

The South Etobicoke News

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Mayor Chow says homeless must wait no beds

Mayor Olivia Chow says work is being done by City staff to help find shelter beds for about 15 homeless people gearing up to spend another winter outside.

The homeless include two women; one who is pregnant, and sleeps in a car.

It will mark the second winter outside for those who have set up an encampment in the parking lot at LAMP Community Health Centre, on Fifth Street.

Chow told a packed house at the Assembly Hall on September 19 that

there are 12,000 people in the City's shelter system and every night up to 300 are turned away because there are no beds. The Mayor was the keynote speaker of the LAMP CHC 47th Annual General Meeting in which new members



MAYOR OLIVIA CHOW RECEIVES a warm reception last month at a keynote speech to update South Etobicoke residents on the latest news from City Hall at a LAMP CHC meeting.

of its Board of Directors were selected. "The problem is that there are no shelter beds," Chow told residents. "We have put aside \$6 million to build eight new shelters but that takes time." City officials are in touch

with the homeless and work is underway to find them beds and other needs.

There have been complaints against the encampment from residents with regards to a nearby childcare centre, sanitation concerns and rat problems.

Members of the encampment require specialized care since they suffer from a range of illnesses, or have lost their jobs and cannot afford rent and one whose wife passed away. One man has one lung and another cancer.

There are dozens of homeless living in the community with encampments at Coronation Park, Colonel Samuel Smith and Marie Curtis parks. One man was sleeping in a large box last winter in New Toronto.

Homeless feel forgotten by politicians for winter

More than a dozen homeless people encamped in a New Toronto parking lot say they have been forgotten or neglected by political and social leaders as winter sets in.

This will be the second winter for a few of the men and two women camped or sleeping in cars outside LAMP Community Health Centre, on Fifth Street.

"It was rough and I don't want to stay out another winter," said

Ron, who says he has one lung. "It is a killer."

The group includes two women, with one being pregnant. They sleep in cars.

He said it is difficult breathing on cold nights due to having one lung.

"This is not the way for anyone to live in a car during the winter," he said.



SOME OF THE HOMELESS INCLUDING a pregnant woman and a dog living in a New Toronto parking lot get ready to spend a second winter in tents or cars as City's shelter beds are totally filled and up to 300 people are turned away nightly. There are about 12,000 people in our shelter system. Staff photos.

Wayne, who is from New Toronto, said he suffers from bone cancer after years of hard work. He worked for 20-years at Goodyear Rubber and Tires, when the company was in operation in New Toronto. Wayne said he's living in a tent because he cannot afford his rent after losing his job.

Groups like Food For Now make the rounds to those homeless in the community to ensure they are safe, healthy and have food and other items to stay warm. There are also pockets of homeless people reported in Colonel Samuel Smith and Marie Curtis Parks and one man who was sleeping at a busy bus stop.

"I have been living outside since last Christmas," he said. "It has been rough."

Councillor Amber Morley has met with city and social services officials to help the group but there are no shelter beds available.

"We all want a place to stay," Lorne begged. "I don't think I can handle another winter outside."

Those in the encampment receive help from well-wishers who drop by with food and other much-needed goods.

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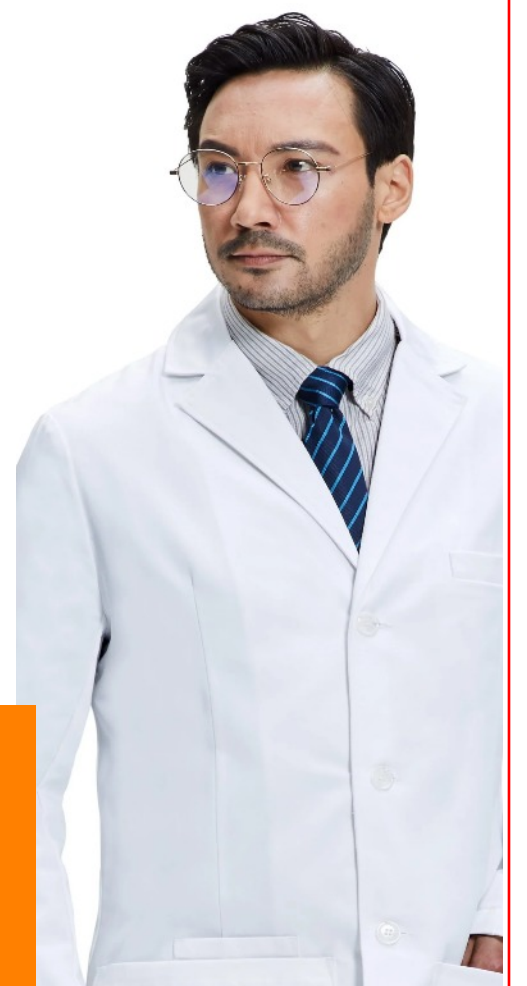
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Alderwood double killer still alive in well-planned and executed crime, police say

Toronto Police at 22 Division believe a suspected Alderwood double killer is still alive and their top priority is to put him behind bars. They believe the heinous crime was well-planned and thought out. There is no motive as to why the two women were killed. There has been a few sightings of the suspect, with one reported but not confirmed in Mississauga. It has been almost two months since Joseph Ayala, disappeared from sight with police on his trail for two counts of second-degree murder after an 82-year-old woman and a 60-year-old woman in a home in the Sheldon and Silvercrest Avenues area. Area residents said the deceased are the suspect's grandmother and sister.



WANTED MAN Joseph Ayala is still at large for what police believe was a well-planned crime.



FUGITIVE Joseph Ayala is one of the most wanted man in Etobicoke. His whereabouts is a mystery.



Police believe Ayala may still be hiding out somewhere in the community and have been searching ravines, ditches, bushes, parks and lakes for the accused double killer. Some women and seniors in the area said they do not go out at night and lock their doors due to fears of the fugitive. Many leave their lights on and pay close attention to their sheds and backyards. Police believe the suspect is getting food and water somewhere in the community.

He is described as around 5-foot-11 and is known to wear a cowboy hat, black cowboy boots, and a jacket with tassels on the sleeves. He was a regular in the Alderwood area and once worked at a local food store. Neighbours said police and the media have left their community which has returned to normal. Anyone with information can call police at 416-808-2200 or CrimeStoppers anonymously.



FLOWERS NOW MARK THE SCENE of one of Alderwood's worst double murders and the killer is still roaming free leaving many residents in fear. Police have made it a priority to arrest fugitive Joseph Ayala, who is sought for two counts of second degree murder. The accused has not been spotted so far and has managed to elude arrest. **Staff photo.**

Local man is stabbed fatally in New Toronto



SOME RESIDENTS are mourning the death of Jesse Christian Halvorsen who was stabbed in a fight at Lake Shore Blvd. W. and Islington Ave.

An accused knife killer has been arrested and taken off our streets as another sought for the slaying of two women is being sought by Toronto Police.

New Toronto residents are concerned following the death of one man and the wounding of another in a vicious knife attack at the intersection of Lake Shore Blvd. W., and Islington Ave.

Police said one man died from the stabbing, and another who was injured, was arrested a day later.

The incident occurred around 6:04 a.m. on September 12 between two groups of men who were arguing.

A video of the incident showed two men getting into a fight. They fall to the ground and only one man stands back up. One witness said the victim was stabbed numerous times with a shank, a home-made knife.

