

The South Etobicoke News

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Communities band together to fight airport

Some South Etobicoke waterfront communities are banding together to fight the Ontario government expansion of the Billy Bishop Airport at Toronto Island.

Many residents believe the increased flights over Lake Ontario, noise, traffic congestions and threat to wildlife will have a negative impact on our way of life.

“Increasing passengers at Billy Bishop Airport five fold will have some negative impacts on our quality of life,” wrote Michael Schwanzer, president of the MimicResidents Association, who cites traffic, pollution and wildlife concerns.



PREMIER DOUG FORD PLANS to take over and expand Billy Bishop Airport to accommodate commercial jets which City and community groups vow to fight due to concerns in regards to increased noise, pollution, threats to wildlife and our way of life. The expansion will also take up a section of a downtown park. Courtesy photos.

Schwanzer said in a MRA newsletter that he was getting in touch with Humber Bay Shores. The issue was to be discussed at a Mimico Transit Union meeting on June 2.

“I believe all our waterfront communities in South Etobicoke are interested in organizing a town hall regarding the proposed Billy Bishop expansion,” he said.

The government of Ontario is moving ahead with plans to designate the island airport a special economic zone in an effort to fast-track its expansion now that the province has taken over the land. The province passed into law on May 28 a bill that allows it to take over all the land on the Toronto Islands where Billy Bishop Toronto City Airport is located. City officials also plan to fight the airport expansion.

Some finally get help in finding local medical aid

The shortage of family doctors is so severe that a provincial team has been assembled to help South Etobicoke and City residents find badly-needed medical care.

The West Toronto Ontario Health Team’s Primary Care Access Team (PCAT) works with local agencies as LAMP CHC to connect residents who do not have a family doctor with a primary care provider.

“Beyond making direct doctor-patient connections, we provide navigational support when needing to access social services so individuals do not fall in the cracks,” said Alexandra Rokkos, a social worker at LAMP CHC.

Members of PCAT simplifies the search for medical care by identifying local doctors who are currently accepting patients.



THERE IS NOW HELP FROM LAMP CHC to aid the thousands of people out there with no access to a general family doctor. The province and local medical workers are working with those at risk so they can see an MD before their medical condition worsens. Courtesy photos.

Rokkos said a lack of family doctors pose a major concern as some of the people are being treated for serious health conditions; including cancer.

The group has helped about 100 people with a range of ailments obtain treatment so far and are now working with about 123 others to obtain medical care and medicine. “With so many people currently struggling to navigate the

healthcare system, we are heavily focusing our current outreach on local neighbourhoods across Etobicoke,” Rokkos said.

The PCAT team provides people with initial assessment, including help in filling a short health information form.

Rokkos said staff help match residents with doctors ‘who are a good fit,’ and help them obtain a first visit. They also provide access to community resources, like mental health support, financial advocacy or legal services.

A study by the Ontario Medical Association (OMA) last December said more than 2.5 million Ontarians do not have access to a family physician and a survey showed 52 per cent of medical doctors are thinking of retirement or plan to retire in five years.

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Police are warning seniors to be vigilant for crooked tradesmen posing as home repairmen

Police are warning area seniors to be alert for conmen targeting them for their money for conducting summertime household chores.

Officers said at this time of the year there is always a rash of thieves claiming to be tradespeople, like

roofers, landscapers, painters and others who disappear after receiving a down payment from homeowners for work to be performed.

The latest warning stems from the recent arrests of three men in York Region who allegedly tried to steal from an elderly resident in a distraction theft.

Police said a resident noticed the suspicious behaviour and contacted police, interrupting the alleged theft attempt as officers arrested the suspects.

Fraud investigators are also warning of a real estate scam that is targeting Quebec residents and raising concern among real estate professionals in the Toronto area as the housing market accelerates.

The scheme involves individuals befriending vulnerable, older homeowners, often by offering small acts of kindness such as shoveling driveways or picking up groceries, and then encouraging them to sell their homes.

Victims are aggressively steered into below-market private sales to associates (friends) of the perpetrators, so the homes can be re-sold later at the higher, true market values. This can cheat seniors out of hundreds of thousands of dollars in equity.

With more than 300,000 Canadians, aged 80 and older, expected to sell their homes in the coming years, and the oldest baby boomers turning 80 in 2026, experts



Ovidiu Alexandru, 33 of Markham Iosif Alexandru, 31 of Pickering Florian Musata, 34 of Toronto

say the timing creates a perfect storm of vulnerability. "Reports highlighted by the Advocacy Centre for the Elderly show a sharp increase in disciplinary hearings in Quebec tied to exploitative actions against seniors," said Adam Gordon, Real Estate Broker and downsizing expert.

"This is not isolated behaviour... it's a growing pattern that demands immediate awareness and vigilance." Seniors choosing to age-in-place may face increased isolation, making them more susceptible to manipulation. The warning signs are especially important, and friends and neighbours should support seniors who live alone.

"These scams often begin with trust," Gordon added. "You should never choose a real estate agent because they cleaned your yard or did you a favour. Relationships in real estate must be built on professional accountability, not convenience or familiarity."

Advocates advise seniors and their families to seek multiple property valuations, involve trusted advisors in decision-making, and verify credentials through licensed regulatory bodies.

Seniors are also reminded to never make a cash down payment, to obtain references or conduct Internet searches for companies being hired.

The issue has recently come to broader attention following an alert circulated to members by the Canadian Association of Retired Persons (CARP), which is calling for heightened vigilance.

If in doubt you are asked to call police at 416-808-2200.

22 Division stage Open House on police week

Residents braved inclement weather to attend the annual 22 Division police Open House to celebrate National Police Week from May 10 to 16. Officers were on hand to show some of their skills and training to South Etobicoke residents.



NATIONAL POLICE Week took place from May 10 to 16 in Canada.

The national theme for this year is "Committed to

Serve Together" to highlight collaboration between first responders and the communities they.

National Police Week began in 1970 as a way for the police to connect with their communities and to increase awareness about the services they provide.

The week traditionally coincides with Peace Officers Memorial Day, which is recognized internationally on May 15.

"We are committed to serve in communities across the country," national officers said in a release, "Within our



agencies, and with other police services, first responders, social and community organizations, we achieve this 24/7/365."

The said their teams are committed to working together towards a stronger, safer, brighter future for all.



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Sunnybrook veterans share a meal at Branch 101

Branch 101 of the Royal Canadian Legion was filled with aging veterans for a lunch sponsored by their military counterparts. About a dozen veterans from Sunnybrook Health Centre were brought to the Lake Shore Blvd. W. legion hall to enjoy a meal and talk to fellow like-minded veterans.

“The luncheon gets them out and gives a chance to keep up with news from the legion,” said Cole Hayes, the Legion’s second vice-president.

“We are losing our veterans and they love the camaraderie.”

The Sunnybrook veterans were all more than 100 years old. The valiant men and women fought to defend our country in World War 1, WWII and other wars.

“We appreciate the sacrifice they made to protect us and we are trying to pay them back,” Hayes said.

He said most of the veterans are saddened and disappointed to hear that the iconic Canadian military Snowbirds aerobic team will be grounded for a few years after performing at this year’s air shows, which includes a popular show at the Canadian National Exhibition.

