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Number 36 **Email:** thesouthetobicokenews@gmail.com

Virus wind down as businesses tackle losses

Businesses hope to recoup losses with COVID protocols being lifted but sorry Santa lovers, there will be no physical parades this year.

The 31st annual Lakeshore Santa Claus Parade is on hold and 116year-old Toronto Santa Parade 4 for kids eager to see Rudolph or the Jolly Old man.

"In light of ever-changing restrictions in place, we will continue to follow government regulations and recommendations to keep the health and safety a priority," organizers of the popular Lakeshore parade said on their website. Ontario plans to lift all remaining public health



FIGHTING COVID-19 HAS BEEN CHALLENGING and many people cannot wait until March when will be held virtually on December most of the virus protocols are phased out. Scenes from virus tracing, (left) mask price gouging (middle) and now near the pandemic finish line. Staff and courtesy photos.

measures including proof of vaccination and mask requirements indoors by March, just four months away. The province last month lifted capacity limits in settings where proof of vaccination is required like restaurants, indoor sports facilities and gyms, casinos, bingo halls and indoor meeting and event spaces. Places of worship, and personal care like barbershops and salons can do away with capacity limits if they require proof of vaccination.

Many small businesses welcome the phase out of virus protocols so they can earn enough during the Christmas holidays to recoup some of their losses. On November 15, there are plans to lift limits in higher-risk settings where proof of vaccination is required, including nightclubs, wedding receptions, strip clubs, sex clubs and bathhouses.

By January 17 the plan is to lift capacity limits in places where proof of vaccination is not required. At the same time, proof of vaccine requirements may also be lifted for restaurants, bars and sports facilities.

By February 7, proof of vaccine will be gone and March 28 is freedom day with all health protocols lifted.

Community celebrates lives of virus victims

Mothers, fathers, sisters and brothers were among the dozens of area residents who were lost by their loved ones to COVID-19 and remembered at a community gathering at St. Margaret Anglican Church in New Toronto. The surviving family members gathered on the lawn of the Sixth Street church to reminisce, pray or neighbours lost from the pandemic. Many did not get to attend memorials for those who passed since only a handful of mourners were allowed in funeral homes or churches. "There are many other community members who died that we do not know about yet," said Rev. Jacqueline Daley, of St. Margaret. "They will be missed by their loved ones and friends."

She said her church lost members of their congregation to the pandemic.



and pay tribute to about 65 friends HEALING IN THE COMMUNITY as a remembrance gathering was held at St. Margaret Anglican Church to pay tribute to 65 residents who passed away from COVID-19 issues. Rev. Jacqueline Daley (left) and faith leaders read the names of the dead as ribbons were left in their honour (right). Photos by Tom Godfrey.

"We have navigated quite a year, one that has robbed us of many things but most dearly our loved ones," Daley told mourners.

The gathering was held on October 23 at the church, which is more than a century old. It was organized by The Dorothy Ley Hospice, Lakeshore Arts, LAMP, St.Margaret and Ridley Funeral Home.

Candles were lit by a number of area faith leaders as the names of the deceased were read aloud during the hour-long gathering.

Dipti Purbhoo, of Dorothy Ley Hospice, said her staff helps residents 'with their grieving and loss.' "We see an increase of people coming in to see us. There is more of a demand now for grief and loss," Purbhoo said.

Indigenous singers and drummers Page and Sara (in center photo) sang tunes about loss and going home. Heather Medhurst, a spiritual advisor at Lakeshore Lodge, told mourners it is never 'too late to grieve.'

"There are so many things that we have lost this year," she said. "It is never too late to mourn your loss."

Indigenous activist Julie Penasse told residents that the bodies of more than 7,600 Native children

have been discovered in shallow graves across Canada.

"These kids do not have a name," she admitted. "They were buried by the dozens in unmarked graves. Nobody know who they are."

There was a moment of silence and ribbons were tied to a fence to remember the deceased. If you know of others who died from the virus contact Rev. Daley at 647-766-7794.



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Man arrested for mischief and causing fake fire alarms in the Humber Bay area



SUSPECT faces eight counts of mischief and making false fire alarms in Humber Bay area condos. **Police photos**.

A suspect sought by Toronto Police has been arrested and charged with eight counts of making false fire alarms and eight counts of mischief that allegedly took place in the Humber Bay area. Police accused the suspect of committing as many as 10 Break and Enters in the last 14 months in the Lake Shore Blvd. W., and Parklawn Road area. Police in a news release said the crimes occurred from August 6, 2020 to October 15, 2021.

Detectives allege the man, who often roamed the area topless, broke into a commercial building by smashing a window.

"Once inside he caused extensive damage to the building and personal property," according to police. "He turned the water on flooding a unit overnight." The suspect entered a number of highrise condo buildings committing crimes, officers said, adding the accused caused major damage to some of the units.

He also reportedly pulled the fire alarm when there was no emergency. There was a rash of false fire alarms in condos in the area several months ago. Investigators believe the same man is responsible for the incidents.

Milton Garcia-Perez, 41, of no fixed address, has been charged with break and enter, eight counts of mischief under \$5,000, eight counts of false fire alarm and mischief over \$5,000. He is before the courts.

Anyone with information is asked to contact police at 416-808-2200, Crime Stoppers anonymously at 416-222-TIPS (8477), or online www.tips.com

SUSPECT allegedly trashed condos and commercial buildings causing damage.

have been arrested in connection with a tragic crash that killed one person and hospitalized another near Burhamthorpe Road and Shaver Avenue North. Toronto Police said the men were

Two Toronto men

nue North.TWO PEOPLE were arrested in this terrible
crash that killed one person and injured
another near Burnhamthorpe Road.

ent days in connection with the fatal accident. Investigators say last October 15, a Gold Pontiac Montana van and a black sedan were travelling westbound on Burnhamthorpe Road at a high rate of speed when the van collided with a Honda CRV

Two in jail for fatal crash that

hospitalized another driver



TRAFFIC OFFICERS searching for clues.

dead at the scene.

The driver of the van was taken to hospital with non-life threatening injuries.

Shabiri Tull, 23, has been charged with dangerous operation of a conveyance causing death.

He will appear in court on December 2.

Samir Shams, 50, was charged with one count of dangerous operations of a conveyance causing death. He will appear in a Toronto court on December 9.

Anyone with information is asked to contact police at 416-808-1900, Crime Stoppers anonymously at 416-222-TIPS (8477).

Where to find your Poppy and services

You can now get your Poppy at the Long Branch

November 2021



Legion, Branch 101, at 3850 Lake Shore Blvd. W.

From now until Wednesday November 10, you can stop by the Legion's patio to pick up a Poppy, and other related articles, with all proceeds going to the Poppy Fund. Here are some Remembrance Day ceremonies taking place in our community on November 11. Sunrise service at 7 a.m. at the New Toronto Monument at Colonel Samuel Smith Park, near Kipling Ave. and Lake Shore Blvd. W.

There are 11 a.m. ceremonies also taking place at the Royal Canadian Legion Branch 101, at 3850 Lake Shore Blvd. W., just west of Brown's Line. There is another 11 a.m. service at the Royal Canadian Legion, Branch 643, at 110 Jutland Rd., near Islington Ave.