Some residents are mourning the death of Jesse Christian Halvorsen, 36, of Toronto, who was well known in the area. Officers had the busy intersection sealed off and closed to traffic as officers searched for clues.

No weapon has been recovered and police do not yet have an idea what led to the altercation, said Duty Insp. Dan Pravica. Police have arrested Shawn Downs-Abbott, 35, of Toronto, who has been charged with second degree murder in regards to the New Toronto stabbing.

He was slated to appear at the Toronto Regional Bail Centre on September 14. Anyone with information is asked to contact police at 416-808-7400 or Crime Stoppers.

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Petition against 3-year project at Sam Smith



CITY SIGNS AT Colonel Samuel Smith Park warning nature lovers of three years of upcoming construction work with heavy truck traffic. **Courtesy photo.**

More than 500 nature lovers have signed a petition to halt, or for the reconsideration, of a massive but badly-needed shoreline maintenance work at Colonel Sam Smith Park. The major project by the Toronto and Region Conservation Authority (TRCA) will begin this month and last for three years. Popular bike and walking paths in the park will be fenced off from the public until 2027 so large trucks can transport boulders to the job site. Most of the work will address displaced stones of shoreline structures and bank erosion close to shoreline trails which can pose a potential hazard to park visitors and infrastructure, officials said. The work will help curb floods and water level rise. Those against the project said the proposed construction access route ‘cuts right through the park, fencing in and closing popular paths, blocking the Waterfront Trail, and restricting public access to much of the eastern side of the park.’

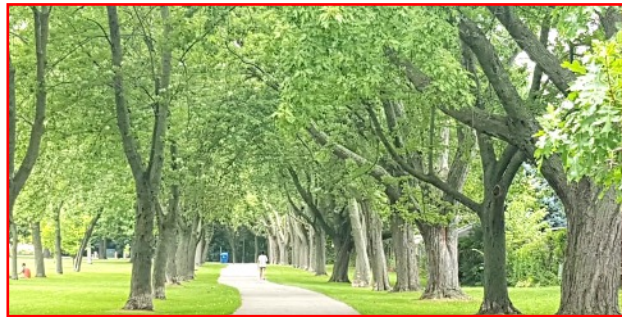
“The proposed route poses a significant threat to many trees, some more than a century old,” according to the online petition. “It will be disruptive to the abundant wildlife that visits or resides in the park, including the sensitive pond area.”

The group said heavy trucks will ‘use the road by the Gatehouse and then turn onto the path just west of Thirteenth Street, down by the pond to Whimbrel Point.’

choice doesn't commit the park and park users to three or more years of park restriction and disruption,” the petition state. The TRCA in a release said major maintenance work will be along the outer shoreline of the park’s waterfront extension. “Maintenance of several erosion control structures has become necessary due to severe weather events and wave action that poses a potential hazard to park lands and shoreline trail,” according to the Authority. Some residents took to social media to express anger over the reduced use of the bike and popular walking trails. The chosen corridor will be fenced off and unusable by the public for three years, Barbara McAndrew posted. She said the bike route can only be used after 4:00 p.m. during the week and on weekends. “For those who use this route, it will be an inconvenient to say the least,” she said. Barbara Zylski was concerned about the huge boulders piled up on the shore at the bottom of Second Street and Prince of Wales Park. “Total overkill if you ask me,” she wrote. “Waste of taxpayer’s money.”



THE WELL-KNOWN WHIMBREL POINT is one area that requires a lot of maintenance work that will last three years. Some cycle and walking paths will be impacted by the work.



SOME OF THE LUSH GREENERY of the park like above will be used by trucks to transport rocks to job site.

The petition is asking the TRCA to change or reconsider the truck route through the park to prevent damage to nature or wildlife. They are also seeking a public meeting on the issue.

It is urgent that the access route is reviewed ASAP so that this poor

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Long Branch residents fight massive condo development



RESIDENTS FIGHTING plan to build five 12 to 30-storey towers at 220 Lake Promenade site.

Station, which is hardly a transit-friendly location.

The proposal would see the five low-rise buildings on site demolished and replaced with modern buildings significantly larger in size. The construction work can take up to 15-years of truck traffic in the lakeside community.

Five towers are planned ranging in height from 12 to 30 storeys on the site. Two would contain rental suites and the others would be condos. Also proposed is a new public road.

Architectural drawings show a total of 2,021 suites, 548 of which would be rental replacement, 29 of

which would be market rental, and 1,444 of which would be market condo suites. Pokorchak said many of the residents are seniors on fixed income who have been living in the buildings for decades and will have to be relocated to new

Residents of the Long Branch community are rallying to halt plans by a developer to obtain higher density for a massive and controversial Lake Promenade development.

Members of the Lake Promenade Tenants' Association said the builders of a 220 Lake Promenade Development have appealed the application to the provincial Ontario Land Tribunal (OLT).

"This means it has taken the decision out of the City of Toronto's hands and given it over to what has typically been a developer-friendly tribunal," said Association spokesperson Patti Pokorchak. "We have to stop this!"

She said the developers are seeking to increase the density of the mega-project by up to five times. It is estimated the amount of housing units at the site will increase from about 550 to up to about 2,000. "There are no precedents in the city for this increase in density within a residential community that is not on a major thoroughfare," Pokorchak said, citing Lake Promenade is a 10-minute walk to Lake Shore Blvd and 40 minutes to Kipling



MANY OF THE RESIDENTS of these buildings planned for demolition are seniors who have lived there for decades.

neighbourhoods. The move is promised to be conducted in phases.

The Association objects that the City has not released an official report on the development which is expected in December; and believe the case management conference on October 18 is premature.

Residents are encouraged to file complaints or a Participant Status Request with the OLT before October 8.

Orange Shirt Day to mark our Indigenous peoples



EMPLOYEES OF LUSH COSMETICS, at 35 Jutland Road are dressed in orange to recognize Orange Shirt Day on September 30, which is marked yearly. Within the Truth and Reconciliation Commission Calls to Action, the Commission called for a national day to honour First Nations, Métis, and Inuit children who both survived and who were lost to residential schools. September 30th is Orange Shirt Day, also known as the National Day for Truth and Reconciliation. Orange Shirt Day was first established as a day of observance in 2013, as part of an effort to promote awareness and education of the residential school system. and the impact it has had on Indigenous communities for over a century. The orange symbolizes sunshine, truth-telling, health, regeneration, strength, and power. Photo by Jill.

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We live in the community and cover local news, amateur sports, business and civic life while honouring those who gave so much of themselves so we can have the lives we enjoy today.

Please feel free to drop us a line if you would like to advertise your business or leave any comments, tips or news of upcoming events.

Publisher: Tom Godfrey

Proofs: Ian Robertson

Circulation: Charles Smith

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Residents protest huge towers on Cineplex site

More than 4,000 people have signed a petition to prevent the Queensway Cineplex cinema from being demolished to build 10 massive condo towers.

A multi-year redevelopment plan is in the works to build 10 residential towers, between 18 and 46 storeys, on the cinema site.

Also proposed are two seven storey commercial buildings, 4,200 residential units, 2,000 parking spaces and 4,300 square metres dedicated to parkland.