“Most of us grew up with the air show and made our way to the lake with family and friends to watch the performances,” he said. “It will be a sad day when they are gone.”

A new order of the aging 60-year jets have been made and the new planes are not expected to be delivered until 2030. The jets are old and parts are harder to obtain.

Hayes said a new fundraising-lottery is being introduced by Branch 101 to help raise funds to fix the roof of the hall and make further repairs.

Details of the lottery will be introduced soon and tickets will be available at the legion hall.



VETERANS FROM SUNNYBOOK HEALTH CENTRE join their counterparts for an annual luncheon at Branch 101, of the Royal Canadian Legion. All the Sunnybrook veterans were over the age of 100, and had a great time visiting their fellow veterans and to catch up on the latest news. More than 150 Canadian legion members from the community have gave their lives in war defending our country. Their photos are hanging from a framed picture. See page 6.

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MP JAMES MALONEY (in red) with Historic Bell Telephone building owner Christina Murie (with pup sitting) during an Open Door event to showcase the century old Bell building that at one time housed more than 50 call operators who patched through calls for those in the community. There was a steady line of people visiting the Bell Telephone building in New Toronto which is celebrating its 100th anniversary.

The 80 Birmingham Street building was built in 1926 by Bell and used to provide service to expanding west-end Toronto for about six decades before it was sold.

The solid structure at one time housed a Bell office, more than 50 phone operators who physically connected calls and linemen and others who serviced the lines. It features three season outdoor event spaces that are fully fenced for up to 275 guests, with access to indoor washrooms and kitchens.

Some of the 30 offices contain vintage furniture and signs and unique telephones, to remind people of days gone by, when residents would have to dial an operator who would connect them to the person they wanted to speak to. By 1929, the staff handled a daily average of 13,000 phone calls in an area that served Humber Bay, the Towns of Mimico and New Toronto, and Long Branch. Other areas were added later.

Long time LAMP social worker retires after 20-plus years



JASMIN DOOH

A hard-working long-time community worker who has helped hundreds of South Etobicoke residents with their issues is retiring after

25 years of service at LAMP Community Health Centre.

Jasmin Dooh, LAMP's health promoter, will be missed by many residents who she has helped with issues or programs offered by the agency over the years which helped generations of families.

She said it is sad to be leaving and will miss many of the community members.

"I will still be in the community and will see some people," Dooh said. "I will miss the people, many who are friends."

Bill Worrell said Jasmin has meant 'everything to many in this community.'

"Some people pass through an organization. Others become part of its very soul," Worrell wrote.

He said Dooh has championed affordable and housing



JASMIN AND co-workers (above, right) celebrate her retirement.

contribution, and a tradition that has grown into one of the most celebrated events in our community.

The event has rewarded many of our business and community leaders in a large barbeque style event that featured some entertainment. The South Etobicoke News, for the record, has been past winners of the much-appreciated recognition.

"Twenty-five years of showing up with dedication, warmth, and an unwavering belief in this community," he said. "LAMP will carry her fingerprints forever."

Another co-worker said Jasmin passionately believes in her community.

"As a local innovator Jasmin has made huge contributions to the healthy development of youth in the

advocacy, helped many seniors, nurtured community relations, and brought the community together through wellness fairs that became a staple. The well-known Award of Merit event to take place June 17 will remain her crowning

Lakeshore," the worker said. She helped with the 2000 creation of the South Etobicoke Youth Assembly (SEYA), to support youth leadership and cultural events. This past year LAMP's

seniors programs at Lakeshore saw 101 new seniors join its programs, hosting 538 classes, workshops and events with a total of 12,430 senior individual visits to LAMP. Many well-wishers took to social media to wish Jasmin the best.

"A very well deserved retirement. Thank you, Jasmin, for all your help and hard work," said Jeanette Rutherford. "Hope to see you participating in some of the classes."

"So well deserved. Enjoy this next chapter to the fullest," wrote Isa Lunardi.

"She will be missed," said Judith Ciniello. "She helped so many in our community."



TORONTO PARAMEDIC SERVICES held their graduation ceremony and welcomed 73 brand new frontline heroes into the ranks on May 30 in South Etobicoke. The group included: 43 Primary Care Paramedics, 15 Advanced Care Paramedics and 15 Emergency Medical Dispatchers. These dedicated men and women are now officially ready to answer our calls, save lives, and keep our families safe every single day. Courtesy photo.

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The **South Etobicoke News** is a free, independent monthly newspaper that serves Humber Bay Shores, Mimico, Lake Shore Village, Long Branch and Alderwood areas. Established in 1999.

We live in the community and cover local news, amateur sports, business and civic life while honouring those who gave so much of themselves so we can have the lives we enjoy today.

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Sad day for all Canadians as iconic Snowbirds gets parked

Veterans from two area Royal Canadian Legion Halls are making a plea to keep the iconic Canadian Forces Snowbirds in the skies for generations to come. The famed Canadian flying Air Forces fleet of CT-114 Tutor jets, entered service in the early 1960s and many have been flying with the aerobatic team since 1971. The aircraft have faced growing safety and maintenance concerns in recent years, including questions around aging parts and outdated systems. The vets are reacting to reports that Ottawa plans to pause the Snowbirds program next year as a new fleet is sought. The famed flyers will not take perform next year. Many members Legion Hall Branches 101 and 234 said they have been watching the air shows over Lake Ontario with their families for generations and it will be sad if the excitement and sounds of the aircraft is gone. The Snowbirds are a staple of Toronto's annual CNE air show, and regularly thrills hot summer crowds at major air shows and national celebrations across the country. Defence Minister David McGuinty said there are plans to keep the exciting Snowbirds in the air for a long time. The Liberal government in 202 spent \$30 million to upgrade the aircraft - to keep them flying until 2030 while a suitable replacement is found. There are 21 of the single-engined jets in RCAF service, according to data from aviation analytics company Cirium. All those CL-41/CT-114s are more than 60 years old and operated solely by the Snowbirds for aerobatic display.

Canada is in the midst of a once-in-a-generation RCAF overhaul, planning tens of billions of dollars in new defence spending over the next decade and beyond. That includes new fleets of aerial refuellers, manned and unmanned long-range patrol aircraft, submarines and an entirely recapitalised trainer fleet.

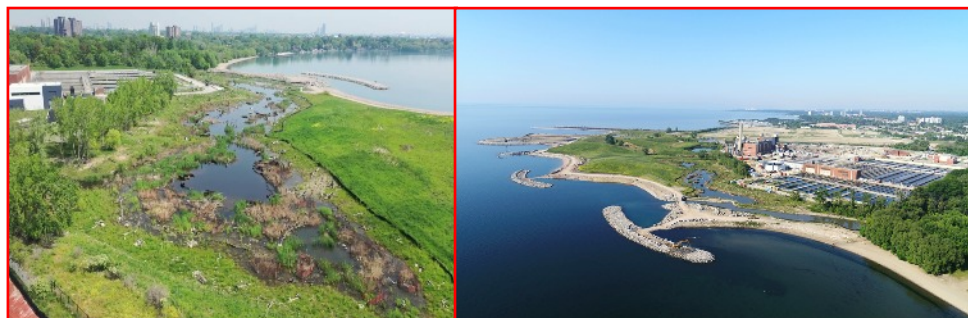


THE SNOWBIRDS are decades old and lack parts and new jets are being ordered.