And a fourth taking place at 11 a.m. at the Etobicoke Civic Centre, 399 West Mall.

COVID-19 rules in place.



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He also served on York's Board of Control after the

Boddington was named to the Order of Canada in 1977.

The feisty veteran was again in the news in 2014, more

It turned out that the former Town of Weston mayoral

chain was missing for a number of years. Workers no-

ticed that the display case hold the chain had disap-

town was amalgamated with the City of Toronto.

than three decades after he passed.

3

grit Canadian war hero Boddingto true



Royal Canadian Air Force pilot and former Town of Weston Mayor Charles Wesley Boddington was a true Canadian war hero.

Boddington was born in Weston in 1921 and died in 1984 at the young age of 63. He is buried at Sanctuary Park Cemetery, on Royal York Road.

The Toronto native served in World War II, in which he lost an arm and leg when a bomber he was flying was hit by gunfire and 'exploded'

over Dusseldorf, Germany. He spent the rest of the war in a German Prisoner of War

(POW) camp.

Military records show that Flight Lieut. Boddingtown and a crew from 426 (Thunderbird) Squadron were shot down as they flew a Halifax bomber over Germany in November 1944. They had taken off from a military base in Linton-on-Ouse, near Yorkshire, England. RAF records state



BODDINGTON family photograph.



Dr. George Vouronikos

that "a Thunderbird crew captained by F/L C. W. Boddington also went missing."

"Four of this latter crew were made prisoners of war," according to the

military, which added Boddington was injured from the blast, which set a section of the plane on fire. Three crewmembers were killed. Boddington and his col-

leagues spent more than a year at a camp. Life at some POW camps

were dreadful. There was limited rations, clothing or medicine for ailments. The POWs lived in constant fear. On his arrival back home in Weston in 1947, Boddington carried on with his loss of limbs. He managed to establish and operate a motor vehicle licensing bureau, which he ran until his death.

With much to offer and money in his pocket, he dabbled in politics and ran as a Progressive Conservative in the riding of York West in the 1968 federal election. He placed third.

Undeterred, he ran again in 1969 for the position of Mayor of York, in a tough race, in which he was defeated by Philip White. He ran a third time and was elected Mayor of Weston, before it was swallowed up by York.



C.W. BODDINGTON was flying a Halifax bomber like this when he was shot down over Germany and placed in a POW camp. Military photos.

didn't end up stolen orplaced in a dusty ar-

peared.

After much

investigating, it turned

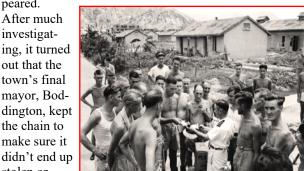
out that the

town's final

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CONDITIONS were hard in POW camps

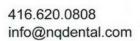
chives when York became part of Weston.

There were as many as 9,000 Canadian soldiers, airmen, navy sailors and merchant seamen who were captured by the enemy and held as POWs during the Second World War. Many were held in miserable conditions in some of the worst prisons.

One the worst atrocities committed against Canadians occurred after the D-Day invasion in June 1944, when as many as 156 Canadian soldiers were executed by their German captors after being taken prisoner.



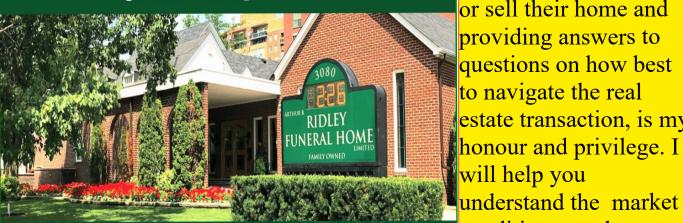




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WILSON was among 12 troops in Canso aircraft like this that crashed in Newfoundland in 1943.Below is Ottawa

Memorial where her name is inscribed. Military photos.

Her name is inscribed on the Ottawa Memorial com-

memorating members of the Air Forces of the British

Commonwealth who lost their lives.

Paying tribute to Section Officer Irene Watson

By TOM GODFREY



SECTION Officer Irene Wilson

stenographer-reporter for The New Toronto (South Etobicoke) Advertiser, one of Ontario's largest weekly newspaper at the time.

She lived on Eighth Street and worked as a clerk at Silvert's Shop before enlisting in February 1942 and requested to work in an administrative role. Watson was born in England and lived in New Toronto with her family for 19 years. She attended New Toronto Public School and excelled at Mimico High School.. She was the president of the Members' Council, YWCA in Toronto from 1941-1942 and was described 'as a conscientious, keen and a progressive officer.' The RCAF said: "Watson has special qualifications training and aptitude for recruiting and doing valuable missionary work. In interests of recruiting, strongly recommend reconsideration of posting."

Lakeshore Airwoman **Believed Killed In Crash**

Section Officer Irene Watson One of First Airwomen in Canada Reported Missing TORONTO, Nov. 10 - Section Officer

It is 78 years this

month since the

tragic death of

New Toronto's Irene Watson,

who enlisted in the Royal Canadian Air

Force and would

first airwomen

Watson was a

Globe and Mail

reported missing

and killed in action.

correspondent and a

become one of the

Watson received a noteworthy commendation from Brigadier General John B. Brooks, of the U.S. Army, for organizing and presenting a show, songs and stories for stranded passengers. Section Officer Watson was serving in Newfoundland as part of #116 Bomber Reconnaissance Squadron during her last days. She and 11

others were flying in a Canso aircraft when the pilot attempted to land in bad weather and little visibility. Tragically, they crashed nose-first on a lake in Newfoundland. The plane sank right away and only five people aboard survived.

Watson was 26 when she was killed on November 8, 1943. She had been in the RCAF for just 21 months. She is believed to one of the first airwomen in Canada to be reported missing and killed in active service. Sadly, she was declared dead but her body was never recovered.



been killed in a crash on Poor he had been stationed in New-dland. Born in England. Sec-Olficer Watson had lived in da for 19 years. She is the first oman from the district reported reader.

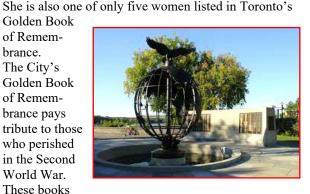
Golden Book of Remembrance pays tribute to those who perished in the Second World War. These books

Golden Book

of Remem-

The City's

brance.



contain the names of service people from Toronto who paid the ultimate sacrifice. The book was officially dedicated by the City on December 28, 1947 and contains the names of servicemen and servicewomen from Toronto who gave their lives between 1939 and 1945. Watson left behind two sisters and two brothers. One was Sgt.-Maj. David Watson, of the Tank Corps.



in the world on the

blackboard while

watched in awe.

Young later as-

sumed a posting as

an area superinten-

dent and he played

an important role in

developing the Eto-

He was a strong but

also humble man

who did not 'ad-

vertise' his service

bicoke School of

the Arts.

his students

Honouring educator and veteran Murray Young

By DAVE KOSONIC

Today the community pays tribute to a longtime educator and veteran who helped to shape the lives of generations of students.

