Either my life or something I was exposed to and wanted to learn more about," said VerCetty. "It's not about making money; it's about making connections through this opportunity." Glover's was selected for recognition by the Etobicoke Historical Society. His bust will be displayed in a park named after him in the Dundas St. W., and Royal York Rd. area.

Emerging artist and illustrator Nazli 'Naz' Nahidi loves painting contemporary works including Bell Box Murals and other street-type art. Nahidi was among more than a dozen visual artists painting a Bell Box Mural in Etobicoke.. "Her work is emotionally charged and in part echoes the visceral effects of emotions as well as personifies feelings,"



BELL BOX MURAL ARTIST 'NAZ' in front of one of her works. **Courtesy photo.**

her website says. "She explores themes of connection, disassociation, closeness, fear and being." The 2020 Etobicoke Lakeshore Bell Box Murals ran from August 10 to 23, during which visual artists painted 16 boxes in the Long Branch and Alderwood areas. Since 2009, artists from the Murals Project have painted over 350 murals on Bell Canada outdoor utility boxes in 36 communities throughout To-

ronto, Southern Ontario and Quebec. The Iranian-born artist has painted two large outdoor murals in Don Mills and assisted on the maintenance of the Mural Routes Connections mural on Don Mills Rd. She also last year painted a digital for the Fringe Festival's temporary patio, Postscript. For two weeks Naz worked on painting a box at Thirty Second Street. Check out more of her work at <https://www.naznahidi.com/> and Instagram: @nznahidi The Bell Box Murals are a partnership between Ward 3 Councillor Mark Grimes, City of Toronto, Lakeshore Arts, and Community Matters Toronto. Some other Bell Mural artists include: Marley Allen-Ash, Heidi Berton, Talie Shalmon, GETSO, Jieun June Kim, Gosia Komorski, Daniela Rocha, Laura Smith, Camila Wong, Katika Marzell, Linh Thai, Andre Kan, Yasaman Mehrsa, Andrea Rodriguez and Melika Saeda.

Lakeshore Village BIA



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Plans underway to update Cloverdale Mall to add more homes, stores and shopping for more people

The dated Cloverdale Mall, which our parents loved, is being updated, expanded and brought back to life. B.C. developer QuadReal Property Group, which also owns the Campbell's Soup property in New Toronto, has released details of a 'multi-building, mixed-use development' to take the place on the sprawling shopping centre near Highway 427 and Dundas St. W. The developer of the 12-hectare site has applied to the City of Toronto for an Official Plan Amendment (OPA) and Zoning Bylaw Amendments (ZBA).

The company dedicated space in the mall's 'Cloverdale Common,' for community activities and public information about the proposal. It has had three open houses over a 16-month



ARTIST CONCEPT OF updated Cloverdale Mall.

period for residents to offer input into the massive project.

The mall will be upgraded with a number of condo towers offering a whopping 334,000 square metres of living space between 4,050 units, with green space interspersed in between them, along with a food market building and community centre. The residential structures range from between 24 and 48 storeys, and will feature a new "retail main street" that will have

storefronts and cafes at ground level. There will be six-storey podiums that help form a street wall along a new retail-lined road running through the property. The main street and proposed 'Cloverdale Square' will serve as a retail heart of the community. It will have an increased retail space of 26,000 square metres and offer even more residences in low-and mid-rise buildings.

The developer says about 40 percent of the units would be designated as family-sized layouts.

There will be about 10 residential towers and a separate rezoning application has been submitted for 2 East Mall Cres., to demolish a gas station and Beer Store, which will be replaced by a 27-storey residential tower and a six-storey mid-rise atop a connected base building.

Que Rock brings First Nation art to our community

Nipissing First Nation-born artist Que Rock is a traditional Anishnawbe graffiti artist.

And Lakeshore Arts was fortunate to have him as an artist facilitator at their Home Summer Camp last month.