Jim Tovey Conservation Area on shoreline now open for all

A ribbon-cutting ceremony was held to open the province's newest Jim Tovey Lakeview Conservation Area just west of Marie Curtis Park. The 26-hectare once-derelict Mississauga shoreline has been turned into a thriving waterfront destination, with award-winning restored habitats, recreational trails and Indigenous placemaking spaces. The park was opened last May 25 with politicians and other dignitaries from Mississauga. It was named after Tovey, a former Mississauga and Peel Region councillor, whose vision and leadership helped shape the revitalization of the waterfront landscape. The conservation area provides many hectares of new greenspace, transforming Mississauga's Lakeview neighbourhood into a hub for passive waterfront recreation, a hotspot for wildlife migration, and a green oasis in the heart of the city. The area was built using roughly two million cubic metres of clean fill sourced from Peel Region infrastructure projects, transforming the shoreline into a new habitat and public greenspace. More than 42,000 trees and shrubs and over 76,000 wetland plants have already been added, while wildlife monitoring has recorded dozens of bird, fish,

butterfly, and mammal species returning to the area. The project took about 10 years to complete. While there is no parking available at the conservation area, visitors can park and enter through Marie Curtis Park, located at 2 Forty Second St., Etobicoke.



THE JIM TOVEY Lakeview Conservation Area is open for hiking and enjoying nature.



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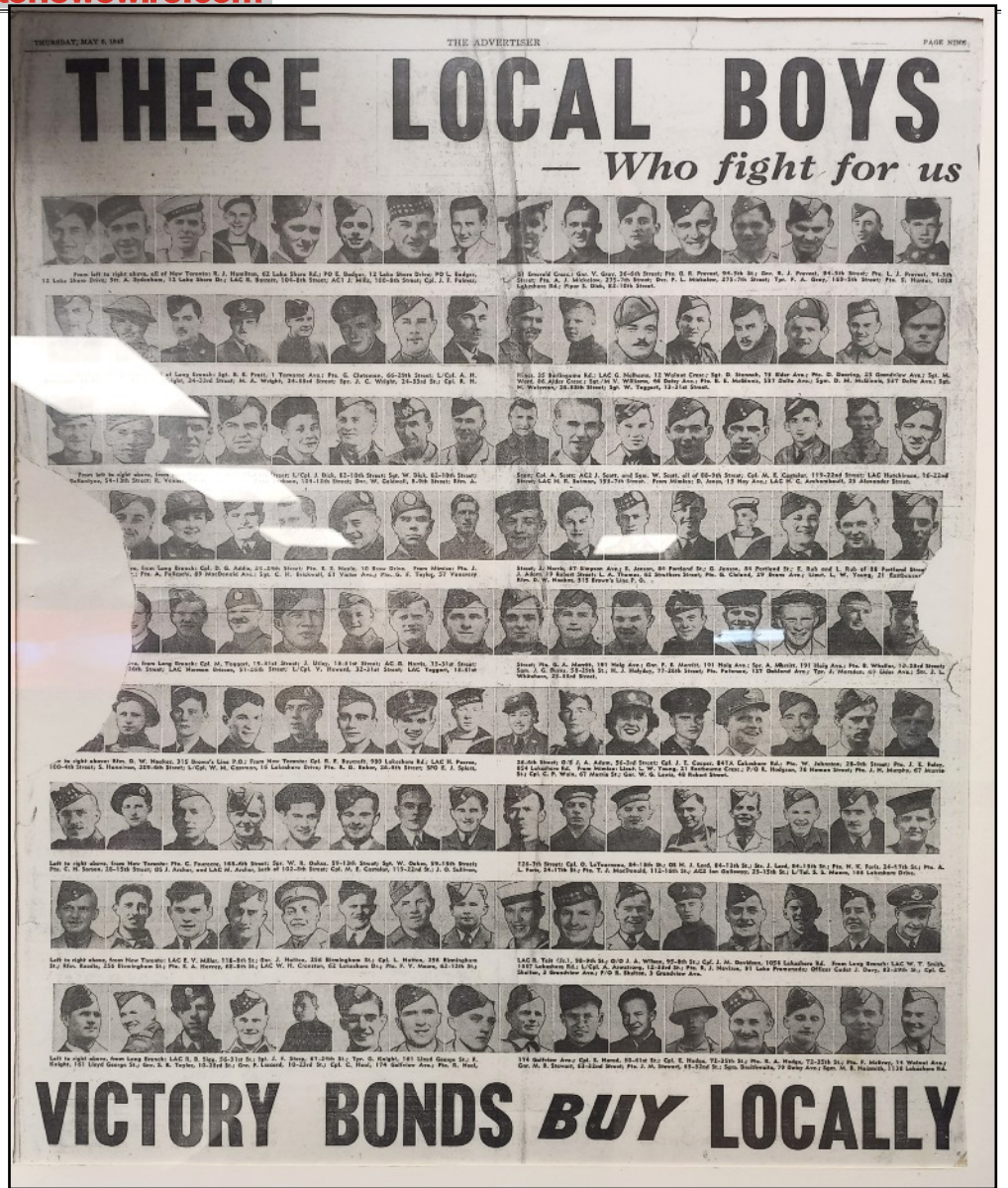
We remember hundreds of brave men who lost lives



area that we haven't heard about. One member of the Legion is in the process of writing a book to remember the veterans who are still alive, but slowly dying off. Hayes believe the large amount of veterans from the South Etobicoke area may have to do with the legacy of the area due to the Small Ammunitions Plant

and Camp Long Branch, which then was a 100 acre property at Lakeshore and Dixie Roads area. "There was a lot of military activity in the area at one time," Cole said. "It was busy." Canada's first aerodome was opened here in May 1915 by Curtiss Aeroplanes and Motors Company as a flying training school. Aircraft such as the Curtiss JN-4 "Jenny" soon became a common sight at the airfield, which included three aircraft hangars and a grass strip for landing.

More than 150 brave men from the South Etobicoke area alone gave their lives to defend this country in war. The faces of the men are framed as they hang forever on a wall of Branch 101, of the Royal Canadian Legion, at Lake Shore Blvd. W., and Brown's Line. The portraits of most of the men are hazy and unrecognizable but their mission was no doubt to defend Canada and our way of life. Cole Hayes, the Legion's second vice-president, said there are many other veterans of WW1 and WWII from the




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Go Fund Me for family who lost all in near death fire



INTERIOR DAMAGE caused from the lithium battery fire (above) Firefighters battle a similar battery blaze (below).

An Etobicoke family is lucky to be alive after a charging lithium battery caught on fire as they slept.

“My family is devastated and everything my brother owned was destroyed in the fire,” wrote Tyra Frances, who arranged a Go Fund Me to help the family.

“My family has also lost most of their clothes,

furniture, and personal belongings,” Frances said. “Anything that was not destroyed by the flames has been heavily damaged by thick black soot and smoke.”

A Go Fund Me fund has raised more than \$5,000 out of \$6,500 sought to obtain items lost in the May 26 blaze.