It is not known if the Cineplex will be saved, even though developers said it will. "Cineplex Queensway has been an entertainment cornerstone for South Etobicoke's community," according to an online petition that was created last month. "There's a proposal to tear it down for yet another major multi-tower condo complex with no indicators that the movie or entertainment options would be protected or rebuilt." Petition founder Roberto Botelho wrote that 'our city needs more than just condos, it needs spaces for entertainment, culture, and community-building.'

Botelho warned the community will not be able to accommodate the influx of people and cited a lack of infrastructure, including the TTC, to service the thousands who will be moving in.

"We will become a 'concrete jungle' right here in small Etobicoke," the petition stated. It will be a 'disaster for our small neighbourhood.'



THE CINEPLEX SITE as planned (above) and what it will look like at bottom. Courtesy photos.



MANY PEOPLE IN THE COMMUNITY are wondering the fate the beloved Cineplex Queensway cinema in light of proposed development.

Many outraged residents are concerned about the density and large scale of the development and took to social media to express their rage.

Roma Dzerowicz was one of the many who wondered about the size of the parks promised in the plan.

'I wonder where and how large the green space will be for that development,' she asked.

Youness Aliyari wrote the project will go through and Cineplex will be closed.

"It is sad, they are ruining this beautiful neighbourhood and they don't care," he wrote.

Alex Maksymec said movie theatres, or even grocery stores, with large parking lots in urban areas are a thing of the past. "It's an evolution."

Many residents blasted Ward 3 Deputy Mayor Amber Morley for not doing enough to prevent the local landmark that is cherished by many from being demolished or to limit the development.

"I want to emphasize that I share your desire to see the theatre, or a similar social and cultural space, remain in the neighbourhood," Morley said in an e-mail to a resident. "I believe that these spaces are vital to the social fabric of our community."

The application will be considered by Etobicoke York Community Council and there is an opportunity to make a deputation or to submit your comments by email.



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\$6 Billion for Cloverdale Mall development



THE PROPOSED CLOVE development (above) at Cloverdale Mall is part of a master plan that will transform much of the mall's parking lot to housing.

Deep-pocketed developers are dishing out \$6 billion to create a new flagship commercial and housing community dubbed The Clove at Cloverdale Mall.

The Clove is located on a 2.3 acre site at 2 and 10 The East Mall Crescent, at Dundas Street W., across from the mall, which is being redeveloped.

The complex will be two towers of 33 and 9-storeys with a total of 606 mixed condo units, which will be a mix of studio, one bedroom, two bedroom and three-bedroom layout, according to a release by Quadreal Property Group and Mattamy Homes.

The estimated completion date is still unknown.

Final designs for the development has been released into what is described as the first phase of the Cloverdale Mall Redevelopment, that would see a reduced mall, condos and hundreds of town homes in the mall's parking lot.

Condos are also planned for the parking areas of Sherway Gardens, Dixie Outlet Mall and even Yorkdale Shopping Centre among others.

The Clove development will feature a new street, community amenities and transportation essentials, according to the developers.

"The Clove's lush courtyard offers an almost resort-like feel for residents as they pull up to the building, evoking a more urban, contemporary take on the 'Tower in a Park,'" the release stated.

"The team has worked hard to design a tower that will serve as a gateway to the rest of the development, while offering a striking presence on Toronto's west-end skyline," says Niall Haggart, President, GTA Urban Division, Mattamy Homes.



THE CLOVE DEVELOPMENT will feature two towers of 33 and 9-storeys with a total of 606 mixed condo units and sizes.

Ralph Giannone, founding partner of GPA Architects, said the development is part of a 32-acre masterplan community proposed for Cloverdale Mall.

"The result is a signature building, and new master plan, that opens up new opportunities for long-term residents to stay in the community they love, while also allowing new residents to move into this part of the city," according to the builders.

The complex will help meet the needs of the growing community, as there will be two public parks and other green spaces.

The Cove is in pre-construction and the development will feature more than nine acres of public spaces, more than three acres of parkland and more than 180,000 square feet of retail. Residents will enjoy access to more than 23,000 square feet of community amenities.



DEVELOPERS CONCEPT OF what the Cloverdale Mall area will look like if the developments go through.



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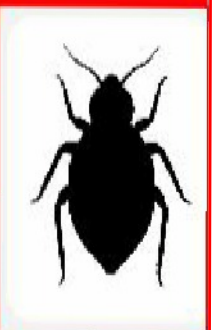
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Sixth annual Long Branch Tree Festival

We love our beautiful trees in South Etobicoke. The Sixth Annual Long Branch Tree Fest took place September 22 at Marie Curtis Park. There were many environmental type of attractions and plenty to learn about our trees.

It was a fun afternoon of children's activities, educational walks, urban tree canopy education, and more – all centred around the benefits that the urban canopy provides for our communities.

The event comes as there is a move afoot at City Hall to reduce the time it takes for City staff to remove a dead tree and replace it with a another on our leafy boulevards. Many South Etobicoke residents have complained that it takes too long to obtain a new tree.

The issue will be considered at a Council meeting on November 25. The matter was brought up by Councillor Paul Ainslie to a Service Excellence Committee in September.

"I am writing to express my concern regarding the lengthy process involved in removing a dead tree from a city boulevard



MEETING THE PEOPLE at the Sixth Annual Long Branch Tree Fest are Deputy Mayor Amber Morley (from left), Christine Mercado, of the Long Branch Neighbourhood Association, MPP Christine Hogarth and MP James Maloney. **Courtesy photo.**



TREE LOVERS SHOP or obtain information about our beautiful trees at the annual festival at Marie Curtis Park. There were vendors and live entertainment and fun for the entire family. The festival has become an annual event for the community.

and replacing it with a new one," Ainslie wrote. He said the City Boulevard Tree Removal and Replacement Process can take up to six visits from City staff and as long as two years for a tree to be replaced.

His motion state that now there has to be an inspection of the dead tree, staff have to remove the tree branches, then remove the trunk, remove the tree roots before a new tree is planted.

"This multi-step process can take up to two years to complete," the Councillor wrote. "I believe this timeline is excessive and negatively impacts the aesthetic and environmental value of our neighbourhoods."

Long Branch is home of some of the oldest and protected trees in Canada, with some more than 120-years old.

New hi-tech litter bins now hitting our streets



THESE HI-TECH LITTER bins are a sign of the times in that they contain electronic sensors that relay when empty to collection workers.

New hi-tech smart garbage cans are now being rolled out on our streets. The City is working on a plan to install electronic sensors on street garbage containers so workers can detect their fullness, where the bins are located or if near capacity.

This way collection the garbage and staff can be scheduled and studies show the system saves on the cost of manpower and fuel.

A pilot project is now underway to test the smart sensor device on 250 litter bins in the downtown area. "The objectives of this pilot are to provide data, provide timely service, and optimize routes," the City said. City officials said more staff will be hired to inspect litter bins, gather data and report overflowing and maintenance issues for a period of six months. The new hires will be used to 'define trends and recommendations for optimal collection frequency for each litter bin in Toronto.'


The City's litter operations operate 20 hours a day, seven days a week. There are more than 50,000 collections of bins weekly and more than 99.9 per cent of them are done proactively. Most street litter bins are collected at night for safety and efficiency.

U.S. studies show the smart bin can relay to staff when and where to pick up cans, optimizing their routes based on demand. This is critical as government cuts funding and ask staff to do more with less, and with labour in short supply.