"I take interactions of my daily life, the city I live in and my Anishnawbe culture," Rock says. "I use it as a challenge for me to try out new styles and incorporate new subject matter." His love of nature and animals is 'prominent through my work because of its deep meaning and connection to life.'

"I aspire for my artistic evolution to form a distinct look and feeling," says the artist. "I call my style, 'making the woodlands dance.'" Rock says he started life learning about his cultures' teachings, approaching and ceremonies through visual healing art forms.

"Painting, dancing, leatherwork and story-telling were taught through traditional Ojibway and Odawa ways," Rock notes. "My mentors encouraged me to be creative and to not let anything go to waste with what I share in art." He points out that his work has matured from quick pieces into large street art projects and canvas work.

His goal is to portray the teachings of his ancestors, sacred geometry and shapes in all my art forms.

"I love travelling and I love to paint and have people enjoy my work," the artist says.



QUE ROCK

OBITUARY

Betty was an avid Leafs fan and volunteer

Betty Wilson was an avid Toronto Maple Leafs fan and 40-year volunteer at Queen-sway General Hospital. The long-time Alderwood resident passed in her 93rd



BETTY WILSON

year after a brief illness, her family said.

Betty was a lover of life who was proud of her 40-year pin for volunteerism at the Queensway Health Centre, as the hospital is now called.

Betty and her sister spent many hours at Bingo and they both often won. She continued playing at West Park Healthcare Centre and shared her winnings with

her new friends. Her hobbies included doing puzzles, knitting and crocheting.

She is pre-deceased by her husband Hugh, her sister Dorothy, and brothers Jim, George, John, Bob and Herbert. She will be greatly missed by her children Brian, Becky (Dan) and Gary (Joy), her grandchildren Brent (Catherine) Melissa (Dale), Brenna, Amy

(Landon) and Matthew, and her great-grandchildren Kyla, Shaelynn, Liam and Alyssa.

The family would like to thank the staff at West Park for all the wonderful care during her stay.

The most important part of her life was her family!

A private family gathering will take place, and a Celebration of Life will be scheduled for a future date.

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Residents against Campbell's **Monika's trip from street sign to top local healer and gardener**



SOME MIMICO RESIDENTS SAY THEY ARE AGAINST THE redevelopment of the 12-hectare Campbell's Soup lands because it will bring more dust, truck traffic and other woes into their residential streets. The matter is before City Council.

A campaign has been launched to rally against the redevelopment of the Campbell's Soup lands.

Many Mimico residents are now reading the fine print and are fuming mad at the redevelopment of the historic site. Residents are against the development of the huge property, claiming it will drastically increase noise, dust, truck traffic, affect their lifestyle and place area-residents and cyclists at risk.

The campaign was launched by a group called Residents Before Developers, who are circulating online Mimico Development Alert notices, which they say are being sent to area politicians.

So far more than 400 of the letters have been signed by area residents to voice their concerns. The plan "calls for the site to house three warehouses with 86 loading bays, comprising a 'last

mile distribution centre, which is essentially a hub from which large retailers fulfill online orders, operating 24-hours-daily, seven days a week," the group warns.

They say the massive proposal is only subject to approval by City of Toronto planning staff.

"No public consultations will be held prior to a decision being made, despite significant public impact," their letter states, adding that Councillors can request to "bump up" review of the project to Toronto City Council.

The work calls for four driveways accessing the site, a new entrance and the widening of Dwight Ave., and for 285 new parking spaces.

"Increased traffic poses significant increased risks for pedestrians and cyclists," they noted. "Heavy trucks arriving and departing and idling all day and night also presents an air-quality concern."

They claim the developer's "transportation impact study" assumes there will be minimal impact on the community, but their study was conducted last February when pedestrian and bicycle traffic was low.

The matter is before City Council and the alert can be accessed at <https://act.newmode.net/>. The Campbell's plant, on Birmingham St., operated from 1931 to 2018 and was at one time the area's largest employer and vegetable purchaser.