Frances wrote that her mom, Jessica Webb, was hit with a huge cloud of thick black smoke.

“The room was completely engulfed in flames, and my brother Ethan was still asleep inside, unaware of what was happening,” she said. “My mom started screaming wake him up and was able to get him out safely.”

The family is living in a hotel for the next for two weeks, and are very uncertain of what the future looks like.

Frances said donations will go toward replacing essential belongings, clothing, food, temporary accommodations, pets, transportation, and helping my family rebuild after this tragedy.

Toronto Fire Chief Jim Jessop says a recent increase in the frequency and severity of lithium-ion battery (LIB) fires in the city is a “serious public safety concern.”

The blaze broke out near Park Lawn Road and Berry Road, shortly after 2:30 p.m. and was quickly extinguished.

While not inherently dangerous, these power sources, commonly used in e-bikes and e-scooters, can explode, causing personal injury, even death, not to mention significant property damage.

Toronto Fire said it recorded a nearly 600 per cent increase in lithium-ion battery fires from 2020 to 2024.

“The frequency and intensity of lithium-ion battery fires continue to increase across our city, along with the risk to the public and firefighters,” Jessop wrote.



Some charging for electric vehicles now available in South Etobicoke



ELECTRIC CHARGING stations similar to these will be on our south Etobicoke streets.

On-street electric vehicle charging stations are making their way to the City’s west-end and are being installed on a handful of south Etobicoke streets.

Electric vehicle charging stations are being installed in four sites by the Toronto Parking Authority in Long Branch, Kinsdale Blvd., and The Kingsway.

The EV stations have to be approved by Etobicoke York Community Council and City Council, whose members decide where to locate the devices based on traffic and other considerations.

Two of the charging stations are being installed on Lake Shore Blvd. W., just a few metres west of Thirty First Street, according to a City report.

Other charging stations will be installed on Kinsdale Boulevard, about 61.5 metres east of Park Lawn Road, and on The Kingsway, some 28.2 metres east of Anglesey Boulevard.

A charging station previously placed on Weston Road and King Street was moved by City staff to make way for a transit shelter.

This report said all the sites have been reviewed and endorsed by the local Councillor.

Motorists will be able to charge up for three hours each so others can refill their batteries.

Transportation Services staff, with the assistance of Toronto Parking Authority and Toronto Hydro, have worked together to identify suitable locations to deploy EV charging stations.

An inventory of locations, identified by staff and through resident outreach were considered and a shortlist of locations were presented to the local officials. Toronto has over 3,000 public EV charging ports spread across more than 800 locations, with a majority being Level 2 chargers or smaller.



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Dino's celebrating 20th anniversary in pizza biz



South Etobicoke pizza maker Zeynel 'Dino' Ari is celebrating his 20th anniversary of making tasty wood burning pizzas and giving back to the community. Ari has distributed thousands of pizza slices free to the homeless and others at risk since COVID in Etobicoke and on the streets of downtown Toronto. Some free slices are still available on a table outside his 820 The Queensway Dino's Pizza flagship restaurant, which was opened 20-years-ago. He also has another pizzeria at 817 Kipling Avenue.

Ari said his greatest pride is giving back to help others who are less fortunate. "Over the years, we proudly helped the homeless, supported families in need, and stood beside members of our community during difficult times," Ari explained. As recent as last week he and his team were in Regent Park handing out slices.

Ari noted that local businesses are facing challenges from large international food conglomerates and today, in many cases, it has become insurmountable. "Rising living costs, declining purchasing power, economic instability, and growing competition from large franchise chains have deeply affected small local establishments like ours," he warns.

During the pandemic Ari and his staff would make hundreds of pizzas and drive them downtown at his own expense and distribute the food items to the homeless and those awaiting shelter beds.

Ari also fed hundreds of international students who were living far away from family in a new city. They were invited to his pizza parlour for free food.

Dino's Wood Burning Pizza also prepared pies for frontline workers, giving slices to doctors and nurses at hospitals. He was recognized as a "Hero of Etobicoke-Lakeshore" for his contributions to the community and awarded a Queen Elizabeth Platinum Jubilee pin by the Canadian government.

Ari does not give back for honour or recognition; he does it because he cares. He has had this philosophy since he immigrated from Turkey in 2000 and opened Dino's in 2007.

"Big cities are always difficult to live in, whether it's Italy or Turkey or Canada, but people can still be kind.

I think it has to do with the family, the culture, the heart and how people were brought up."

The long-time chef believes he makes one of the best pies in the city. His oven was handmade by Italian craftsmen and used to bake his flavourful thin-crust wood-fired pies. His homemade sauces and dough are made fresh daily, part of a menu that also includes tasty wings, salad or his Turkish flatbreads.

"We must be kind to people and invest in our people and our community," he says. "To put a smile upon the face of people is the biggest reward for us."

The Queensway shop can be reached at 416-259-0050 and Kipling is at 416-239-6681.



Meet Atilla, the owner of Ati Pastry, at 2755 Lake Shore Blvd. W., Unit D, across from McDonald's in New Toronto. The store has only been open for several months but Ati has been a pastry chef for many years. He makes daily fresh European pastries and cakes that he says tastes like home. Also available are Danishes, cheese sticks, pogacsa (bacon bums), Dobos, Oros, Black forest, Esterházy, Somloi, strudles, zserbó, kremes. Ischler, linzer, bejgli and more. The store features in-store pick up or takeout and can be reached by phone at 647-894-3369 or atipastry@yahoo.com Valeria Toth Beliczay in a review said the store featured the best of best kremes in Toronto.



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Transit Towers on rail



A MASSIVE 61-storey tower, (top, center) planned for near the Islington Subway.

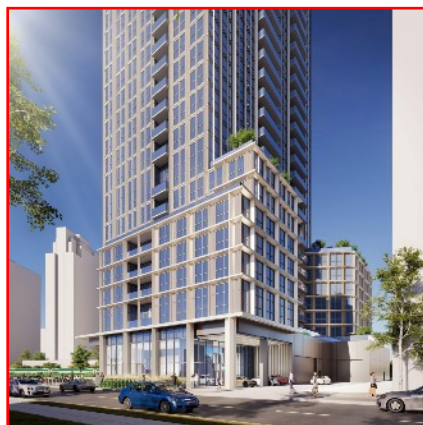
It will be one of the tallest towers in South Etobicoke if built. An application has been filed to amend zoning by-laws at 1243 Islington Avenue, at Aberfoyle Crescent, to build a 61-storey high-rise near the Islington Subway Station. The site is currently home to a 12-storey medical office building. The tower, when completed, is expected to have 702 dwelling units and 90 square metres of non-residential floor area. The proposal includes 98 vehicle parking spaces, 264 bike parking and two loading spaces. Access to the underground parking garage and potential future pick-up and drop-off

area, is from Aberfoyle Crescent.

To west, the Islington station site is being rebuilt to house the bus terminal in more modern, less land consumptive space. Also planned is a future City Housing Now site with four towers, ranging from 32 to 55 storeys.

There is also a massive mega projects being built in the Six Points area to include housing and a new Etobicoke Civic Centre.