Murray Macgillivary Young was deeply committed to education in Etobicoke for 31 years and also served our country for five years during World War



War veteran and principal of

Silverthorn Collegiate. File photos.

II including overseas as a bomber navigator.

He was born in Regina in 1921. and passed away peacefully in his sleep at his Port Credit residence at the age of 99 on June 2, 2020.

Young was the founding principal of Silverthorn Collegiate Institute, located on Mill Road near Burnhamthorpe Road, which opened in 1964.

He proudly served with the Etobicoke Board of Education for 31 years helping thousands of students.

Young had recruited about 24 very experienced teachers from numerous other secondary schools operated by the then Etobicoke Board of Education.

The late Stan Hamner was one of his staff members, who was a geography teacher. From memory he could rapidly draw an accurate outline map of any country



nadian Air Force

saw action in the night skies as a navigator on bombers operated by the Royal Air Force (RAF). The later educator served in the RAF during the Second World War for five years, including overseas as a navigator with 525 Squadron.

According to military records the bomber navigators, including Young, played a crucial role in keeping the other aircrew members as safe as possible by pin pointing exactly where their aircraft were in relation to the enemy targets to be bombed.

After the war ended Young graduated from McGill University, in Montreal, with an Honors degree in History. After that he completed his teacher training after graduating from the Ontario College of Education in Toronto. He joined the Etobicoke Board as a classroom high school teacher.

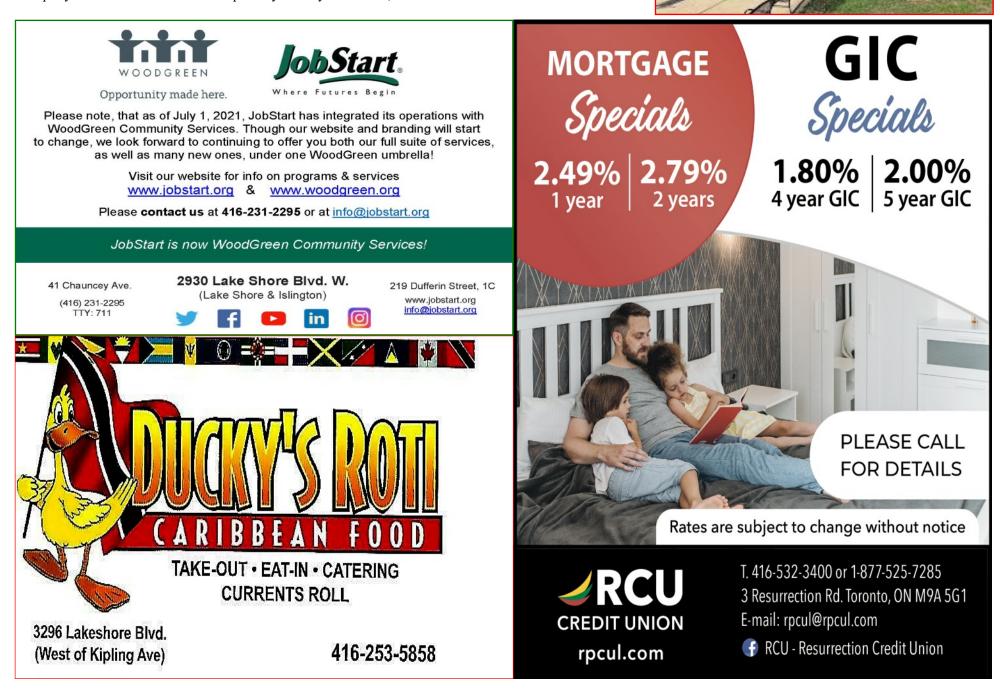
During his retirement, he was an active member of the First United Church, where he helped out for 50 years. He and his wife Connie also did a lot of travelling which included spending winters as snowbirds in San Destin, Florida.



YOUNG (center) served with the RAF 525 Squadron (top) before his life of educating young people at Silverthorn Collegiate Institute (bottom), Courtesy photos.

His friends said the couple had a long and happy retirement in which they travelled across Canada and overseas to visit their children and grandchildren. Young served on the Board of Directors of Learning Unlimited, and was active in Probus, a retiree social club. Because of his valiant military service, Young received a prestigious award in 2018 when he was awarded the rank Knight of the French National Order of Honour for aiding in the Liberation of France in 1944.





with the Royal Ca-(RCAF). He also

5

Degrassi High's 'Wheels' tragic life gone but not forgotten by his hometown fans



NEIL HOPE: gone far too young.

6

Many fans are devastated to learn the loss of Lakeshore teen star Neil Hope, best known as Derek "Wheels" Wheeler of the TV series Degrassi Junior High, who grew up in the Long Branch area. Hope, who once lived on Twenty Third Street, would have been 49 years old last September, but he died in 2007. His death was only discovered earlier this year. For millions, Neil Hope was "Wheels" a lovable, troubled onscreen teen with feathered blond hair and huge glasses. Hope played Wheeler on the teen drama series Degrassi Junior High and Degrassi High from 1987 to 1991. Previously, he had portrayed the character Griff in the series The Kids of Degrassi Street from 1985 to 1986.

Hope was confirmed dead 14-years-ago and very few knew of his death. He passed after reprising his role for two episodes of *Degrassi: The Next Generation*. The troubled star was private, transient and kept to himself. He suffered bouts of substance abuse. Hope would often watch television with his father and siblings for dinner, which led him to develop an interest in the behind-the-scenes aspects of TV production. He took a television training course at the Etobicoke School of the

Arts. Hope made his acting debut in the Kids of Degrassi Street episode Martin Meets The Pirates. He said television had been an escape from his problems, and being involved in the medium would make that escape a reality. Hope was the child of alcoholics and was vocal about his own struggles with drinking. He discussed his parents' alcoholism in an episode of the documentary series Degrassi Talks.

He also made a documentary about children of alcoholic parents, called The



Haines. Hope's father died in 1987 from cirrhosis of the liver. Police have confirmed that Hope was found dead on Nov. 25, 2007 in a Hamilton rooming house. That shocking revelation was made known to friends and family only this year.

From the original The Kids of Degrassi Street in 1979 to the still-aired Degrassi: The Next Generation, the series is one of



Keanu Reeves a global star after

being kicked out of local arts school

KEANU REEVES was raised in Toronto and began his career at the CBC (bottom).

Toronto-raised celebrity Keanu Reeves joins 10 prominent Canadians being inducted into Canada's Walk of Fame next month.

Reeves, a top star who is said to be one of the most genuine actors in Hollywood, grew up in Toronto's Yorkville area. He struggled in school and attended four different high schools, including a private school and Etobicoke School of the Arts, from which he was expelled.

Darker Side, which featured contributions The actor, whose name means cool breeze from his co-stars Bill Parrott and Rebecca in Hawaiian, said he was expelled because he was "just a little too rambunctious and shot my mouth off once too often."

He is among fellow actor Graham Greene, retired Lt.-Gen. Romeo Dallaire, musician Bruce Cockburn, singer Jully Black, the late blues artist Salome Bey, Bret (The Hitman) Hart and Olympic decathlon champ Damien Warner being memorialized in Canada's Walk of Fame, on Simcoe Street, on December 4.