The smart bins alert sanitation teams to overflowing cans, but it also lets them keep tabs on trash receptacles. Location-tracking shows whether a can has been moved or stolen, allowing for reclamation or replacement of the missing bin. Earlier this year better-functioning easier-to-use bins were rolled out in Toronto to help improve the litter experience.



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Food festivals draw thousands as season wraps up



FOODIES WAIT TO try some tasty jerk or curry dishes by family owned Communal Kitchen food truck. **Photo by Susie Basheir.**

Two large outdoor food festivals have wrapped up leaving many residents wanting more barbeque and a longer summer season. The fourth annual Relish the Foodie Event at Cloverdale Mall attracted hundreds of food lovers on a nice day who enjoyed the diverse taste of 40 vendors, serving a variety of dishes.

There were lineups at some food trucks, family entertainment and nice music; including a saxophonist

whose instrument spewed fire which drew gasps from listeners. There were also a number of workshops offered.

Also taking place was the previously cancelled Lakeshore Rib Fest which drew many area residents to Colonel Samuel Smith Park on September 20 to 22.

There were ribbers smoking meat from the U.S., and live music that had foodies bopping. Food truck vendor Denise Andrews, her mom Dianne and niece Kirstan were among the food trucks at Cloverdale Mall selling Caribbean meals as curry goat, barbecued pork and a range of spicy food.

Single mom Denise has been operating a truck, called Communal Kitchen, with her family, for about three years.

“We are at an event every weekend in the summer,” she said. “All summer we are gone every weekend to different community events.” Denise said her trucked is fully booked from May to October.

Her truck is well-known for its rum cake waffle and fried chicken sandwiches, which is top seller.

The food was quite tasty and well-flavoured. We tried the pork and it as soft and delicious. Foodies loved it.

The Ribfest usually draws a good crowd but many were confused on whether the fest was still on after being cancelled weeks earlier. People had a good time.



THE DELIGHT BITE TRUCK (above) was busy as fans lined up to try their food. There were about 40 vendors, live music and people had fun. The white truck below was also busy with hungry fair goers. **Staff photos.**



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ORGANIZERS SAY THE LAKESHORE RIBFEST was a success as many families showed up to enjoy the three-day event at Colonel Samuel Smith Park. There were live entertainment, vendors and lots of mouth-watering ribs. **Photo by Susie Basheir.**

CROATIAN  **ELECTRIC**

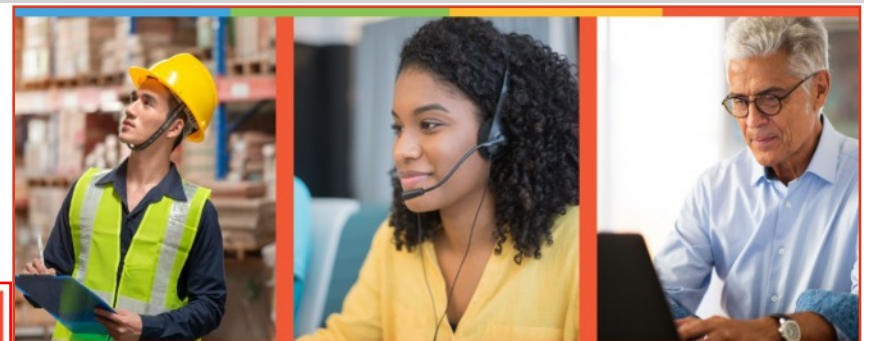
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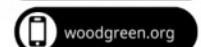
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Local woman fighting for life after hit by GO Train



A WOMAN SUFFERED major injuries after being hit by a GO Train last month at the Long Branch station.

Many Long Branch GO Train users say it was an accident waiting to happen. Some regular train users say a local woman did not have to suffer life-threatening injuries after being hit by a train and hospitalized. The woman, 46, was hit at the Long Branch Station on September 17 around 8:15 a.m. and is fighting for her life.

Police said an express train was travelling on the Lakeshore West line, bypassing the Long Branch station, when a woman walking near the edge of the platform, was struck. She was aided by fellow passengers. They urge passengers to remain back of the platform lines and always vigilant and aware of approaching trains. Witnesses said the station was packed and the victim's strap got caught by the train and she was injured. The incident has sparked many posts on social media from irate residents who use the station, that is in the process of being updated. Kristen Rae wrote that the station gets quite crowded since Metrolinx reduced service from every 15 to 30 minutes. She points a finger to overcrowding, construction and congestion issues at the station, which has been undergoing major work for more than a year. Lisa Cunningham Davis said increased congestion on the Long Branch platform has been a growing concern and danger since the Lakeshore West Line was reduced and more people wait longer for less trains. "This was only further compounded by the construction at Long Branch Station which removed full platform access, and forced passengers to crowd to board fewer train cars," Davis said on social media. She said there was a similar incident at Union Station in 2015 and suggested the number of trains be increased during rush hour. Some riders called for safety bars to be installed on platforms to keep people away from arriving or departing trains. GO has said it will be too expensive to install safety bars on the train platforms. The incident is being investigated.

James MALONEY
Member of Parliament for Etobicoke-Lakeshore

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JoAnne Gludish



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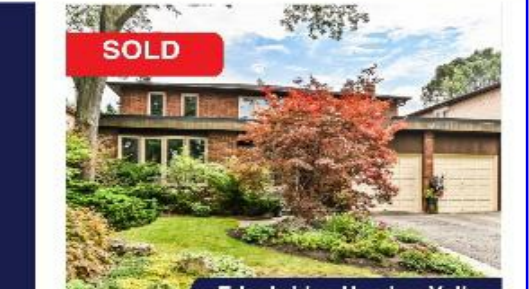
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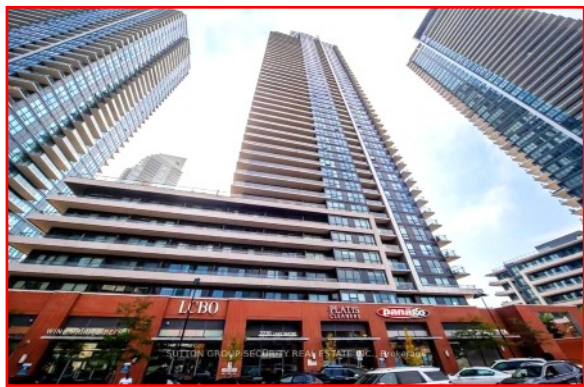


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City wants to densify Lakeshore



THE CITY IS STUDYING whether to make the Lake Shore area more densely populated with taller buildings.

A Lake Shore Blvd. W. Avenue Study is underway to develop new by-laws relating to more density and taller buildings from Brown's Line to Dwight Avenue. A report from City Planning officials on ways to improve and beautify the Lake Shore Blvd. W. Corridor will be handed over to the Etobicoke York Community Council for consideration, then for approval by City Council next year.

Planning officials are proposing that buildings in the Corridor be allowed to build higher than four storeys and go up to eight or 11 storeys depending on the size of the property. They want to increase the density to bring in more people into the area.

The study will provide a 'framework for establishing a complete community that supports overall quality of life for people of all ages, abilities and incomes.'

"This will be achieved through encouraging a range of housing options and creating an accessible and vibrant public realm," according to officials. A report with final recommendations is targeted for 2025 with a

recommended Site and Area Specific Policy, Zoning By-law, and Urban Design and Streetscape Guidelines. The study area is approximately four kilometres in length and includes Mixed Use Areas and Apartment Neighbourhoods. There are two Business Improvement Areas (BIAs) along the corridor.