The area around the Islington subway is planned to undergo major housing



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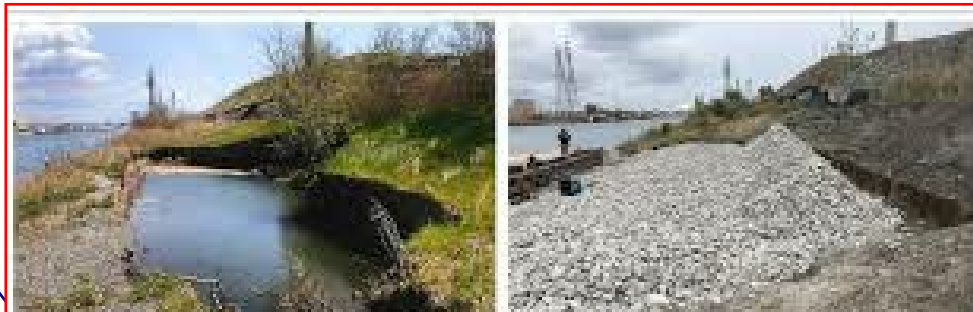
years. Already developers are eyeing sections near the Royal York Station for development. An application has also been filed to build a 29-storey condo at 2915–2943 Bloor Street West, near the Royal York subway. The site is currently occupied by two story mixed-use buildings and surface parking. The building will have a story podium, introducing 423 residential units—including seven rental replacements, with 1,024 square meters reserved for retail.

Most of these proposals are working through



THIS 29-STOREY condo is for near the Kipling Subway.

Waterfront Dockwalls and Western Beaches are 100 years and needs care



LARGE STONE dockwalls that separate the City from Lake Ontario that needs renovation.

The City of Toronto is protected from Lake Ontario by about 37-kms of 100-year-old shoreline protection dockwalls that runs from Scarborough to Etobicoke and now needs urgent restoration work.

City Council is considering a report called the Waterfront Dockwalls and Western Beaches Breakwaters Action Plan Update which warns that sections of the rock-filled dockwalls that keeps us safe are in bad shape and needs to be urgently restored.

It can cost up to \$180 million to restore the entire rockwalls as part of a Dockwall Resilience Program. An update will be provided to council next year.

Priority has to be given to who owns what sections of the wall, what work has to be performed and who pays for what as the infrastructure is owned by the City, the province and federal governments.

The protective walls of massive rock safeguard vital waterfront areas and assets, provides stabilization for the shoreline and protects the City from flooding and erosion, facilitating marine navigation including for industrial and recreational boating, according to the report.

“As this shoreside infrastructure ages and declines, it presents increasing risks related to public safety, liability, and the continued use of the waterfront for economic, recreational and commercial purposes,” according to the document.

“The City has to take the first step in developing a clear understanding of current conditions to set priorities, estimate costs, and identify areas of risk for all governments.”

It warned the current and future state of Toronto's shoreline infrastructure is not just a municipal issue but also a complex matter of provincial and federal concern, whether through ownership, regulation or policy direction.

A visual assessment this year identified that over 60 per cent of the Western Beaches Breakwaters system, just west of Humber River, is in fair condition; 41 per cent is in poor condition; with about 14 per cent in serious condition requiring intervention within one to five years.

“Zero percent is in critical condition requiring immediate repairs,” according to the assessment. It said system-wide repairs are estimated at approximately \$97 million, while full replacement of the system could cost up to \$180 million.

The report said most of Toronto's dockwall and shoreline protection is more than 100 years old and is falling apart and requires work.

It said the City has to take the first step in developing a clear understanding of current conditions to set priorities, estimate costs, and identify areas of risk for all governments.



A 77-year-old Christian woman is seeking to rent a basement or a bachelor apartment for \$1,000 a month all inclusive. Please call 437-212-6400.

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FIFA has been a boost for Centennial

South Etobicoke residents will be better off for generations visiting sports-friendly Centennial Park after the FIFA World Cup 2026 has come and gone. City official said they have invested more than \$75 million to improve and add new facilities to Centennial Park, which will be used as a practice facility by FIFA teams playing in Toronto and has to be brought up to professional standards. The equipment will be left for use by the community after FIFA has left town. The City said a West Sports Hub, located in the west portion of the park, will have four baseball diamonds, eight public-use beach volleyball courts and 12 pickleball courts. An area called the East Sports Hub, in the southeast area of the park, will include three soccer pitches, a multi-use field and premium field that will be used as a training site for FIFA teams. The hub also includes a new fieldhouse with change rooms, community space, and washroom facilities. There will be enhanced pathways and year-round washroom facilities. Other amenities opening this year and through



"As Toronto grows, we need more first-class parks facilities like what the city has delivered here at Centennial Park." "Following the tournament, the facility will be returned to the City for public use, supporting local leagues, community programming and recreational activities," the City said in a release. Ward 2 Councillor Stephen Holyday said Centennial Park is a cornerstone of the Etobicoke community and a destination for residents.



2028 include a cricket pitch, a playground and splash pad, and a skate trail and updated chalet, plus other expanded park infrastructure. "Centennial Park is one of Toronto's

largest and most visited parks, welcoming 1.5 million visitors every year. It is a place where families gather, kids play sports, neighbours come to enjoy the outdoors and spend time together," said Mayor Olivia Chow who led a press tour.



"These new amenities strengthen the park's ability to support recreation, sport, natural heritage and special events, ensuring it remains a vibrant and well-used space for generations to come," he said.

Toronto will host its first World Cup match on June 12 and its last on July 2. It is hosting six matches in all. Games will also be held in Vancouver, Mexico and the U.S. City Council in a first has set up a mini-soccer pitch in the reflecting pool at Nathan Phillips Square for the purposes of

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Popular 7-Eleven store shuts down after decades of service in the area



In the Community

By TOM GODFREY



ONE OF THE MANY 7-Eleven store (top, bottom) in Long Branch and elsewhere being closed.

A popular 7-Eleven store that has stood for decades in Long Branch has shut down to the disappointment of many residents. The store at 2480 Lake Shore Blvd., at Twenty Fourth Street, had put out signs saying their last day was May 26. Many residents loved the store as a quick and a bit costly venue to obtain goods when it was cold. Many took to social media to say they missed the place and people.

"I remembered my siblings and me scavenging the home to look for loose change and roller-blading here to get slushy and

one-cent candy!" recalled Claudia Lopez on social media."

"The film community will certainly miss it," noted Ian Drummond. "The location was a dream location for a 7/11 type business."

Tyrone Jemell said he will miss the chicken wings.

"I will miss my shoes sticking to the floor, the \$10 rock hard chicken wings & always stale taquitos," Jemell took note.

Cheyenne Potter-Orr said the 7-Eleven was a staple in the community.

"Omg... I grew up on Lakeshore and my older sister used to take me there with her friends on weekends ... so sad to see it go," she mused.

The Japanese chain is one of the largest in the world with more than 13,000 stores globally, with more than 550 in Canada alone.

The company said they're losing sales and plan to cut about 650 underperforming stores in North America.

Seven & I Holdings, the chain's parent company, said in an earnings report the stores are being shut due to a variety of issues, including slowing sales, declining traffic, inflationary pressures and a decrease in cigarette purchases.