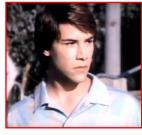
Reeves is a proud Canadian citizen, who was born in Beirut, where his mother, Patricia Taylor, a British costume designer

Reeves. He and his sister were raised by a single mom in Sydney, Australia, and New York City before settling in Toronto at about the age of seven.

He was a good hockey player and for a while wanted to turn professional. The actor was a goalie for De La Salle Catholic College and was once voted the most valuable player.

One of Reeves' first professional gigs was working as a correspondent on the Canadian Broadcasting Corporation (CBC) TV youth program

Going Great,. His acting roles picked up after moving to Hollywood in 1986, with the teen crime drama "River's Edge' in 1986 and



"Permanent Record," where he played the best friend of a teen who commits suicide. His big break came in 1989, with Bill & Ted's Excellent Adventure, fresh off a role in period drama "Dangerous Liaisons." His credits include the surf-driven crime thriller "Point Break" in 1991 to Gus Van Sant's critically acclaimed Indie drama "My Own Private Idaho."

"The Matrix," a 1999 sci-fi action film is arguably one of his most iconic movies. Directed by the Wachowskis, the film tells the story of a computer hacker enlisted to take down dystopian overlords.

While spin-off films weren't as successful, "The Matrix" franchise made Reeves a household name and a very rich man, who is known for his generosity.

Today and always, we remember. Lest we forget.





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Canada's prime television success stories. It developed a cult following, was picked up in the U.S. and is now watched the and performer, met his father, Samuel world over.

Area a hub for pricey sports and luxury cars



WORK HAS BEGUN on a new BMW dealership (top and bottom right) at 440 Evans Avenue. The state-of-the art facility is expected to create about 100 jobs and will help revitalize the area. Photos courtesy of BMW Canada.

Construction is

underway at

a new BMW

dealership in

slated to open

next year is a



A MERCEDES-BENZ Canada new-concept dealership at 1629-1633 The Queensway is expected to open next year on a six-acre site. It will have three showrooms and 37 bays. Photo courtesy Mercedes-Benz Canada.

South Etobicoke is becoming a booming west-end hub for expensive sports and luxury vehicles as BMW Canada joins Mercedes-Benz in establishing dealerships in the community.



CONSTRUCTION crews clear land on Evans Avenue for construction of new BMW dealership.

huge Mercedes-Benz complex at The Queensway and The East Mall.

The family-owned Policaro Group plans to open a massive two-storey 74,000-square-foot, state-of-theart BMW Canada dealership late next year on Evans Avenue, just west of Kipling Ave. The company broke ground on the project last September. The site contained

industrial buildings that were demolished by workers.

"As an organization, we are constantly evolving to meet our customers' current and future needs," Francesco Policaro, CEO of Policaro Group, said in a release. "BMW

Etobicoke will embody this commitment and we are eager to welcome our new community." He said the dealership will create more than 100 new jobs, offer bike storage, green space, and a range of options for mobility to BMW customers.

than 40 years ago has grown into an automotive retail group that continually challenges the existing ways of doing business, said Policaro. The company has eight businesses, including luxury automotive brands across Southern Ontario.

The Policaro Group was established in 1979 by brothers Basil, Tony, and Paul Policaro.

They immigrated to Canada with their parents from Southern Italy in the early 1960s, hoping to create a better opportunity. They worked their way up the automotive world until starting their own company. Next year they plan to expand their dealership franchises

> Also expanding is Mercedes-Benz Canada's 'first new-concept dealership in North America.' The state-ofthe-art dealership, which is expected to be completed next year, will be two-storeys high, occupy 111,000square-feet and sit on a six-acre site at 1629-1633 The Queensway, near The East Mall.

It will have three showrooms, 37 service bays and at least 22 electric vehicle charging stations. "We're thrilled to be expanding our footprint at this location and can't wait to welcome in new and existing customers for a truly first class brand experience," said Mercedes-Benz Canada president Brian Fulton. The company, which employs about 1,200 people in 14 locations across Canada, sold 49,758 vehicles in 2018 and has been a top luxury auto manufacturer in Canada for five years.

with the addition of Porsche Centre Kitchener-Waterloo and Porsche Centre Niagara.

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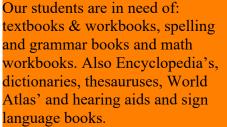
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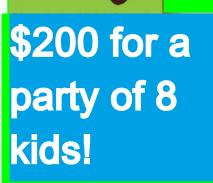
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November 2021

Chef Oyy makes simple Thai street food 'extraordinary'



CHEF OYY (left) and friend Kai with tasty all natural Thai cooked meals, which people love.



Thai chef Oyy Tiwaporn loves food and always dreamed of opening her own restaurant.

Oyy believes that ordinary Thai food can be extraordinary and her Thammada Thai Cuisine, at 2888 Lake Shore Blvd. W., near Sixth Street, is receiving rave reviews. Thammada, which means simple, is one of the newer eateries in New Toronto, and residents seem to love its delicious 'home-cooking style' cuisine. "All our dishes are natural and

we cook our food on the spot," says Oyy. "Our food is just like

your mom's cooking at home."

She learned about spices and preparing traditional dishes from watching her mother and grandmother cook as a child in Thailand.

Oyy moved to Canada almost 30 years ago and began working on her dream. She loves Etobicoke and lives with her family in the Humber Bay area. Thammada is her second restaurant. She also owns Simply Thai, popular with High Park area residents at 2253 Bloor Street W., which has won several awards for its food and services.

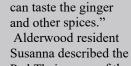
"Thammada is a different restaurant because we bring home-style cooking to you," she explains. "Here you can create your own menu and like street food we cook on the spot."

Oyy says "as ordinary as Thai street food may seem, it always amazes us with extraordinary flavours and brings so much joy to the table."

She has the phrase 'Be Extraordinary' lit in neon lights inside the restaurant to remind customers of her cooking. The restaurant is clean, cozy and comfortable. A licence to sell alcohol is being obtained.

"Our name Thammada may mean 'simple" but our food is quite extraordinary," Oyy says. "All our food is cooked with passion and love,"

Area business owner Lydia is a lunch time regular. "They are nice people and the food is all fresh and very tasty," Lydia says. "The food is authentic and you





A WARM, ELEGANT and tranquil atmosphere welcomes customers to Thammada. Some more of their dishes (bottom left).

Pad Thai as one of the better Thai dishes she has had in a long time. "The food is very tasty and cooked in genuine Thai style with lots of spices," she says. "I would go back and recommend this place to my friends."