New Toronto's Monika Meulman says a sign on a telephone pole 25-years ago changed her life forever. She studied hard and passed a Reflexology course and today is one of the community's top healers and gardener.

The owner of The Healing Muse Apothecary, at 2861 LakeShore Blvd. W., is skilled in the arts of aromatherapy, body reading, feng shui, intuitive healing, reflexology and reiki.

"All our products are plant based," Meulman says of her store. Her cozy store is filled with shelves containing bottles of different natural creams and lotions known for their healing properties.

"Our naturopathic medicines are good for the mind and body," she says. "It's all plant based and more people are using them."

She is also chair of the Lakeshore Environmental Garden Society (LEGS), which promotes food security and educate the public on permaculture, organic and urban safe food growing practices. They build community strength by offering free plants and nature, wildlife restoration and park clean-ups.

They bring programs and wildlife gardens to schools in our communi-



MONIKA IS REMINDING GARDENERS to email a photo of their favourite item grown in their gardens to win a Sweet Olenka gift.

ty and meet with youth, seniors, and local community groups to develop a strong web of programs, workshops, and information. LEGS is hosting a contest that anyone can enter the first week of October.

It is asking people growing things indoors and outdoors to submit up to three photos of their most interesting fruit, vegetable or plant. A panel will judge to see who wins a Sweet Olenka's Chocolate package. The top 50 photos will be posted online. Send photos to www.legsetobicoke.ca.



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Delicious Waffle Houses tempting and worth a try



FORMER MONTREALER MARCUS SOUMH says area residents have taken a liking to his Lucky's Chicken N' Waffles. Photo by TOM GODFREY

The chicken is tasty and good, so is the poutine, which we tried, and must say is thick and cheesy with tasty curds, which they say comes from Quebec.

They have a number of poutines available including the Yardbird poutine, Classic poutine, veggie poutine. And their Chicken and Waffles, for \$19, comes with three buttermilk fried chicken drums on a waffle with Lucky's maple sauce and maple syrup.

The eatery had a soft opening on August 1 and Soumh says so far it has been very encouraging for him and his staff. It did take them a long time to find the location they wanted.

"I have travelled a lot and eaten from a number of chicken waffle places," he explains. "I know that people liked it so I thought why not."

Originally from Montreal, he says area residents have warmed up to his style of poulet. "The community has been great and the people awesome," Soumh says. "Most of the people are very supportive and want to try our food."

Even other restaurants nearby, like Kitchen on the Sixth have tweeted about the tastiness of Lucky's chicken wings and other dishes. "The food is great and I have told other people to eat there," says Nima. Lucky's Chicken N' Waffles is located at 2977 Lake Shore Blvd. W. Phone 416-252-9779.



Many Long Branch residents are welcoming a new bright-yellow Waffle House restaurant that recently opened its doors in the area.

More residents are discovering the tasty waffles and assorted dishes and are checking out the 3426 Lake Shore Blvd. W., waffle house, near Thirtieth St.

"The people are friendly and have welcomed us to the area," says Jan Arthor, who with daughter, Tessah Munroe, own the place. "It took us a year to find the place and we love it here."



JAN ARTHOR, WITH DAUGHTER, TESSAH MUNROE, own The Waffle House, which is gaining fans.



The venue is bright, clean and has been fully renovated. It has a number of seats for indoor dining.

"Our waffles are full of flavour and taste," says Arthor, who brought the recipe from her native Bahamas. "Our aim is to bring good, tasteful food to the neighbourhood."

Some of the waffle flavours include; jalapeno, pizza, double chocolate, vegetarian,

shrimp or lobster.

Other flavours are confetti, cake, red velvet, cinnamon, guava and strawberry.

There are other dishes available; as cracked lobster, cracked shrimp, Halal chicken, lobster and shrimp waffle bowls. They also sell chicken wings, waffle cheese burger, Philly cheese steak and cracked chicken waffle burger. The Waffle House can be reached at 647-679-7464 or by email thewafflehouse.ca@gmail.com.