"The locations being closed have likely suffered from a disproportionate decline in foot traffic and customers as consumers battle with rising food prices and cut back on the amount they buy," said retail analyst Neil Saunders.

He said: "In some areas, increased competition from online and value stores will also have taken their toll as consumers seek out lower prices."



Many of our residents and business people are talking about the sad shape of our main commercial strip, with dozens of shut stores.

Many of the small mom and pop stores seem to be shut for years, with their windows covered losing precious revenue for the City and its owners,

There is one former convenience store on a prime spot of New Toronto that has literally been boarded up for years. It is not the only one though that has been shut for years.

Other merchants complain about a former office building, that was sought for a men's shelter years ago, is left to rot with people living illegally inside, posing a possible fire and other threats.

I counted at least 40 empty stores while driving along Lake Shore Blvd. W., from First Street to Brown's Line.

Area officials said there is little they can do to have the stores reopen since some owners do not live in the area any more, or there are legal challenges between families taking place. Some point to the busy business areas in Port Credit, Bloor Street W., or even on Danforth Road where it is clean, stores sparkling and the business owners really care.

The vacant or deserted stores in our business areas lead to neglect and garbage being strewn by passers by who do not seem to care.

We all enjoy the plants and greenery placed along the boulevard by the local business association, who are trying hard to beautify the community.

One man pointed out that the many shut stores leads residents to do their shopping at Sherway Gardens Mall, or in stores along The Queensway or Bloor Street. W.

"Rather than bring people here to shop, we are driving them out," the well-known businessman said. "The community deserves better."

We all have to work harder to re-invigorate our business area and try to reopen our once-thriving commercial ventures, which once fuelled our economy. The idle buildings has led to an abundance of graffiti and vandalism that drags us all down.

There seems to be a lack of leadership from our politicians and elected officials when it comes to recruiting more businesses to move into the area to fill some of the empty units. It is rare to see any of our elected leaders in the business area shopping or even enjoying a meal.

The community is being left to fend for itself and restore its businesses and support business owners.

We all know that inflation and the high cost of living are plaguing us all and that we have to help ourselves and each other. But we all deserve more and for better days to come.

We live in a great community, with friendly people and a beautiful lake at our doorstep but as one person said "we are not firing on all cylinders."

We have to work hard to restore the dynamism and commercialism that once drove this beloved community.

Tom Godfrey is Publisher of the South Etobicoke News, who lives in the community. He was a reporter at the Toronto Sun for many years before deciding to use his skills to work in community journalism.

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Your Money \$ Wealth

Saving Money with RATTAN GANDHI

It is a topic that is continually discussed and debated upon by the businesses and economist. Inflation forecasts are incorporated into business budgets and forecasts. Governments use this to set monetary policies such as public spending and infrastructure planning. At the public level, it is used to fund social



services, Canada Pension Plan and Old Age Security payouts.

StatsCan monitors inflation through a Consumer Price Index (CPI). This basket includes 8 major components – Shelter, Food, Transportation, Household operation, Clothing and Footwear, Health and personal care, Recreation/education/reading, and lastly Alcoholic beverages/tobacco/recreational cannabis. The list is broad and exhaustively inclusive. This exercise results publication of the CPI index, the latest annual inflation rate is 2.8%. This is the annual inflation rate over the same period of the last period -year over year.

How does inflation happen, generally the demand for goods and services is higher, input cost have increased, wages have increased and the money supply in system has increased thus decreasing the value of the money.

Let me delve into 8 major components at the consumer level;

Shelter – for the homeowner it is mortgage, property taxes and utilities. Households renewing mortgages are potentially significant increase depending upon the old mortgages rate along with increases in the property tax by the cities. Renters in this category have seen stability and/or lower rents.

Food- Food inflation for groceries is currently at 3.8% and this rate has been consistent; the big uptick happened in 2022/23 with rate edging closer to 9%. Beyond food price increase there has been shrinkflation. Shrinkflation is when have reduced the volumes while maintaining the price, a cereal box may be the same but the volume in the box has been reduced, another method is denting the bottle size while maintaining the size of the bottle again the volume in the bottle has been reduced.

Transportation – households owing automobiles are seeing a major upswing primarily due to gasoline prices, automobile prices and the associated Insurance. Repair and maintenance if one is holding onto the current vehicle. Public transportation has been stable

Household operation-this includes furnishings and equipment, most of these controllable expenditures. Furnishings and equipment have also and has remand stable is running at 0.3%.

Clothing and Footwear- this area is also remand stable; women clothing is up 1.4% and Men's wear shows a drop of 1.2%.

Health and personal care- this area sees a significant inflation running at 3.8%. Health care cost is increasing with Hospitals and physicians and drugs being the major components with spending increasing 4.2% with economy growing 2.6% Personal care services and products edging higher due to labour cost and supply chain hiccups. **Recreation/Education/Reading**- this component has seen a drop of 1.7%. the only exceptions are Computer Equipment, Streaming and Home Entertainment are up 2.6%,19.2% and 4.6% respectively.

Alcoholic beverages, tobacco and cannabis-Alcoholics beverages are up 5.6%, Tobacco 8.0% Cannabis is one the few consumers goods are deflated and or stagnated. The major increases are a are a result of tariff increase by the government.

Looking forward there are clouds on the horizon with gasoline prices and tariffs coming into play. Governments across the world are trying to mitigate the impact, this situation could become unbearable on the poor section of the society.

Governments around the world keep a close tab on inflation, if not controlled it very quickly turn hyper inflation, some countries have seen prices change by the hour and wages remaining stagnant.

Rattan Gandhi is owner of Quick Refund Tax, 133 Sixth Street. His opinions stem from more than 20-years experience in helping clients in the tax area. He can be reached at 905-616-5253 or rattangandhi@gmail.com.



Retired Judge Speaks

By Retired JUDGE LLOYD BUDZINSKI



Every election, Canadians mark an X beside a name and think of it as choosing a government — picking a prime minister, deciding who runs the country. That's a natural way to see it, and it's easy to understand why. But it isn't quite how our system works. And understanding the difference matters, especially when something like floor crossing hits the news.

Canada uses what's called the Westminster system of parliament

— a model inherited from Britain and used across much of the Commonwealth. At its heart, the idea is straightforward: voters in each riding elect one person to represent them in Ottawa. That person is your Member of Parliament, your MP. Think of them less like a remote control for government and more like a hired agent. Say you need a lawyer for a complicated estate. You don't tell them what to argue in court every day — you hire them because you trust their knowledge, judgment, and values. Your MP works the same way. When you vote, you are not issuing a set of daily instructions. You are picking your representative and sending them to Ottawa to use their knowledge and their conscience on your behalf. This is not a technicality. It is the foundation of how our democracy is built, and it changes everything about how you should think about your relationship with your elected representative.

Here's the part that surprises a lot of people: Canadians do not elect a prime minister. Not directly. The Governor General — the Crown's representative — asks the leader of the party that holds the confidence of the House of Commons to form a government. In practice, that usually means the party with the most seats. But the MPs are the ones who give or withdraw that confidence. The prime minister holds the job only as long as the elected representatives support them. Put simply: MPs choose the government. We choose the MPs. This is an important distinction with real consequences. It means that if a party loses the trust of its own members in the House, that government can fall — even between elections. MPs carry genuine individual authority. They are not just party puppets. They are the actual elected officials in our system.