Planning and Housing Committee officials said mid-rise buildings of up to eight or 11 storeys should be allowed along the Corridor.

Staff noted that there are areas with sub-standard sidewalk widths, lack of street trees, angled, perpendicular or parallel on-street parking, and lack of street furniture as benches, waste bins, bicycle post and lock up rings.

The vision for the Avenue is to provide a widened sidewalk zone that is ideally six metres between curb to building face to achieve a balance of sidewalk improvements, tree planting and furniture zones. This may include the addition bike parking, widening of the pedestrian clearway to meet current standards, and patio and marketing space.

In certain sections a reconfiguration and reduction of commercial boulevard parking may be required to facilitate these improvements.

The study is made up of 20 stakeholders in the area as well as local residents.

The review will develop new by-laws and built form policies that relate to density, height, and other considerations between Brown's Line and Dwight Avenue, according to the City.



HUMBER BAY SHORES FIGHTING TRAFFIC GRIDLOCK



All day traffic congestion has gotten under the skin of many Humber Bay Shores residents. More than 300 residents have signed a petition asking Ward 3 Councillor Amber Morley to do something about the heavy traffic congestion in their area.

Residents said congestion in the Lake Shore Blvd. W., and Park Lawn Road area, is experiencing rush hour 24-hours and it is terrible for the people who live there.

The congestion issue is a priority for City officials as they tackle traffic gridlock through the use of heavy fines, more traffic agents and dash cameras.

The petition is calling for Park Lawn Road to remain a four-lane road from the south of The Queensway. City officials have a plan to make it a two-lane road with cycle lanes in both directions.

"Most people going west or north use Park Lawn and it's already very congested," it states.

The concerned residents are seeking the reconfiguration of the Gardiner Expressway ramps that connect to Lake Shore Blvd. W., at Brooker's Lane so they connect to a new planned street.

They are also asking Morley and City staff to update their forecast of population in the area which is experiencing record growth.

Some residents said traffic will only get worst when construction of the multiple condos begin in earnest on the former Christie Cookie site, which will include a TTC and GO bus terminals. Resident Kathy Penfold took to social media to note that the density is already overwhelming. "Traffic is crazy. Public transportation hasn't caught up to the exploding population."



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New hi-tech dental bus sought to serve those in marginalized areas



SOME OF THE DENTAL vans (top, bottom) used by City health officials to serve marginalized communities. Hundreds of people in shelters or newcomers are treated by the mobile vehicles.

social services. The bus brought mobile dental treatment to about 800 patients annually. The two dental vans provide oral health screening and dental care to about 3,000 seniors in City-operated long-term care homes. "These vans have been successful at delivering high-quality, client-centred care to seniors across the city," according to a city report. Staff said the smaller vans are much easier to operate and manoeuvre throughout the city, and do not require special permits

City officials are looking at purchasing a new dental van to treat residents in at-risk communities, including those in South Etobicoke.

The new hi-tech dental-clinic van will cost about \$460,000 and be funded by Council if approved on October 9. The purchase was recommended by the Board of Health and requires Council approval.

Toronto Public Health offers a mobile dental program that includes two mobile dental vans and a dental bus to support hard to reach populations.

"The mobile dental bus has been in operation since 2012, and the interior and exterior of the bus has significantly declined over the past year," according to a report by health officials.

They suggested the bus be auctioned off in a sale that could generate about \$50,000 to return to the provincial Ministry of Health. A new one can be ordered, if approved by council.

The existing City dental bus is outfitted with all the equipment and materials that can be found in a brick-and-mortar clinic with the ability to travel to community organizations.

The bus can serve those in shelters, food banks, long-term care services, and other

or driver's license to operate. City staff said there are 26 dental clinics operated by Toronto Public Health where eligible children, adults aged 18 to 64, seniors aged 65 and older can access free dental care. The mobile program provided more than 61,600 dental appointments in community clinics.



All levels of government recognize the importance of dental and oral health and the value of publicly funded dental services.

City experts said oral health disease impacts marginalized populations, including children, seniors in long-term care facilities, Indigenous people, new immigrants with refugee status, people with special needs, and the low-income population.



In the Community

By TOM GODFREY

At least 15 people – including two women; one who is pregnant – are sleeping outside tonight as you and I enjoy our warm beds.

Some of the hardy souls have been camping in the parking lot of LAMP CHC, on Fifth Street, for more than a year, with help yet to arrive.

Mayor Olivia Chow told area residents last month that there are about 12,000 people now in City shelters and about 300 are turned away nightly due to a lack of beds. City staff have been meeting with members of the encampment who were told they have to wait until beds open up before they can move inside, for those who wish.

City officials should at least try to accommodate the pregnant woman before snow falls. She sleeps in a small car beside a line of tents in a far corner of the lot.

The second woman, named Jessie, says she is a victim of domestic violence and explains that a large scar with stitches around one eye 'is where my old man hit me.'

She has no place to go and spend her days in coffee shops or restaurants.

I have been living in the community for more than 20-plus years and have never seen it so bad. There are pockets of homeless living in Coronation Park, Colonel Samuel Smith and Marie Curtis parks.

The homeless have their demons. One man is suffering from only having one lung, another bone cancer; another lost his job and was evicted and one fellow lost his wife. These were hard-working people that you would recognize in the community.

The man with one lung told me he worked at the former Goodyear Tire and Rubber plant for 20-years before retiring.

The group is helped by some good-hearted residents who bring food and supplies. They also receive regular visits from Food For Now, a local charity that helps the homeless. The charity holds a dinner weekly outside the McDonald's Restaurant in New Toronto in which volunteers bring supplies for those who need help. Now it would be items like blankets, socks, sleeping bags, heaters, tents and food.

Sure these people are not perfect citizens and deserve some sort of shelter as winter sets in. They also receive food and support at the St. Margaret New Toronto church, on Sixth Street, every Sunday.

Here they receive a hot meal, can do their laundry, charge their electronic devices and receive other badly-needed aid.

Pastor Jacqueline Daley said it's all the church can do since resources have been reduced. She said an overnight program to keep the homeless out of the cold has been chopped, and there is no place for the homeless to go.

The church on cold nights help out with some funds to purchase gas to provide heat for those sleeping in vehicles.

Not all is that lucky. Many sleep in bus shelters, doorways, in cars. One man was sleeping in a large box in a local park.

This sort of homelessness is taking place in many parks and there is little the City can do to help until more shelters are built.

Chow said funds are being put aside to build six new shelters, but that takes years. Until then those sleeping in our parks, bus shelters or sidewalks in sub-zero temperatures may have to suffer longer. Thank goodness there are also many good-hearted residents.

Tom Godfrey is Publisher of the South Etobicoke News, who lives in the community. He was a reporter at the Toronto Sun for many years before deciding to use his skills to work in community journalism.