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Health and Wellness

By ADRIANNE SZABO-PAYNE

Back-to-school can be an extra stressful time of year, even under the most ideal circumstances. Now throw a pandemic into the mix, along with a whole lot of uncertainty, and suddenly last year's back-to-school days seem like a long-lost dream. For parents who are opting to keep the kids at home, for online learning, your concerns about them bringing COVID or other nasty illnesses home from school may be reduced. However, maintaining good social contact with their friends and peers is vital to their mental and physical well-being. For parents sending their kids back into the classroom, there may be new concerns to contend with, and some extra preparation must be accounted for. Does your child have enough masks to last the day, and are the masks comfortable enough to wear throughout the day? Should you send hand sanitizer and disinfectant wipes to school? What about lunch time and recess? Will your child comply with proper social distancing requirements to keep them and your family safe? Whether you kids are learning from home or going back into the classroom, the reality is their immune systems will need extra support to get through these trying times. There are a few things you can do to set your child up for a successful school year that hopefully includes fewer trips to the doctor, fewer days in bed sick for them and your entire family, and less stress overall. To build on last month's article on the benefits of adaptogens, here are a few

adaptogenic plants that can help the body better regulate itself when faced with adverse conditions that may come from being back in the school environment.

Ashwagandha - calms the nervous system, reduces inflammation, has antioxidant and anti-tumour properties, balances the immune system, and is rejuvenating

Ginseng (American, Asian, Siberian, or the three combined) is immune boosting, antidiabetic, anticancer, and boosts memory and focus

Rhodiola - helps relieve depression and anxiety, enhances mental clarity and focus, and boosts energy

Holy Basil (Tulsi) - protects against different kinds of stress like environmental toxins, noise and cold weather, is antimicrobial, improves memory and mental function, and helps to normalize blood sugar, blood pressure and blood cholesterol.

There are many other adaptogenic plants out there to choose from. Incorporating just a few of these amazing herbals into the daily routine, along with a whole food diet rich in colourful vegetables and healthy protein and fats, and daily physical exercise of at least 20 minutes a day, can greatly improve the health and wellness of your child and entire family. We wish you good health and a successful school year.

Namaste.

Reach Adrienne @monkeytreefitness on Facebook; #monkeytreefitnesswellness on Instagram or www.monkeytreewellness.com



Money Matters

By RATTAN GANDHI

The colour of the leaves begins to turn and the days are becoming shorter and cooler, a sign that summer is approaching its conclusion and that it is time to start preparing for your 2020 Tax Return.

Covid has brought about some major changes to individuals and families daily living and these changes may potentially impact tax filing for the year 2020 and beyond.

Working from home, you may feel the need for a larger accommodation. Here is where an RRSP can assist greatly. Contribute as much as you can (within your contribution limit) and then use your RRSP funds, via the Home Buyer's Plan to use towards a down payment and get a tax relief in the year of the contribution.

Covid has also created havoc in some specific industries and many are in a position where they must enhance their skills and/or education, to reach the position or income desired. Here too, an RRSP maybe the answer. Contribute and then use the RRSP for the Lifelong Learning Program and get a Tax Relief in the year of the contribution.

In some households Covid has increased the savings due to reduced living expenses. Set aside these monies for the future in the form of contributions to an RRSP and/or TFSA.

If you are working from home, get your employer to provide you with a T2200 (Condition of Employment form.) Use the form within the constraints for your 2020 Tax Filing. One will need to accumulate all the documentation namely, rent/mortgage interest or utilities.

Self-employed, commissioned employees and commission agents should start preparing and collecting receipts. This group of people have the most to gain and yet in my experience tend to be rather carefree in regard to record keeping.

Here is a list of expenses that may be covered and need to be kept for record keeping.

-Automobile: includes lease payments, gasoline, repairs and maintenance, parking, 407, car washes, insurance and interest payments.

- Home office: Mortgage interest/ rent, utilities, property taxes (commission agents only) and repairs and maintenance.