Also available are all your Thai favourites as such, Khao Soi, Pad Se Ew, with flat big rice noodles, egg and Chinese broccoli, which is a foodie favourite. The restaurant has received hundreds of

received nundreds of reviews which are mostly in the 4.5 out of five range. You can order by phoning 647-398-2978 or

www.thammada.onli ne



THAMMADA Thai Cuisine serves delicious food. Here's Chef Oyy (right) with Kai and Petch (middle) with some homemade hot meals ready for customers. The restaurant prides itself on its home-made dishes. **Photos by Tom Godfrey.**



416-988-3425 mike@realestatelove.ca



*Not intended to solicit those already under contract Dylan Fieldhouse Sales Representative Michael Majeski Broker of Record

Tasty Japanese style loaves at Tatsu's Bread in Long Branch



TATSU's JUNKO (left) with employee Maut show off some of their handmade, natural breads. Photo by Tom Godfrey.

Bread, glorious bread!

Master Baker Tatsunobu Sato and his wife, Junko, have been supplying some of the healthiest and freshest breads to residents of our community for more than 15 years.

Tatsu is in the kitchen every morning at 2 a.m., so his customers can have fresh traditional Japanese style breads before they get to work.

Trained in Tokyo and in Kensington Market, Tatsu Sato provides a top quality blend of Western and Japanese cultures for the community at affordable prices. Together with Junko, and polite employees, Sato has been living his passion since 2006 at his Tatsu's Bread, at 3180 Lake Shore Blvd. W., near Kipling Avenue. The



couple settled in New Toronto after moving from Japan many years ago. They purchased a home, grew up their children here, and still live in the same area.

"All our bread is made by hand from natural ingredients," savs Junko, "We make our bread fresh every day." She explains their loaves are made with passion and love and do not contain chemical or artificial flavouring.

"People come from all over

for our bread," she says. "We make about 15 types of Japanese traditional bread." The shop often showcases musicians from Humber College's Music program and features artwork by Humber students and community artists on its walls. The family believes in giving back to the community and often donate to local charities. "This community has been good to us over the years," Junko insists. The bakery sells lots of fresh pastries, desserts and sandwiches behind the counter. Their breads range from sourdough, egg. rye and raisin to whole wheat, muesli and walnut, and you can get them whole or half-loaf. The much-loved sourdough takes about four days to prepare. The favourites are Spelt bread, Japanese milk bread or shokupan, which is wellloved for its fluffy soft texture and slight sweetness. You can reach Tatsu's Bread at 416-253-5557 or visit them at tatsusbread.ca

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Lakeshore Village BIA



Lest We Forget







Christmas Tree Decorating REMEMBRANCE DAY **Contest - for Lakeshore** New Toronto Monument, Col. Samuel Smith Park. Village Businesses

Deadline Friday December Legion, Branch 101, 3850 3. Win 1st, 2nd or 3rd prizes for best decorated trees in planters.

CEREMONIES: - 7 a.m. -11 a.m. Royal Canadian Lake Shore Blvd. W. 11 a.m. Royal Canadian Legion, Branch 643, 110 Jutland Rd., Etobicoke Civic Centre, 399 The West Mall.

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10

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November 2021

Changes in January to toughen Condo Act



CONDO residents will have their own tribunal to resolve issues and conflicts starting next year. **File photos.**

Some condo owners say it was just a matter of time. The Ontario government has introduced new changes to the Condominium Act including an expansion of the jurisdiction of the Condominium Authority Tribunal (CAT), the province's virtual tribunal that helps resolve condo-related disputes.

Starting on January 1 the CAT will have the authority to handle disputes involving nuisances, annoyances, and

disruptions. Specifically, prescribed nuisances under the Condominium Act will now include "unreasonable" instances of noise, odour, light, vibrations, smoke and vapour.

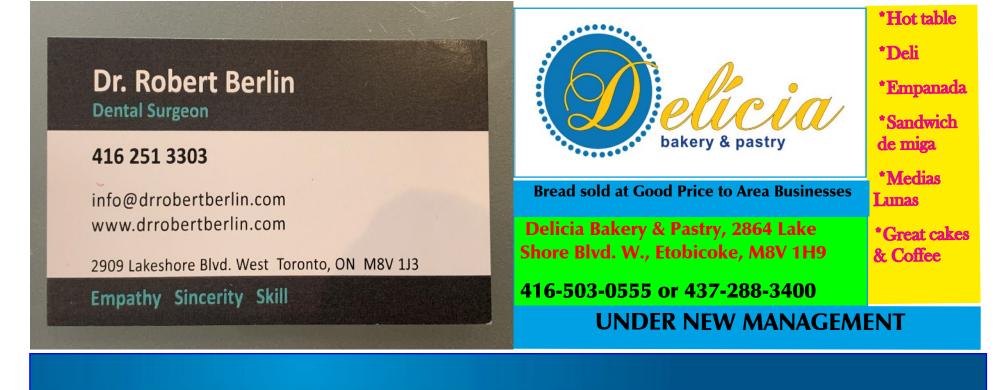
Previously, these issues were dealt with through expensive mediation, arbitration, or the courts, leading to costly and time-consuming proceedings. Under the current rules, landlords and condo owners often have to foot the bill for these disputes. The new system will provide a faster and more cost-effective dispute resolution mechanism for condo owners and their tenants. The expanded ju-

risdiction of the CAT will not have a direct impact on eviction proceedings, as those issues are still governed by the Landlord and Tenant Board. Applications for condominium-related disputes can be found on CAT's online portal and dispute resolution services are offered at a total cost of \$200. The Condominium Authority of Ontario (CAO), which represents 1.6 million condo dwellers, has called on Ontario Housing Minister to conduct public



UPCOMING CONDO Act will include possible violations of noise, odour, light, vibrations, smoke and vapour.

consultations to expand its jurisdiction and add other types of disputes that can be resolved by CAT. No date has been set for hearings. For more information visit the CAO's website at: www.condoauthorityontario.ca.





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Community

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November 2021

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In The Community By TOM GODFREY

It is about time and most merchants are pleased.

Many small store owners like those in Lake Shore Village, Long Branch and elsewhere say the financial hit suffered by their businesses has already been done and they are hoping for a good Christmas season to help stem the losses from 18 months of COVID-19 closures and staff reductions.

Starting this month all capacity limits have been lifted from bars, gyms and some other places for patrons, once they have a certificate of proof of vaccination. Premier Doug Ford said that the phasing out of public health measures will end by next March, with the masks gone by mid January.

The Premier's plan calls for an end to mandatory proof-of-vaccination as of January 17 for restaurants, bars, bingo halls, casinos and gyms and the lifting of mandatory indoor masking mandates by March.

By November 15, capacity limits will be lifted in nightclubs, wedding hall spaces with dancing, strip clubs, bathhouses and sex clubs.

And by March 28, all public health measures end, including mandatory face coverings in public and remaining mandatory proof of vaccination orders.

Many of us have been so used to carrying masks, ordering takeout, staying away from huge crowds and no handshaking, that it will be a hard for us to break the COVID-19 rules. I can see the use of masks staying with us for years to come.

The suffering and loss of friends has also brought out more empathy and compassion in area residents and people seem to care a bit more for their friends and neighbours. We will not miss the boring daily press conferences by Ford and medical health experts who for months have worked so hard to bring us updates and remind us how great we are doing in battling the virus.

Let us not forget the bars, gyms, restaurants, salons and other businesses which have been hurting financially for more than a year. Still today, owners say their facilities are struggling as people are staying at home as do not want to show, or have obtain, proof of vaccination certificates.