Compare that to the United States. Americans directly elect their president in a national vote. The president has a fixed four-year term and cannot be removed by Congress through a simple vote of non-confidence. The president also does not sit in Congress, so there is a hard wall between the executive branch and the legislative branch. That separation creates stability, but also gridlock — a president from one party facing a Congress from another, with neither able to move forward. Americans have watched this play out for decades, with government after government grinding to a halt over basic legislation. In our Westminster system, the prime minister must sit in the House of Commons and must keep the support of MPs to govern. This makes our executive more accountable, more flexible, and faster to respond when a government loses its way. If a prime minister is failing, Parliament can act without waiting for a scheduled election. There is no four-year wall protecting a leader who has lost the room.

All of this brings us to floor crossing — and why the outrage around it is often misplaced. Floor crossing happens when an MP switches parties, walking across the floor of the House of Commons, symbolically speaking. People feel betrayed. They voted for a Conservative or a Liberal, they say, and now that MP is sitting somewhere else. But remember: you did not vote for a party. You voted for a person. Your MP is your agent, hired to use their best judgment on your behalf. If they discover that their party has shifted away from your interests — or their own deeply held principles — their obligation to you may require them to act independently. An MP who crosses the floor is saying: my conscience, and my duty to my constituents, pulls me in a different direction than my former party.

Is that sometimes opportunistic? Sure. Politicians are people, and people have mixed motives. But the act itself is not a betrayal of the system. It is, in many ways, exactly what the system was designed to allow. A parliament made up of truly independent representatives, each accountable to their own riding, is far harder to corrupt than one where every MP is simply a soldier for the party line. The ability to cross the floor keeps parties honest. It says to every leader: hold your caucus, or lose it. That tension between individual conscience and party loyalty is a feature of our system, not a flaw.

Westminster democracy is not clean or simple. It is full of conventions, unwritten rules, and judgment calls that go back centuries. There is no single written document that explains all of it. It runs, to a remarkable degree, on trust — trust between voters and their representatives, between representatives and their parties, and between parties and the institutions that hold them all together. But underneath all of that, the core idea is remarkably decent: your community sends one of your own to Ottawa, gives them your trust, and asks them to do right by you. That's worth understanding — and worth protecting.

Judge Lloyd Budzinski retired after 28 years and was a former Crown Attorney, Defence Counsel and Ontario's Assistant Deputy Minister of Criminal Law. He was Chief Prosecutor in the trial of ex-RCMP officer Patrick Michael Kelly, found guilty of murder for throwing his wife from a 17th floor balcony in March 1981. He can be reached at lbudzinski@talkjustice.info Justice Budzinski's full report, *The Case for a College of Policing* in Ontario, is available by writing to him.

The South Etobicoke News

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Mandarin Restaurant co-founder Chiu passes on



MANDARIN CO-FOUNDER JAMES CHIU

Friends, family and food-lovers are mourning the loss of James Chiu, the co-founder and president of the popular Mandarin Chinese buffet chain, with one long-time restaurant at the Kipling Queensway Mall.

Chiu passed away on April 29 at the age of 78 following a battle with pulmonary fibrosis. The restaurateur is known for



The Mandarin, under his leadership, became widely recognized for its high-quality buffet and its well-known free Canada Day meals for citizens.

“What began as a means for survival, transformed into a life-long love of hospitality,” the tribute reads.

Chiu moved to Ontario with his wife and daughter in 1979, along with his brother, George, sister-in-law, Diana, and long-time friend K.C. Chang – all three would become his future co-



JAMES CHIU

founders. Chiu co-founded Mandarin restaurant in 1979 in Brampton and transforming it into an iconic 29-location chain, which became a staple for all-you-can-eat Chinese food in Ontario.

“We have lost a true restaurant icon and passionate champion of people and community,” the restaurant said in a post on Instagram.

“His vision for exceptional food and genuine customer service will live on, inspiring generations to come.”

Chiu immigration from Taiwan to Canada in 1963 and later launches his first restaurant ‘Sweet ‘N Sour,’ in Montreal where he studied business.

founders.

They then bought a small Chinese restaurant on Queen Street in Brampton called Mandarin. In 1986, the restaurant adopted a Chinese buffet concept to accommodate long line-ups.

“Over the years, James, together with his co-founders, led Mandarin’s expansion,” the tribute read, noting that there are currently more than two dozen Mandarin restaurants across Ontario.

JAMES CHIU

“James lived a full and vibrant life and will be remembered for his wit, wisdom, and

June 4 is runner Tom Longboat’s day in Toronto

It is probably the first time an Indigenous person has had a day named after them in the almost 200-year history of the City of Toronto.

City Council last month dedicated June 4 as Tom Longboat Day In Toronto after the famed Six Nations runner and war veteran, who worked for the City for almost 20-years.

Thomas Charles Longboat was an Onondaga long distance runner from Six Nations of the Grand River, Olympian, First World War veteran, residential school survivor, and distinguished City of Toronto employee.

Born in 1886 in Ohsweken, Tom Longboat became one of the most famous athletes of the early 20th century, helping establish marathon running as an international sport. He became the first Indigenous person to win the Boston Marathon in 1907, before going on to represent Canada at the 1908 Olympic Games in London.

Known for his innovative training methods, Longboat’s pride and connection to his Onondaga heritage and traditions drove him throughout his competitive life.

Longboat enlisted in the Canadian Armed Forces in 1916, serving on the Western Front in France and Belgium as a dispatch carrier, returned to live in Six Nations, where he remained until his death in 1949.

His legacy of athletics and public service continue to inspire us today. In 1951, the Tom Longboat Awards were established for Indigenous athletes who demonstrate excellence in sport. Each year, a run is organized by members of the Longboat family and hosted in Six Nations to commemorate Tom Longboat Day.

In 2008, Bill 120 proclaimed June 4 of every year as Tom Longboat Day in Ontario.



LONGBOAT worked for the City in the street department after retiring.



INDIGENOUS RUNNER Tom Longboat will be honoured by City on June 4.

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JUNE 4 MOVING MEDITATION TAI CHAI Flow with Katy that is easy to learn, suitable for seniors, improves balance and joint health, immune system and mental clarity. On Thursdays from 2 p.m. to 4 p.m., in Trillium Room of Stonegate CHC. Call 416231-7070 ext 307 or email

health.promotion@stonegatechc.org

JUNE 5 TRILLIUM HEALTH PARTNERS is conducting research to see how technology can support older adults from marginalized communities age safely and comfortably at home. Takes place from 9 a.m. to 1:30 p.m. and participants sought who are Black and above the age of 60 who live in Peel Region. For more contact Email: moonshot@thp.ca or phone 416-568-0472.

JUNE 5 GET YOUR APPLICATIONS in as the Jean Augustine Centre for Young Women's Empowerment is hiring three summer camp counsellors, a program assistant and educational resource assistant. Applicants must be a Canadian citizen and be between 15 to 30 years old.. Send in your resume or cover letter to opportunities@jeanaugustinecentre.ca with the position title in the subject line by June 5th. Call 416-253-9797.