Rattan Gandhi is owner of Quick Re-fund Tax, 133 Sixth St. His opinions stem from 15 years of experience in helping clients in the tax area. If you have questions, he can be reached at 905-616-5253 or rattangandhi@gmail.com.

Loyal fans of the Avro Lancaster bomber that sat at Exhibition Place for 34-years can't wait until it is restored for a final flyover

By DAVE KOSONIC

The Lancaster bomber that was prominently displayed near the waterfront of Toronto's Coronation Park for 34-years may once again take to the skies after a meticulous restoration is completed in B.C. The "Lanc," as it was dubbed, was a heavy bomber and a popular draw for adults and school children from 1965 to 1999, when it was displayed near the grounds of the Canadian National Exhibition. The roar of its four powerful engines may even be heard again if it makes some tribute flights over Toronto in the future. But whether it will fly again remains up in the air.

Known as 'Bomber FM104', it was one of 430 Avro Lancasters assembled at the Malton Victory Aircraft factory during the Second World War. After being flown to England in 1945 the aircraft was not used for missions because it arrived near the end of the war.

Later the FM104 returned to Canada and was utilized by the Royal Canadian Air Force for maritime patrols and search-and-rescue missions until being retired in 1964.

After decades of uncertainty, the 'Lanc' has found a home at a not-for-profit British Columbia Aviation Museum, where it has been since 2018.

Only 17 Avro Lancaster bombers in complete form remain in the world. Eight of these are in Canada making this aircraft a piece of Canadian aviation history.

The restoration of this aircraft to airworthy flying condition could take another decade at an estimated cost of \$10 million, according to those involved in the project.

Upon the completion, this Lancaster will join the only other two others still flying today, including one in Hamilton and another in England.

Bruce Horne, a member of the B.C. museum, says the hope is to get the aircraft back in the skies again.

Some of the restoration funding is being supported by the government and private donations. The technical aspects of the project are being handled by skilled volunteers who are in the process of inspecting the aircraft's 55,000 components and parts. Any missing pieces will be re-created to the exact specifications.

The FM104 was housed at the Canadian Space and Air Museum in Downsview Park until that facility closed. It was stored in a hangar at the Edenvale Aerodrome, near Barrie, at a cost of \$25,000 a year because Toronto had no storage space available.

Despite some valiant efforts to keep the Lancaster here, Toronto City Council decided to donate the iconic aircraft to the museum, providing that the facility covered the \$80,000 shipping costs. According to official Bomber Command statistics, a total of 7,377 Lancasters were built at various locations during the Second World War and nearly 4,000 of them were shot down or lost in battle.



THE LANCASTER FM104 IS STILL POPULAR TODAY and featured a long, unobstructed bomb bay which meant it could take the largest bombs and was one of the most heavily-used of the Second World War night bombers. The 'Lanc' that sat on a pedestal on the grounds of the Ex is now being restored at a B.C. Museum, whose members hope to make a flyover at Toronto one day.



Looking after yourself and others in the community

GOOD FOOD MARKET OPEN EVERY WEDNESDAY from 4 p.m. to 6:30 p.m. in Lakeshore Village Park. Get fresh fruits and vegetables at affordable prices. The Gardens Lakeshore is hosting several workshops Harvesting 101, Contact

christianaz@lampchc.org

JEAN AUGUSTINE CENTRE FOOD TO TABLE PROJECT for young women in the area experiencing food insecurity due to COVID-19. You can qualify for a monthly \$50 gift card. Registration opens the first Monday of the month and you will be notified of pick up date. Program runs until December. Email the Centre at info@jeanaugustinecentre.ca or visit them at jeanaugustinecentre.ca

HAVEN ON THE QUEENSWAY HAS SHUT MOST of its programs and services due to COVID 19 but will continue to serve its food bank users by appointment and pick-up at their 1533 The Queensway office. Call 416-640-2005 to make arrangements to access the Haven food bank,

MOST PROGRAMS AT STOREFRONT HUMBER, at 2445 Lake Shore Blvd. W., are cancelled with

only essential services, like personal care, support or respite provided. For more call them at 416-259-4207 or visit sfh@storefronthumber.ca

SENIORS CLASS FINDING PEACE IN CHORES sign up for September 17 Zoom talk taking place at Stonegate Community Health Centre or via Stonegate at 10 a.m. For more info call 416-231-7070 ext. 239. The Centre is located at 10 Neighbourhood Lane, Unit 201.