Ontario health officials maintain the provincial COVID-19 daily caseload is low and stable so a new approach is warranted to acknowledge people's sacrifices.

The lifting of limits, off course, had nothing to do with Ford weeks ago lifting capacity limits to which hockey arenas, baseball and soccer fields can jam thousands of fans inside without masks sitting six inches apart.

There was such a surge of outrage from residents, small business owners and others that the Ontario government was forced to do something.

Small business owners, which are the mainstay of most communities, claim they were sold down the river by the Premier, who first looked after his rich corporate friends, rather than working people trying to get by.

Area restaurant and bar owners point out that business fell 50% with the introduction of the vaccine certificates to enter businesses.

"People just stopped coming in," one restaurant owner lamented. "People are still staying at home and don't want to show their vaccine documents."

Some owners say they've stopped asking to see the vaccine certificates since it leads to disputes and confrontations with customers.

We all cannot wait until March, when all these pandemic restrictions just fade away and we can return to our new norm and back to our regular lives.

Tom Godfrey is Publisher of The South Etobicoke News, who lives in the community. He was a reporter at the Toronto Sun for many years before deciding to use his skills to work in community journalism.



Jean Augustine Centre Legacy Corner

The Jean Augustine Centre for Young Women's Empowerment (JAC) is a South Etobicoke Charity that runs programming for young women and girls ages 7-17. JAC also runs a variety of Community Programs to support the South Etobicoke Community.

The Jean Augustine Centre Legacy Campaign

What is the Legacy Campaign?

The Jean Augustine Centre Legacy Campaign has a goal of raising \$100,000 to support programming for young women and girls, ages 7-17.

Through her leadership as an educator, advocate and politician, the Hon. Dr. Jean Augustine has made it her mission to help young women and girls empower themselves. Over her expansive career, Hon. Dr. Augustine has impacted the lives of thousands of future leaders.

Why contribute to the campaign?

Through your support of the Jean Augustine Centre Legacy Campaign, you will ensure that our charity can continue to provide after-school programs, workshops, and camps for young women and girls throughout the Greater Toronto Area and the rest of Canada.

WAYS TO SUPPORT

1.Share our fundraiser with your networks 2.Donate via our website jeanaugustinecentre.ca or by cheque

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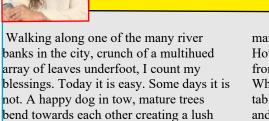


Your Views

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Your Health **By MONIKA MEULMAN**



dedicate this month to being thankful. I look to the morning light and embrace the healing light of gratefulness. Thirty days of gratefulness. I also acknowledge the dark side. What leads us to being grateful? Often, at least for me, it is a time of stress, a time of great difficulty. I find the need to be most grateful when feeling I have failed or when I have been sick. It is in my darkest days that I remember to go the light side: remember the healing of being grateful for what I have. I try to remember daily what I embrace, what I allow, what to forgive, what to smile about.

full canopy in this golden fall.

'm encouraging you to check in with yourself - listen to your heart. What does your heart and body tell you right now? Is your heart happy with you? Is your body happy with you? If not, why not? What are you lacking, if anything?

When you take time to check in you will recognize that you're doing OK as a human. Maybe today you are not a superstar. But let us begin with: today I am OK. Most of us are doing really really OK. We may be tired or a bit congested. Allergies anyone? Maybe we don't sleep as well or eat as well as we could. Majority of these times: it's our choice. For that choice, I am so grateful. I can choose how much or how little I get to sleep most days. I can choose most of the foods, if not all the foods, I eat. That is truly a personal blessing. You too have complete choice about how well you eat, how well you sleep and how well you move your body. These three choices are the pillars of health.

November is a gentle 'sleeper' easy on the senses month. There's almost a soothing, calming hum to the month before the frenzy of the December holidays approaches. It's also not too cold and not too hot. Food is abundant. This November, I invite you to take stock of your life.

Have a look and see the abundance of resources in your life. Explore them. Enjoy them. Write them down: list them. Sometimes we lose track and we think we are being short changed or we don't have enough. And I urge you to reconsider. Take a look at some of the following. How many spices are in your pantry? Or how

many apps are on your smart phone? How many pairs of shoes do you choose from every day? Is it more than one? When I glance over at our dining room table and see more than one pepper grinder and a handful of extra reading glasses lying about, I know I am blessed. Around the corner, in the hallway, I have more than one scarf to choose from to match my outfit. Our room of life contains countless plants. None of these things were purchased because we have an abundance of cash. Some were gifts, some were shared by family or friends or gardeners and some were bought secondhand. The many vibrant, rich layers in our lives are often taken for granted. Let us embrace the comfort and ease they bring into our lives.

Let us remember not just Remembrance Day, but also that we are fortunate to be so full of life. Sometimes we forget. What we're actually stressed out about or struggling with is having too much in our life. Consider some of the most common diseases in our society: diabetes, heart disease, Alzheimer's or strokes. Science is showing us with greater detail every year, or not enough sleep, or too many sedentary activities, not enough exercise that promote the development of the most common diseases. Please excuse the blanket statement here, for I simply wish to bring focus, your attention, to what is possibly our greatest modern demise: too much of things and not enough of people ... Allowing more interaction with friends, family, pets, wildlife or plants supports our well being, promotes sharing time AND sharing resources. When we live well, we embrace live, fully. Thankfully.

So what is the first step? Recognize what is off-balance in your life.

Then, begin to restoring balance by looking at what you have in abundance. Write it down. At least once every week this the things that fill up your life. If you notice some are not so wonderful, you will see them written in black-and-white on paper. Staring back at you. Once you concretely look at what is plenti-

ful in your life, it is much easier for you to create a plan of action. Monika Meulman, Founder & Owner - The Healing Muse Apothecary

2859 Lake Shore Blvd. W., Phone 416-347-5449 @healingmuse www.healingmuse.com



From the Bench

By Retired JUDGE LLOYD BUDZINSKI

Choosing the right words is important. It's not simply political correctness; rather its showing respect for fellow humans, removing biases and forming clear pictures to both sides of what we mean. The wrong word or action, even with good intentions, can trigger wrong images and emotions.

Some words have a false or a corrupt history that we have forgotten over the years, like 'Indian,' 'Redskin' or 'Squaw.' Even 'chairman' generates a male only leadership image. A Judge represents a collection of cultures, races, genders, and such must be aware of language and history. Indians were never from India. The words tend towards generalizations, false images and beliefs or references to difficult histories. It denigrates a segment of our country.

There are some words that send confusing messages. 'It's My Body' is interesting. It appeals to anti-vaxxers but not pro-choicers. The anti-maskers and vaxxers speak of freedom. But the requirement is not about individual rights; rather, it's about their freedom to kill others, by spreading the disease. We over-react to 'Defund the Police,' it's designed to draw attention and not solely to eliminate police services. Many see it as a need to re-adjust their role for our modern society. Some words we need to avoid because of an evil history such as slavery, or b_tch as a dehumanizing term. Yet, sometime we need to relax and see a wider explanation for their use – simply to provoke debate.