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Your Health

By MONIKA MEULMAN



natural. It has allowed us to explore new lands, create evolving societies and built communities. So why bother 'turning over a new leaf' this season? Does it help in any way? Yes, it does. Change with the seasons. Connecting with the energy of fall allows you to practice letting go of outdated patterns, discard clothes you don't need,

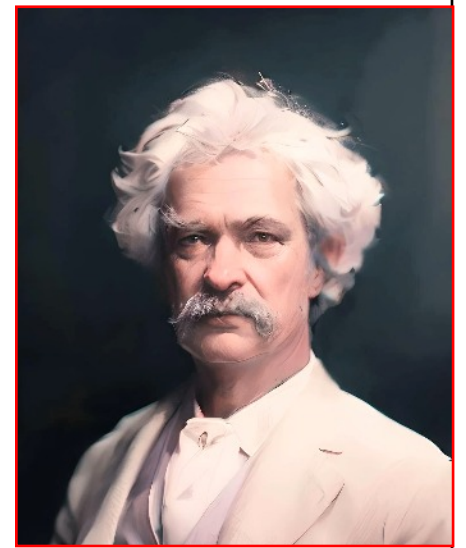
The winds of change are here. Fall is perhaps my favourite season to enjoy watching change in action: it is so colourful. Autumn leaves on forested hillsides and in ravines are so pleasing and inviting. Fall hiking on Ontario trails is breathtaking and invigorating. William Cullen Bryant writes 'Autumn... the year's last, loveliest smile' (Or does he? When researching this quote, I discovered that it was his brother, John H Bryant, who actually wrote the poem "The Indian Summer" with that line.) Lesson I learned: go to the source always, to find the truth in life. Coincidentally, Willam Cullen Bryant's poetry, with themes of nature and changes in life, has been described as a metaphor for truth. I can't think of a better way to spend a fall day than brewing a hot cup of apple cider, wrapping up in my favourite sweater and reading a few stanzas of poetry about the beauty of nature that surrounds me. Yes, this is the perfect time of year to don your favourite sweater, clean out your closet, embrace the change in weather and adopt a slower pace in your life. Can you do that? I've noticed that at times I struggle with change. Letting go and 'turning over a new leaf' is scary. I watch the change unfold in nature and see how I forget to trust this process. Maybe you are the same. Maybe you have worked really hard at building something or learning a way to live and changing that is just overwhelming. It is in our nature to hold on to what we have found, created, built and not want to let go. There are three main ways in which we hold on. With our physical hands, we hold on to tangible items we need, want or love such as homes, cars, clothes, food, mementos, gifts, art and everything in between. We hold on with our minds to beliefs, patterns, habits, rules and past teachings. And, of course, we all hold on to feelings, experiences, memories in our body, in our heart and mind. All of this holding is

declutter a home overrun with 'stuff' and even release old hurts, anger, sadness, or grief, from your tired heart. When you embrace change with intention, it puts you in the driver's seat. Welcome something new, such as learning a new language, beginning a new friendship or test a new way of going to work. This builds a stronger body and mind. Choosing this change allows you more control. Feeling this sense of control has been shown to reduce your stress and anxiety (related to change). See this season of change as empowering. Invite Autumn with all her brilliant colours to remind you what change offers: a multitude of options, new paths, heart-warming experiences, sensory richness and growth. True, letting go of anything can be painful. What we have in our life matters. What changes, like the seasons, is the purpose, the support, the structure and even the meaning of what we have in our life. Unlike nature, we forget to keep shifting. We forget the necessity of daily change. We do the same things for days, weeks, maybe even years. Go back to the lessons of nature, at least once a season. Start today. Observe her changes. Watch. Breathe in this change. Taking time to introspect and invite changes into your own life. This practice is helpful, healing, strengthening and invaluable to moving forward. As your feet crunch along the sidewalks littered with fallen leaves, know in your heart that all that matters and all that is important remains with you. Like the trees shedding leaves, you only need to let go of small bits and pieces. The moment you do, new life begins to germinate in your heart, mind and body. "Growth and comfort do not coexist." — Ginni Rometty
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Retired Judge Speaks

By Retired JUDGE LLOYD BUDZINSKI



AUTHOR MARK TWAIN

We hear a lot about common sense today from the politicians. Let's be careful; it isn't as good as you may think.

Mark Twain, that folksy writer of the past, would tell us, "Let's take this political talk about common sense and critical thinking and boil it down to something a bit more palatable for the common folk.

Well, folks, gather 'round and lend me your ears. - I'm saying something other than common sense is as useless as a screen door on a submarine. But it sure ain't the be-all and end-all some folks make it out to be.

Common sense is like that old hound dog that's been lyin' on your porch for years. Sure, he might bark when a stranger comes 'round, but he's just as likely to lick the hand of a thief as he is to chase him off. That's the trouble with common sense - it's about as reliable as a politician's promise.

Now, some of you might be scratchin' your heads and thinkin' "But ain't common sense just good ol' fashioned horse sense?" Well, I hate to break it to you, but even horses can be led astray. Common sense is like a hand-me-down suit - it might fit just fine, but it ain't tailored to every situation.

For instance, they fancy politicians always yappin' about usin' common sense to solve our problems. That's about as useful as tryin' to nail jelly to a tree. What we need is some good, hard thinkin' - the kind that makes your brain sweat.

We need to ask them politicos some real questions, like "How much is this gonna cost?" and "What are you gonna cut to pay for it?" That's the kind of thinkin' that'll separate the wheat from the chaff.

Now, some high-falutin' fella by the name of Einstein - you might've heard of him, smart as a whip but with hair like he'd been struck by lightning - he said somethin' interesting about common sense. He reckoned it was just a collection of prejudices we pick up before we're eighteen. And let me tell you, he might've been onto somethin' there.

You see, common sense is like that old fishin' hole you've been goin' to since you were knee-high to a grasshopper. Sure, you might know every nook and cranny, but what happens when someone comes along and tells you there's better fishin' elsewhere? If you're stuck in your ways, you might miss out on the catch of a lifetime.

And let's not forget, what's common sense to you might be nonsense to the fella next door. It's like that time I tried to explain to my city-slicker cousin how to milk a cow. What seemed as plain as the nose on your face to me was as foreign to him as snow in July. Common sense, you see, ain't so common after all.

Now, I ain't saying we should throw common sense out with the bathwater. It's got its place, sure as shootin'. But what we really need is some of that critical thinkin' - the kind that makes you look at things from all angles, like a raccoon trying to figure out how to get into a locked trash can.

Critical thinkin' is like panning for gold. You've got to sift through a whole lot of mud and rocks before you find them nuggets of truth. It ain't easy, and it sure ain't quick, but it's worth its weight in gold when you're trying to make heads or tails of this crazy world. Take doctorin', for example. A sawbones relyin' solely on common sense might see a fella with a cough and think, "Well, it's probably just a cold." But a doctor with some critical thinkin' skills? They might just save that fella's life by considerin' it could be somethin' more serious, like Covid or worse.

And don't get me started on them gender roles. Common sense might tell you that men are better suited for heavy liftin' and women for nursin' babies. But critical thinkin'? It'll show you that strength comes in all shapes and sizes, and that a man can be just as good at changin' diapers as a woman can be at runnin' a business.

Now, I know what you're thinkin'. "All this critical thinkin' sounds like a heap of work." And you ain't wrong. It's about as easy as trying to teach a pig to sing - it wastes your time and annoys the pig. But let me tell you, it's worth the effort. It's the difference between swallowing whatever hogwash is fed to you and making up your own mind.

So next time someone tries to sell you on the virtues of good ol' common sense, you just remember this little chat we've had. Common sense might get you through the day, but it's critical thinkin' that'll get you through life. It's the difference between bein' the fella who believes the earth is flat 'cause it looks that way, and the one who figures out it's round even though he can't see it with his own two eyes.