JUNE 6 ETOBICOKE CENTENNIAL CHOIR features contemporary women composers as Carol Barnett composer of *The World Beloved: A Bluegrass Mass*, with libretto by **Marisha Chamberlain**. The choir showcases music by local songwriters **Lauren Halász** and **Colin McMahon**. The show starts at 7:30 p.m. at Runnymede United Church, at 432 Runnymede Road. Tickets required. Call 416-779-2258 or email at info@entobicoke

JUNE 8, JUNE 22 ONLY ONE YOU a Spring Jean Augustine Centre no-pressure space to figure out relationships, handle stress, and feel like your true self a free after school program for girls aged from 7 to 17 from 4 to 6 p.m. at the Centre at 101 Portland Street. For more call 416-255-9797 or e-mail info@jeanaugustinecentrechoir.ca

JUNE 3, 10, 17 CHAIR YOGA with **Meaux** at 10 a.m. to enjoy gentle stretching and supported yoga movements that help build strength and improve flexibility at LAMP CHC, 185 Fifth Street. Contact jasmind@lampchc.org or call 416-252-6471 ext. 308.

JUNE 10 REGISTER for Children's Summer Camp for those aged 6 to 12 for programs that runs July to August from 10 a.m. to 3:30 p.m. at Stonegate CHC, 10 Neighbourhood Lane, Trillium Room. Limited spots and first come first served. For more info phone 416-231-7070 or email julia.graham@stonegatechc.org

JUNE 10 FINANCIAL Workshops for Seniors: Tax Credits & Benefits for Seniors from 2 p.m. to 4 p.m. at Maria A. Schumaka Branch of Toronto Public Library, 1745 Eglinton Ave. W.

JUNE 17 26th ANNUAL AWARDS OF MERIT CELEBRATION join LAMP CHC as they recognize outstanding individuals, organizations and businesses that have impacted our community. Enjoy an afternoon of celebration featuring entertainment, food, and community spirit at 185 Fifth Street. Contact jasmind@lampchc.org or call 416-252-6471 ext. 308.

JUNE 17 LUNCH AND LEARN Volunteering and How to Say No! From 12 a.m. to 2 p.m.

Join **Deborah Quiggin** at Franklin Horner Community Centre for an informative talk about how to set healthy boundaries in a volunteer environment. Tickets \$7 and includes lunch.

EVERY THURSDAY UNTIL JUNE 25 Stonegate Drop-In for children aged up to 6 and their caregivers from 10 a.m. to 2 p.m. at Stonegate CHC, 10 Neighbourhood Lane, Suite 201, Children's & Trillium Room. Contact Anna or Larissa at early.years@stonegatechc.org. Indoor shoes required.

STARTING JUNE 25 GOOD FOOD MARKET every Thursday reopens for the summer. Anyone can come and purchase fresh fruit and vegetables at an

affordable price outside Stonegate CHC at 10 Neighbourhood Lane on Thursdays from 12 a.m. to 3 p.m. For more email

julia.graham@stonegatechc.org
THURSDAYS AT 11:45 a.m. SOCA CARDIO Dance Class Get your heart pumping with this high-energy dance class set to lively soca music. This fun and dynamic workout helps improve cardiovascular fitness while boosting mood and confidence. Contact

jasmind@lampchc.org, or visit www.lampchc.org
FRIDAYS DRUMMING at 1 p.m. at LAMP CHC End your week with an engaging group drumming circle focused on rhythm, creativity, and community connection. No experience needed—drums provided. Contact jasmind@lampchc.org, or visit www.lampchc.org

MONDAYS UNTIL JUNE 8 Ukrainian Weekly Social Group from 6 p.m. to 7:30 p.m. at Stonegate CHC, in Multipurpose Room, at 10 Neighbourhood Lane, to make new friends and socialize in eight-week group for Ukrainian speakers. To register call 416-231-7070 ext. 229 or email julia.graham@stonegatechc.org

STONEGATE CHC is recruiting community leaders to join its Board of Directors. Those interested will be required to attend Board and committee meetings with ranges up to 10-hours monthly. You must live in the area and have some knowledge of community health centers or health care. For more e-mail Board@stonegatechc.org

ON MONDAYS LIFT YOUR SPIRIT LONGEVITY at 11:15 a.m. to stay energized with light exercise, music, and interactive activities that encourage movement, memory, and fun. Enjoy a Name that Tune segment to finish off the class at LAMP CHC. Contact 416-252-6471 ext. 308.

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Obasi a top ECI soccer player and moving on up

By Craig Christie

Over the years a significant number of athletes have walked the halls of Etobicoke Collegiate Institute (ECI). Long before he won five Stanley Cups with the Montreal Canadiens Ken Dryden attended the school; Marnie McBean represented Canada in rowing at the 1992 and 1996 Summer Olympics, capturing gold; and this year, former student Caleb Malhotra is set to become a top-10



CALEB MALHOTRA

pick in the upcoming National Hockey League (NHL) Draft. Now, Obasi Thompson is set to join them and make a name for himself after high school. Thompson, a talented soccer player, with his eyes on a possible professional career, has accepted a full athletic scholarship to attend Seattle University in the fall. Thompson began playing soccer at a young age joining the Vaughan Soccer Club as a pre-teen. "From there, things started to get serious and I realized I had a love for the game," he said. "From that point, I spent hours playing and putting in the time to work on my game." With his play at the club level, he caught the eye of the Toronto FC Academy and played there for two years. "When I first joined TFC Academy I immediately saw my limits because you are playing with teammates who are as strong as you. The environment pushes you. From the Academy director to the coach to the training staff there is a lot of support there." Thompson believes all aspects of the Academy has prepared him for the next level, but he is not one to be complacent. As the youngest player on U-18 team last year he had to earn his spot in the starting lineup, doing it the only way he knows how: putting his head down and working hard. "I think that's going to carry on to the college level." So, what kind of a player is Seattle getting? "We see him as a centre back in the back line. He's very comfortable on the ball, and very able to find passes and pick out passes," said Nathan Daligcon, head coach of the Redhawks. "He's technically very strong and can play with both feet. He's athletic, someone who can stay with attacking players."



Competing in the West Coast Conference (WCC), Seattle is looking to rebound from last season where they went 4-7-6 and missed



CALEB at work

the NCAA tournament but with the new group of incoming players they will look to challenge schools like Santa Clara and Gonzaga and Thompson will play a key role in that. With his top-25 recruiting class, Daligcon is looking to develop the players and keep the team together to compete for a national championship in four to five years. Seattle has an international lineup with players from Japan, Serbia and the Netherlands to name a few and Canada is well represented with six players on the roster, three from Ontario. Thompson got the chance to meet the team on his visit to the university and came away impressed. "They're a really great group and knowing two players from Ontario will be a big help, just going there seeing familiar faces." Thompson's goal is to eventually play soccer professionally. He has the size, standing 6'2"; he comes from a soccer-playing family (his brother Kosi plays for the Colorado Rapids in Major Soccer League) but most of all he is driven and not afraid to "put my head down." Regardless of what the future holds he wants to stay with the game off the field. Soccer has sparked his interest in the world of how the body moves and strength and conditioning, so he will be studying kinesiology at

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