As a Judge, I was aware of the need to avoid even an appearance of bias in my comments. I had to be trusted as objective. However, I too unintentionally could err. There was a case involving a young Nigerian man charged with Immigration Fraud. It was alleged he was escorting a young mother and using false papers for her to gain entrance to Canada. For \$20,000 certain crime syndicates would offer these personal that more often than not it's too much food services. At the airport's Customs he was found carrying the woman's false papers. His defense was that he met her on the plane, saw her with a baby and wanted to help. In summing up the defense, to make sure I understood it, I said "What you are trying to tell me is that you were acting as a 'White Knight." I immediately realized the alternative image I had created. Black is bad and white is good. My words took me back to my childhood of cowboys and tales of black knights, the good guys in white and the bad in ones in black. I quickly apologized. Judges must understand they represent the voice of all people equally, Black, White, Brown etc. without any words that may be conceived as bias.

In dealing with words or even actions, it is very easy to generate mixed feelings even when not intended. I too, have experienced this unintentional reverse messaging. Occasionally, on public transit some younger person, usually a woman, offers me their seat. Now I don't see myself as an old stumbling man; rather, my self-image is a grey-haired gentleman looking a frisky 50 with a bit of backache and lines of wisdom. Actuality, without my glasses I look much younger in the mirror. The wrinkles disappear. I appreciate the offer of a seat and the persons thoughts yet I feel inwardly offended especially if the person appears older than I see myself I find it challenging If I say no thank you, I have likely embarrassed their kindness. If I accept, I effect my self-image. There is no answer here. What I am saying to those who attack politimonth of November, sit and write down all cal correctness is that sometime we must understand and not over-react. At the same time there are words that are totally inappropriate considering their history or purpose.

> Judge Lloyd Budzinski retired after 28 years and was a former Crown Attorney, Defence Counsel and Ontario's Assistant Deputy Minister of Criminal Law. He was Chief Prosecutor in the trial of ex-RCMP officer Patrick Michael Kelly, found guilty of murder for throwing his wife from a 17th floor balcony in March 1981. He can be reached at Ibudzinski@talkjustice.info



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November 2021

Long Branch duo make and sell a line of natural soaps that promotes health



JUDITH Ciniello (left) and Norma Carr are making and selling a line of natural soaps (bottom right) with no alcohol or perfume. Photos by Tom Godfrey.

Two enterprising Long Branch women have joined forces to make and market a brand of natural soaps, solid conditioners and shampoos.

Judith Ciniello and Norma Carr make a range of soaps; including one that is vegan, which contains no alcohol or perfume. The products, which contains a flu-fighting soap, are sold at Ciniello's salon, MJ Hair Design, at 3335 Lake Shore Blvd. W., in Long Branch.

"All the ingredients are natural and come from the United Kingdom," says Ciniello. "The soap contains special ingredients that help stop the spread of colds."

The soaps sell for \$10 a bar and sales have been brisk. Ciniello said the products have no chemicals and promote

healthy skin. Her store also sells beautiful arts, crafts, cosmetics, gift baskets and other goods on consignment from four talented local women, who work at their change to build a 59-storey homes.

"We are strong women and we support each other," she says. "I help them and they help me and we all succeed."

Ciniello also produces a brand of healthy Purple Connection



stress and promote a healthy lifestyle. She makes 30 types of teas; which include 16 flavoured teas and 14 wellness teas. One of the teas she brews is popular with residents at this time of the year since it contains ingredients that

teas, which

are brewed

to prevent

help prevent and fights colds. The Mexican born translator and hairstylist arrived in Canada with little English speaking skills almost 20 years ago. She has since worked her way up to own her own salon. You can reach Ciniello at MJ Hair Design at 416-259-7992.

Second-tallest condo proposed for gas station site at Humber Bay Shores strip

A proposal has been filed to construct one of the tallest condos in the Humber Bay Shores area on the site of an outgoing Esso service station. The application was submitted last September by Marlin Spring Developments and seeks an Official Plan amendment and zoning by-law condo at the eastern corner of Lake Shore Blvd. W. and Ma- Courtesy photos. rine Parade Drive.



A CONDO (top, bottom) planned for the site of an outgoing Esso service station will be the second tallest in Humber Bay Shores if approved.

The gas station at 2189 Lake Shore Blvd. W., is reported to have been sold and the . 67-acre site is being redeveloped, according to a study last December.

If approved as proposed, 2189 Lake Shore, as it is called, would be the second tallest tower on the lake side of Lake Shore Boulevard in the Humber Bay Shores area at 197.97 metres tall, which is 30 metres shorter than the neighbouring Sky Tower,

according to the developers. The building will have some 665 square metres of ground floor retail space along the length of the Lake Shore Boulevard frontage. Across the street is the 28-acre former Mr. Christies site at 2150 Lake Shore, where about 12 towers and several shorter buildings and communities are planned. A new GO station at Park Lawn Road is coming along with enhanced streetcar service.



To the southeast is a vacant .40-hectare piece of land owned by the Toronto and Region Conservation Authority that is intended to be developed as a park. On the south side of Marine Parade Drive are parklands of Humber Bay Parks East and West, and the popular Waterfront Trail.

The building will have 650 units, which includes nine studios, 383 one-bedroom with dens, 190 two and two-bedroom plus dens, and 68 three-bedroom units. There will be four levels of underground parking space for 230 vehicles: 158 residential parking stalls, 67 shared residential visitor and commercial parking stalls and five car-share spaces. The proposal has to be approved by community council and meet bylaw requirements before the project can go ahead.

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NOVEMBER 5-6 VACCINE CLINIC at St. Margarets's Anglican Church, 156 Sixth Street, Nov. 5 from 4 p.m. - 8 p.m. And Nov. 6 from 11 a.m. - 3 p.m.. For those born in 2009 or earlier for first or second dose. For more call 416-599-2458.

NOVEMBER 6 OUTDOOR FLU CLINICS hosted by West Toronto Ontario Health Team from 9 a.m. to 3 p.m. at LAMP Community Health Centre at 185 Fifth Street, and Silver Creek Park, at 44 Strathdee Drive, Etobicoke. Flu vaccinations available for those six months and older. Bring your health card. Those without health cards welcome. Visit lampchc.org or contact Jasmin Dooh at 416-252-

6471 ext. 308. **NOVEMBER 6 STONEGATE** Community Association Annual General Meeting by Zoom at 10 a.m. You are asked to register early. For more info call 416-231-7070 ext. 307 or email info@stonegatechc.org DANCE & SWEAT EVERY TUESDAY on Zoom from 7 to 7:45 p.m. Register by email

health.promotion@stonegatechc.org or call 416-231-7070 ext. 307

NOVEMBER 9 to 30 EVERY TUESDAY at 2 p.m. LAMP's Wellness Workshops. A four-week virtual Wellness series titled" Self-Care During the Holidays." Be a part of this life changing program and boost your energy, through relaxation, meditation gentle Qi Gong and stretches. To register

contact jasmind@lampchc.org or call 416- 252-6471 ext. 308.