SEPT. 14 - 15 TWO DAY FOODIE EVENT at Cloverdale Mall from 11 a.m. to 7 p.m. Rain or shine at the North parking lot. Free event with lots of food trucks, celebrity chefs **Rob Gentile, Grant van Gameren, Cory Vitiello** and **Shahir Massoud**. Lots for the kids and aspiring chefs to do. Visit for more info: <http://bit.ly/RELISHTheFoodieEvent2019>

SEPT. 17, LAMP COMMUNITY HEALTH Centre's 43rd Virtual Annual General meeting at 7 p.m. On Zoom. "Stronger Together" Partnerships and Collaborations Lowering

The Risk Together to Reduce COVID-19 spread. Achieving community health and well-being together. To register for the virtual AGM link call 416-252-6471 by Sept. 14 at 5 p.m.

SEPT. 19 LAMP AND Stonegate CHC hosts a Virtual Bike Maintenance Clinic, with Repair Cafe, at 10:30 a.m. on Zoom. Learn how to properly inflate your tires, fix your chain, brake and more. To register call 416-231-7070 ext. 307.

SEPT. 19 PUBLIC PARK PICNIC from 5 p.m. to 7 p.m. at Col. Samuel Smith Park, Mask required and social distancing. Get some fresh air and meet your neighbours.

SEPT. 28 ETOBICOKE CAMERA CLUB presents virtual session with photographer Joe Desjardins as he presents *Crazy About Wildlife Photography*. Tickets \$10 for non-members through eventbrite.ca - purchase tickets from the ECC Facebook page: <https://www.facebook.com/etobcc>. For the full fall schedule or to join the club go to <http://etobicokecameraclub.org>.

EMERGENCY FOOD TAKE OUT MEALS continues to be offered Monday through Saturday from 9:30 am to 11:30 am through LAMP's adult drop-in program. Group programs are closed. Located at 185 Fifth St.

SEPTEMBER AT LAMP IS GREAT to boost your wellness journey with another free wellness series to get you through these uncertain times.

There will be four Zoom workshops on breath work, strengthening moves, meditations and encouragement. Wellness specialist **Mary Craig** has been working in the mental health field for more than 20 years and is a certified instructor in Yoga and Qigong. Mary will help with your wellness needs. Call LAMP to register at 416-252-6471.

SEPTEMBER 6 LABOUR CARAVAN AND FOOD DRIVE to help migrant farm workers in Leamington farms who are affected by COVID-19. Seeking non-perishable food items. Sponsored by PSAC Toronto Racially Visible Committee. To donate mail rvctoronto@gmail.com



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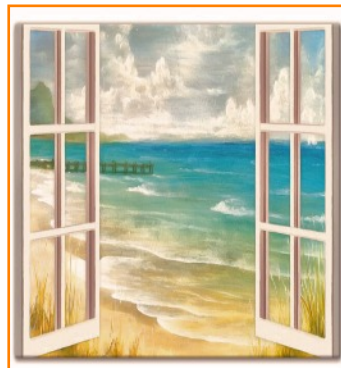
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Exec hiring questioned at 'Arts

By TOM GODFREY

The Board of Directors for Lakeshore Arts is being accused of skirting around their anti-Black equity policies in the recent hiring of an executive director.

The well-known arts program, in an open letter on social media, said they are engaging in an external consultant 'who specializes in anti-oppression and anti-racism training.'