In the end, folks, it all comes down to this: Don't just accept things 'cause that's the way they've always been. Ask questions, look at things from all angles, and for Pete's sake, don't be afraid to change your mind when the facts change. That's the kind of thinkin' that'll keep you from bein' as gullible as a turkey in November.

And with that, I reckon I've talked your ears off long enough. Remember, use that common sense when it serves you well, but don't be afraid to put on your thinkin' cap and dig a little deeper.

After all, as my old pappy used to say, "It's better to be thought a fool than to open your mouth and remove all doubt." So think critically, and prove them doubters wrong!

Judge Lloyd Budzinski retired after 28 years and was a former Crown Attorney, Defence Counsel and Ontario's Assistant Deputy Minister of Criminal Law. He was Chief Prosecutor in the trial of ex-RCMP officer Patrick Michael Kelly, found guilty of murder for throwing his wife from a 17th floor balcony in March 1981. He can be reached at lbudzinski@talkjustice.info

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More outdoor cooking ovens in parks being considered by the City



THESE OUTDOOR OVENS (top, bottom) are gaining in popularity and the City hopes to cash in.

City officials are looking at adding more outdoor cooking ovens in Toronto parks to see if they can generate funds from their rising use by volunteer and various groups. The City hopes to generate revenue for its services by installing more outdoor ovens, which are popular with community groups. A study is being conducted into improving the access to the outdoor ovens in City parks. There are about 10 parks that have them now and there have been good reviews. The ovens are box-like structures, with a chimney, that are built with brick with a space in the middle for cooking food. It is favoured by large groups. City staff are trying to 'identify opportunities to reduce administrative or financial barriers

to the use of outdoor ovens.' Public health and safety considerations have to be met.

Groups must pay for a permit to use the public park ovens. It has to be booked in advance of the gathering.

They are often used by charities or not-for-profit organizations that enter into agreements with Parks, Forestry and Recreation.

Alcohol is already allowed in a number of Toronto parks.

"Many have volunteer groups regularly bring neighbours together to use and enjoy these public facilities," the City said.

Users must have proof of training on the safe operation of an outdoor oven, meet food handling and preparation requirements, fire safety measures and general liability insurance. A report to determine if more ovens will be installed in parks will be presented to council for consideration in the first quarter of 2025.



Local 22 Division police officers distribute bikes to needy kids



TORONTO POLICE provide lessons on rules of the road to this group of eager kids who were provided with free donated bikes by community officers.

There is no better smile than a child with their first bicycle. Two Toronto Police 22 Division officers are making inroads into the community and with young people, and adults, by providing refurbished donated bicycles free to those in need. Residents can bring their gently used bikes to the front desk of 22 Division, at 3699 Bloor Street W., which is opened 24 hours.

Constables Anthony Alexander and Zoran Ivkovic, of the Neighbourhood Community Officer Program, estimate they've collected and donated more than 500 bikes so far that are given to residents of the Division.

Most of the bicycles are passed on to Bikes Without Borders, whose members clean, fix them and distribute to needy people around the world.

"We have taken truckloads of bikes to them," Ivkovic said. "The bikes are refurbished and can end up anywhere in the world."

Alexander said the children are also provided with new helmets and given lessons on cycling techniques and rules of the road.

Bikes were provided to more than 20 boys and girls in a police community day last month. The cycles provided instant freedom for the youngsters.

He said families, who have newly arrived in Canada, have approached them for bikes as a primary mode of transport.

The officers would like to thank Canadian Tire on North Queen and Sporting Life for their support and donations in making the program a success.

Bikes Without Borders is a federally-registered Canadian charity, using bikes and bike-related solutions as tools for development in marginalized communities. They consider a bicycle as a means of increasing access to vital health services, economic opportunity, educational empowerment and independence.

The group is now outfitting refugees and low-income families living in under-served Toronto communities with refurbished bicycles. They hope to donate 1,000 bikes this year. If you have a bicycle or know someone deserving you can e-mail the officers at 10949@tps.ca or call 647-355-3928.

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Looking after yourself and others in the community

OCTOBER 5 ST. AMBROSE Church Bazaar is celebrating its 44th Anniversary as best bazaar from 9:30 a.m. to 3 p.m. at 782 Brown's Line, across from Alderwood Plaza. For information e-mail carol.ann.gauthier@gmail.com

OCTOBER 6 TORONTO SPEED SKATING CLUB Free Open House to experience the fastest sport on ice at the Ford Performance Centre from 2 p.m. to 3:30 p.m. Watch elite racers skate in a demo. Register at torontospeedskating.org

STARTING OCTOBER 7 WALKING GROUP & QIGONG on Mondays from 10:30 a.m. to 11:30 a.m. meet at LAMP CHC. Join as we experience nature and take in the fall beauty! Walking with or without poles, we will move at two speeds and enjoy a gentle Tai Chi-like practice called Qigong. To register, email RoseMa@lampchc.org or phone 416-252-6471 ext. 257.

STARTING OCTOBER 7 DISCOVER THE ART OF MAGIC on Mondays from 3:30 p.m. to 5:30 p.m. at LAMP CHC with artist **Nataliya Sydorenko**. No experience necessary. Join for a beginner-friendly class and find your own voice. To register e-mail jasmind@lampchc.org or phone 416-252-6471 ext. 308.

OCTOBER 7 UKRAINIAN WEEKLY SOCIAL GROUP make new friends and socialize in this eight-week group for Ukrainian speaking participants. Every Monday from October 7 to December 2 at Stonegate CHC Multipurpose room. Childcare provided. To register e-mail NRahnama@stonegatechc.org or call 416.231.7070 ext. 277.

OCTOBER 17 AND 24 SLEEP STRATEGIES workshop at LAMP CHC from 1:30 p.m. to 3:00 p.m. If you are struggling with sleep join our sleep strategies workshop to learn practical tips to improve your sleep and overall well-being. Register by e-mailing Anthony at AnthonyA@lampchc.org or by calling 416-252-6471 ext. 246 or jasmind@lampchc.org

OCTOBER 17 MYSTERY BOOK CLUB at Stonegate CHC, 10 Neighbourhood Lane, 2nd floor, from 1:30

p.m. to 2:30 p.m. as we discuss 'The Only One Left' by **Riley Sager** of which copies available at Humber Bay Library. To register call 416-231-7070 ext. 307 or e-mail

health.promotion@stonegatechc.org

NOVEMBER 6 and 13 STRESS and Wellness Workshops 6 p.m. to 7:30 p.m. at LAMP CHC to examine how stress presents itself and practice coping mechanisms to ease the impacts on our mind and body. To register e-mail JasminD@lampchc.org or phone 416-252-6471 ext. 308.

EVERY TUESDAY FREE UKULELE CLASSES at 2:30 p.m. at LAMP CHC learn to play the ukulele if you are beginner or just looking to brush up on your skills. To register email jasmind@lampchc.org ext. 308 or AnthonyA@lampchc.org or phone 416-252-6471 ext. 246.

FREE DRUMMING WORKSHOPS on Fridays at 2 p.m. and then free Latin Dancing at 4 p.m. at LAMP CHC, 185 Fifth Street. No partner or experience required for any of the activities. For more e-mail NikiM@lampchc.org or call 416-252-6471 ext. 246.