NOVEMBER 3 to DECEMBER 8 every Wednesday for six weeks is all it takes to reduce stress in a virtual Meditation workshop series at LAMP CHC. To register contact Jasmin at address above.

NOVEMBER 11 NEW TORONTO SUNRISE Remembrance Day ceremony at 7 a.m. at the New Toronto Monument, at Colonel Samuel Smith Park, Also 11

a.m. services at Royal Canadian Legion Branch 101 at 3850 Lake Shore Blvd. W, at Branch 643 at 110 Jutland Rd. and Etobicoke Civic Centre, 399 West Mall. COVID-19 rules in place.



NOVEMBER 13 FEED OUR NEIGHBOURS from 12 noon to 2 p.m. contactless, curbside, food drive and drop off at Royal LePage Porritt Real Estate, 3385 Lake Shore Blvd. W., at Twenty Eighth Street. Pull up to pylons at the rear of building at Twenty Eighth Street and open your trunk. Donations go the Daily Bread Food Bank.

COMMUNITY NUTRITION FALL HARVEST cooking demo on Zoom. The first four people to register will receive a \$10 food card. Be part of this healthy LAMP lifestyle program and learn how to cook more healthy and seasonal foods. To register contact Calla at 416-252-6471 ext. 271

or callaf@lampchc.org.

HELP US TO REDUCE FOOD WASTE with this exciting new project through exploration, discussion and community engagement. Train the trainer. Volunteer now. Contact Sandrav@lampchc.org or call 416-252-6471.

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FREE EMERGENCY FOOD TAKEOUT MEALS still offered Monday to Wednesday from 9:30 a.m. to 11:30 a.m. through LAMP's adult drop-in program. Thursdays harm reduction supports from 9:30 a.m. to 11:30 a.m.

COMMUNITY SUPPORT CENTRE operating from St. Margaret's Church, on Sixth Street, on Saturdays from 11 a.m. to 3 p.m. Meals, snacks, washrooms, showers, and laundry available for folks who are not housed

EVERY THURSDAY The Good Food Market from 12 noon to 4 p.m. at Stonegate CHC at 10 Neighbourhood Lane for affordable produce, outdoor market

and bring your own bags. COVID-19 protocols in place. For more info call 416-231-7070 ext. 307. **NOVEMBER 22 ETOBICOKE CAMERA CLUB** presents Jim Brompton, who will discuss and demonstrate different kinds of filters. Q&A session will follow his presentation. Purchase tickets

at https://www.facebook.com/etobcc DECEMBER 6 ETOBICOKE CAMERA CLUB presents

Harold Davis, an internationally-known

Digital Artist and Professional

Photographer. Purchase tickets

at https://www.facebook.com/etobcc.

LAMP's COMMUNITY CHIROPODIST is now taking new patients for foot care services for people who are prediabetic or diabetic. For more information on call 416-252-6471 ext. 264.

EVERY TUESDAY UNTIL DECEMBER 14 Food Fit Program from 1 p.m. to 3 p.m. On Zoom at Stonegate CHC and improve your cooking skills and learn new recipes. To register email

health.promotions@stonegatechc.org or call 416-231-7070 ext. 307.

EVERY THURSDAY FRESH FOOD from 2 p.m. to 6 p.m. the Cooper Mills-Gooch Community Food Bank provides fresh groceries and essential food items in the Jane and Dundas Streets W. area. Call 416-358-0031 for more information.

EVERY THURSDAY UNTIL DECEMBER 16 Mindful Living Program on Zoom from 3 p.m. to 4 p.m. In an eight week program for adult learners by Corin De Sousa. Program open for those 19-years and older, who has a SIN card and can speak English. Must have access to a computer, Internet and email. To register contact Anita Dhanjal at 416-252-9701 Ext. 242 or 243 or email anitad@lampchc.org.

DECEMBER 15 IS NATIONAL SKATE Day For Alzheimer and the 10 annual 1926 Skate with Etobicoke's own Steve McNeil. Steve will be hitting the ice on December 15 to skate for 19 hours and 26 minutes at Nathan Phillips Square. You are asked to donate to a local Alzheimer's Society. The fundraiser began as Steve's way to honour his mom.



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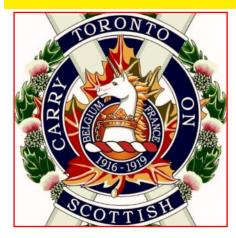
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Investment Advisor larry.kourtis@nbpcd.com John Soares, CFP®, CIM®

Leafs volunteer with Scottish Regiment in WWII



By TIMOTHY J. STEWART CD Regimental Historian

When Canada declared war against Germany in September 1939, thousands of volunteers stepped forward to serve King and Country.

Conn Smythe, part owner of the Toronto Maple Leafs and a decorated veteran of the Great War, volunteered for active service a second time and encouraged his players to consider it as well. Many did. Names that are synonymous with the great Leaf teams of the 1930s and 40s including: Syl Apps, Turk Broda, Hap Day, Bob Davidson, Red Horner, Gordie Drillon, plus eleven others enlisted with the 2nd Battalion The Toronto Scottish



Regiment (Machine Gun) on the same day, August 6, 1940. As new recruits, they underwent basic training including rifle drills and training, on the .303 water-cooled Vickers machine gun. The 1st Battalion of The Toronto Scottish had arrived in England prior to Christmas 1939 and the 2nd Home (Reserve) Battalion, organized in 1940.



was to supplement the overseas battalion. With the increase of NHL players volunteering for military service, thus diluting the competitiveness of the league, there was discussion of halting play. Continuing however, was seen as an important morale booster to hockey fans in Canada and the United States. Several NHL team owners wanting to protect their star players ensured they were kept out of combat roles and given duties on military bases or jobs in

critical war industries. Many of those who shipped out to England ended up playing hockey for any number of service teams that started up, once again to keep morale high amongst the troops and the civilian population. Meanwhile, Chris Korwin-Kuczynski of the Lakeshore

Kuczynski of the Lakeshore Business Improvement Area, will be making a presentation of photos to



TORONTO MAPLE LEAFS players are taught weaponry skills (top and bottom left) and moving about in trenches by the Toronto Scottish Regiment in case they are called to fight. **Regiment archive photos.**



the regiment later this year of the 17 Maple Leaf heroic hockey players who volunteered during World War II.



Alderwood Clinic in South Etobicoke alderwoodclinic@gmail.com Welcomes Dr.Lionel G Martinez MD, D.O.H.S

Mindfulness, coach mentor, CBT practitioner English and French Language

Will be joining our team

As of June 1st 2021, Dr. Martinez who is a family doctor, interested in holistic medicine, complete family care, he has training in workplace injury and psychotherapy.

Dr. Martinez speaks English and French, so he will be able to serve a wide diverse spectrum of population needs.

Walk in, Family Doctor, Mindfulness mentor Accepting new patients

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JOIN US

for a contactless, curbside food drive drop off.

- Sat Nov 13th
- between 12 noon-2pm
- Drop off non-perishable food at our office located at 3385 Lakeshore Blvd W (corner of 28th st)
- Pull up to pylons at rear of building on Twenty Eighth St and open your trunk.



Thank you for your donations!