"This is the first of many steps that will need to be taken to help identify and eliminate white supremacy within Lakeshore Arts," stated the August 31 letter signed off by the program's Board of Directors. It all began after an urgent August 18 letter from Nattassia Morris, a former Operations Manager at Lakeshore Arts (LSA), that was signed by six other Black artists.

They claim the recent executive director's position, which was vacant, was obtained by Ashley Watson, who is white, despite the program's anti-black and reform policies that was

put in place last June, in which staff committed to look at other nationalities for jobs and opportunities. "We will work to ensure



WATSON's HIRING is being questioned.

that racialized people attain leadership positions in our organization not only part time, temporary or entry level positions," Morris wrote.

She complained that Watson had previously held other positions on the Board and was staff at Lakeshore Arts.

"Your placement of Watson, another white woman, as the new leader of LSA was a violent action towards the Black communities that support you," the letter stated. "It is for this

reason that I as a former member of LSA management team and a Black woman (along with other artists) simply cannot remain silent."

She wrote "the culture of silence equates to complicity, and it has created a dangerous and toxic environment for Black artists, community and non-profit workers."

"Your placement of Ashley at the helm of your organization is rooted in white supremacist culture," the letter charged. "It is a vicious cycle that we have seen repeated ad nauseam."

They accused the Arts program of harbouring racism.

"Just as anti-Black racism has been an insidious, so too your organization actively evaluate and confront how you have maintained systemic racism and oppression," the group said. The Board said there is a "need to confront and dismantle white supremacy in our organization."



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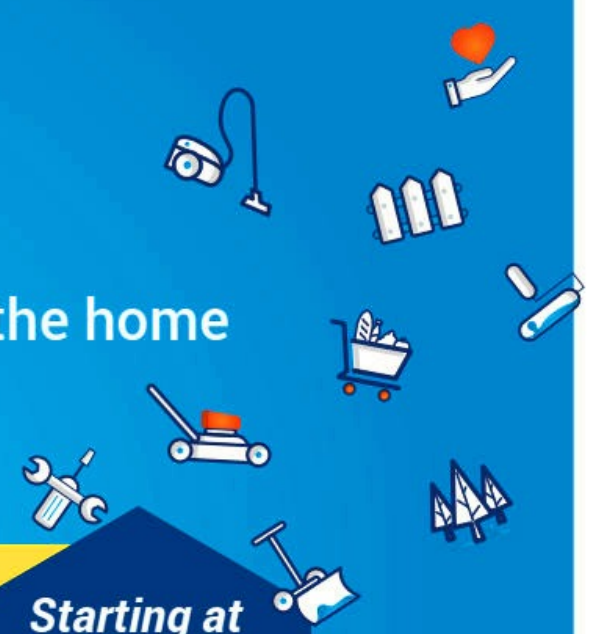
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JAN Snow & Safety Check

Mo	Tu	We	Th	Fr	Sa	Su
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● House Plant Appreciation Day

FEB Snow, Ice & Safety Check

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● Groundhog Day

MAR Clean Gutters & Windows

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● International Women's Day

APR Spring Yard Cleanup

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● April Fools Day

MAY Lawn & Power Wash House

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● Mother's Day

JUN Lawn & Home Maintenance

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● Father's Day

JUL Lawn, Weeds & Hedge

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● Canada Day

AUG Lawn, Weeds & Hedge

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● Left Handers Day

SEP Lawn & Home Maintenance

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● Grandparent's Day

OCT Fall & Winter Prep

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● International Day for the Elderly

NOV Yard Cleanup & Gutters

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30	31					

● Caregiver Appreciation Day

DEC Snow & Winter Maintenance

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22	23	24	25	26	27	28
29	30	31				

● National Fruitcake Day



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*1. You must be 60 yrs or older 2. \$19 a week plans include bi-weekly lawn maintenance for under 2,000 sq/ft lawn and unlimited snow removal for 2-car driveway. 3. 4-LED Bulbs and 4-AA Batteries are supplied as needed through the season.

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