EVERY TUESDAY CHAIR YOGA with **Meaux** at 2 p.m. at LAMP CHC to help strengthen muscles and mobility and improve balance using bands or light weights. For more contact RoseMa@lampchc.org or call JasminD@lampchc.org or call 416-252-6471 ext. 257

EVERY THURSDAY CHAIR YOGA WITH BRIAR at 10:30 a.m. at LAMP CHC for a gentle seated workout. Stretch and enjoy some music and movement with certified Hatha Yoga instructor **Briar Boake**. We are also adding a Monday morning class with **Briar**. For more contact RoseMa@lampchc.org or jasmind@lampchc.org 416-252-6471 ext. 257.

WEDNESDAY IS MINDFULNESS with **Corin** at LAMP CHC at 3 p.m. on Zoom. **Corin De Sousa** provides evidence-based mindfulness programs and workshops throughout the GTA. She is a certified mindfulness teacher through the Canadian College of

Educators. To register email jasmind@lampchc.org or phone 416-252-6471 ext. 308.

EVERY WEDNESDAY FREE UKULELE lessons at 2:30 p.m. at LAMP CHC if you are a beginner or just looking to update your skills, join us for a fun and musical journey! To register e-mail jasmind@lampchc.org or AnthonyA@lampchc.org or phone 416-252-6471 ext. 246.

THE GOOD FOOD MARKET every Thursday from 12 p.m. to 3 p.m. at Stonegate CHC, 10 Neighbourhood Lane, second floor, for affordable produce. Bring your own bags and cash or debit accepted. For more call 416-231-7070 ext. 307.

30 PLUS WOMEN'S PILATES on Tuesdays and Fridays at 10 a.m. at LAMP CHC, 185 Fifth Street, child-minding can be provided. If you seek more info e-mail FatimaA@lampchc.org

HEART HEALTHY COOKING on Tuesdays at 12 p.m. at LAMP CHC, 185 Fifth Street. Learn easy and affordable methods of cooking heart-healthy food. For more information e-mail FatimaA@lampchc.org

SENIORS GENTLE EXERCISE on Tuesdays 10 a.m. to 11 a.m. at Stonegate CHC, Trillium Room, 10 Neighbourhood Lane, Unit 201, with a registered kinesiologist who will lead the group with exercises to increase strength, balance and flexibility. To register call 416-243-0127

SENIORS SOCIAL GAME GROUP for adults 55 and older last Friday of each month from 11 a.m. to 2 p.m. at Stonegate CHC, 10 Neighbourhood Lane, Unit 201, to play euchre, dominos, Uno, bridge and more. Light lunch served. To register call 416-231-7070 ext. 307 or e-mail health.promotion@stonegatechc.org.

FRIDAYS LATIN DANCING at LAMP CHC at 4 p.m. for free Latin dancing. Spice up your dance moves and immerse yourself in the vibrant rhythms of salsa, bachata, and more. No partner or experience needed - just bring your passion for dancing! For more email NikiM@lampchc.org or call 416-252-6471 ext. 246.

LONG BRANCH RESIDENTS are urged to stop the 220 Lake Promenade super condo development and have until October 8 to file a Participant Status Request to the Ontario Land Tribunal. Case # OLT-24-000882 - conference date October 18. Link - <https://olt.gov.on.ca/wp-content/uploads/2023/02/Participant-Status-Request-Form.html>

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The Lakeshore Charitable Foundation is trying to raise \$10,000 to give our 500 students eight kilos of rice each. Donations can be made at Lakeshore Accounting.



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EVENT PLANNING

3350 Lake Shore Blvd. W.

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A guide to some varied musical jams in our community



By **RON JAMIESON**

What exactly is a jam?
 And why should I be interested?
 A jam is when a bunch of musicians get together to play spontaneously and without prior rehearsal. It's not like a regular band that puts on a well-rehearsed show. And usually jams leave more opportunities for improvisation than a regular show.
 Often, musicians organizing a new band or adding a new band member will invite prospective members to jam with them.
 In effect, it's an audition – a chance to assess the jammer's musical skills and his/her ability to work together with the other members of the band.
 But there's another type of jam out there. And they're usually found in bars and venues that host live music. These jams are usually led by a house band, and jammers usually sub in for one of the regular band members' roles and are accompanied by the rest of the band.

Another approach is to put together a group that may consist of jammers and house band members, or solely of jammers.

Why go to a jam?

If you're a musician, a jam is a chance to develop your performance, listening and improvisational skills and to work on your on-stage communication with the other musicians.

In a rehearsed show, all band members know what to do at every point in a tune. In a jam, you have to figure out on the fly who's going to lead things off, coordinate when each band member solos and, probably most importantly, how to end the tune.

Some professional musicians go to jams to try out new material, especially if they're songwriters. It gives them an opportunity to see how audiences react, to help develop final lyrics. For example, when I was in university, I helped run the Bitter Grounds Coffee House in Kingston. We featured folk, blues and jazz. *Bruce Cockburn* would come at least once a year and play for free. During these gigs, he tried out new songs (and eventually recorded one of his albums at our club).

Other professional musicians might go to jams to scout out potential new band members – they have both the opportunity to listen to the jammer as well as an opportunity to try playing with them. For those who are new to making music with others, a jam allows you to get a feel for it. You also can talk with the other musicians,

who can offer feedback on your technique, practicing or to share musical ideas to help you build your own repertoire.

If you're not a musician, a jam can be a very interesting experience – especially when the jammers are seasoned musicians. You won't be hearing an exact replica of a recording you've heard on the radio, but rather an interpretation of the piece by the musicians on stage. As an example, the Rex Hotel, downtown, hosts a jazz jam Tuesday evenings that draws musicians and audiences from all over the city.



A MUSICIAN hard at work jamming to keep his many fans entertained. Courtesy photo.

Here are the jams we're aware of that you can find in South Etobicoke:

- Mondays** - The Rockpile - 7:30 p.m. to midnight weekly - Classic rock
- Wednesdays** - South Shore Bar & Grill - 8 p.m. to midnight - Classic rock
- Thursdays** - The Rockpile - 8 p.m. - midnight weekly - Heavy metal & hard rock
- Saturdays** - Mimico Pub & Grill - 4 p.m. to 8 p.m. - Blues, Country
- Sundays** - The Rockpile - noon to 4 p.m. - Blues
- Southside Johnny's - 7 p.m. to 11 p.m. - Blues

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**1808-1535 Lakeshore Rd E
Mississauga**

Spacious 3BR condo with 2 full baths, balcony and underground parking. South exposure
\$719,000



**174 Thirtieth St
Etobicoke**

50 frontage with 7 car garage. Income opportunity with 2 units in house & garage. Zoned E1.
\$1,125,000



**3845 Lake Shore Blvd W #1110
Long Branch**

Spacious 2BR condo with renovated bath. South view of lake. One car parking.
\$599,000



**13 Pendean Ave
Toronto**

Lovely detached 2+1 bedroom . 2 full baths. Mutual drive & detached garage.
\$899,000



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Franklin Horner Extravaganza 2024

Despite the crazy weather, it was an amazing turn out at the Franklin Horner Extravaganza fundraiser. Once again we sponsored one of the bouncy castles, and gave away a chocolate gift basket.

There also was an attempt to win the three legged race.

A fun day for all. Hope to see everyone again next year!



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